

SUCCESS STORIES

[<< Main Menu](#)

Patricia Blake (Why I Love Sunrider)

My name is Patti Blake and I live in Chino Hills, California. Seven years ago, I was desperate to lose weight. I had weighed over 200 lbs. my entire adult life and in January of 2003, 272 lbs. was enough for me. I was determined to do whatever it took to get the weight off. During my pursuit of gastric bypass, I heard about Sunrider, and even started drinking the tea, but I was focused on the surgery and went ahead with it. After the surgery, I lost 115 lbs. and was still drinking the tea, occasionally adding NuPlus® and Quinary® but not consistently. For six years, I continued this process. My doctor called me her “poster child” for the surgery because I kept the weight off and my blood work was always in the normal range (unlike most post gastric bypass patients).* Little did she know, I was not taking my vitamins because I had a fear of putting chemicals in my body. I wish I knew then what I know now, because it was not the surgery that kept me healthy. It was Sunrider that helped keep the weight off and my vitamin levels normal.*

After six years and the loss of my job, I went off Sunrider and decided to try something a little less expensive. It was not worth it, because after a year I was extremely anemic, my iron, B12, hemoglobin levels were very low, and I was glued to the couch. My body could not absorb the vitamins because of my compromised system (and because it was not natural). In May of 2009, I began taking high doses of vitamins (against my better judgment) to enhance my system and avoid painful iron shots. During this time, I also developed a heart condition, supra ventricular tachycardia. My cardiologist gave me three options: put a stent in my heart, go on medication for the rest of my life, or do nothing. I chose door number three until I could figure it out.

By August, my blood levels had barely improved and the doctor wanted to inject me immediately. Right then a light bulb went on. I asked the doctor to give me six weeks and I would double my levels. My request was granted, and I proved that Sunrider was the food for me and had been the key to my success all along. I started the NuPlus®, Quinary®, and Calli® with Fortune Delight® and I used VitaSpray® every day, sometimes twice. In just three months, my body was back in balance, and all my levels were in the normal range again.

As I build my business, I look forward to adding many more products so I can look and feel even better. I feel better than I ever have, and I am looking forward to seeing what the future holds with Sunrider in it. I encourage anyone who has any physical problems to try Sunrider. It is the food our body was meant to eat so it can work optimally, the way it was created to.

** In conjunction with a healthy diet and regular exercise. Results not typical.*

[<< Main Menu](#)

[contact us](#)[terms & conditions](#)[privacy policy](#)