

UNITED STATES AIR FORCE ACADEMY



719-333-4522



1.5 MILE CLUB

RUNNING MAINTENANCE & IMPROVEMENT

Tue. & Thu., 3:30 - 5:30 pm
Apr. 6 - Oct. 12, FREE
Prep School Track (blue)

Make running part of your routine to be best prepared for your fitness test.

All levels welcome.

Let's learn from each other!

Get a free shirt after 20 runs and receive a gift card when shaving off 30 seconds from your official fitness assessment!



More Events & Information!
www.USAFAsupport.com



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