

Inner Fortitude and Conscientiousness. How to Stay on the Path of Creational Evolution

Based on excerpts from selected contact reports with Billy Meier and Ptaah/Quetzal

Weathering the Storms that Besiege Us!



What started this whole article was the reading of recent conversations between Billy and Quetzal whereby Quetzal made reference, quite often, to a person's character traits as being 'choleric'.

Choleric is generally a rather archaic term not often used in common parlance, and it sent this researcher/writer on a path of inquiry about that which then, however, led to where we are with what follows... we do get into the choleric, etc. roots of things eventually too... but in the meantime this article serves as a review and overview whereby we look at the things that influence us, be they from within or without, mentally or physiologically, negatively and/or positively, and how our dealings with those influences impacts our overall life trajectory.

Without inward fortitude and conscientious perseverance in cultivating and maintaining one's own overall mentality and corresponding psychical and physical healthful balance, one's path in life can easily be steered off track by various inner and outward influences.

In Contact Report 712 of November 28, 2018, Billy asked Ptaah for a clarification regarding a passive member's query as to what is to be made of core group and passive group members who resign after many years of membership...

Ptaah:

30. And the following is to be explained according to our precise respective clarifications, which we are obliged to keep in our records for each individual KG member and passive member.

30. Und zu erklären dazu ist folgendes nach unseren genauen jeweiligen Abklärungen, die wir bei jedem einzelnen KG-Mitglied und Passiv-Mitglied für unsere Aufzeichnungen in Pflicht haben.

31. It is a given, that a fundamental mentality scheme is inherent for every single core group member and passive member and that this also exists at present and in the future with every Earth-human.

31. Ergeben hat sich, dass bei jedem einzelnen Mitglied der KG und Passivgruppierung ein grundlegendes Mentalitäts-Schema vorgegeben war und dieses zudem auch gegenwärtig und zukünftig bei jedem Erdenmenschen existiert.

What is a mentality scheme? Ptaah describes this in sentence 35:

Ptaah:

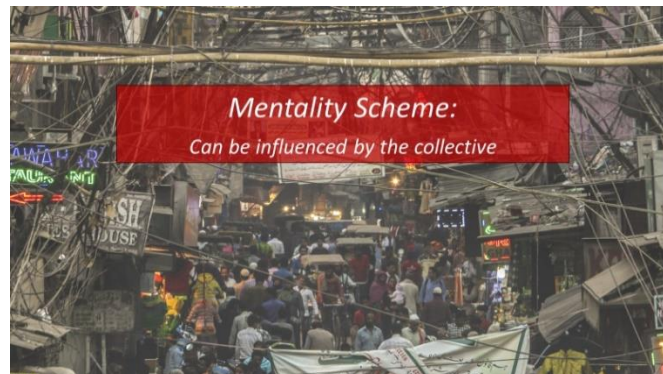
35. The term mentality or mentality scheme describes a predominant psychical vulnerability in the sense of a thought and behavior pattern of a person, which is contingent on consciousness and consequently determined by thoughts and feelings.

35. Der Begriff Mentalität resp. Mentalitäts-Schema bezeichnet eine vorherrschende bewussteinsbedingte und folglich durch Gedanken und Gefühle bestimmte psychische Anfälligkeit im Sinne eines Denk- und Verhaltensmusters eines Menschen.

Ptaah:

32. This mentality scheme, which is fundamentally humanly and individually formed, also includes a collective factor, which can be influenced collectively by other individuals.

32. Dieses Mentalitäts-Schema, das grundsätzlich menschlich-bezogen individuell geformt ist, umfasst jedoch auch einen kollektiven Faktor, der umfänglich kollektiv durch andere Individuale beeinflussbar ist.



Ptaah:

33. This means that this part of the mentality scheme is changeable through an external influence and can orient itself according to other moments, when everything fundamentally corresponds to a different attitude, effort, direction of thinking and development.

33. Das bedeutet, dass dieser Mentalitäts-Schema-Teil durch eine äussere Beeinflussung wandelbar ist und sich nach anderen Momenten ausrichten kann, als vorgehend grundlegend alles einer anderen Einstellung, Bemühung, Denk- und Entwicklungsrichtung entspricht.

A previously determined goal can be deviated from, dissolved, and forgotten.

34. If the mentality scheme has therefore been geared towards a specific goal and has been incorporated and there is an interest, a need, a will and a striving for the once intensively set goal, this whole can, however, through external influences, have the particular factor of the collective reshaping of individuals in such a wise that they deviate from the goal that has been predetermined and set, or this is completely dissolved and the external influences are taken into reference and are fully aligned with.

34. Wenn sich das Mentalitäts-Schema also gesamthaft auf ein bestimmtes Ziel ausgerichtet und eingearbeitet hat und dafür ein Interesse, ein Bedürfnis, ein Wille und ein Streben nach dem einmal intensiv gesetzten Ziel besteht, so kann dieses Ganze jedoch durch äussere Einflüsse den besonderen

Faktor des kollektiv Individualen in der Weise umformen, dass vom vorgenommenen und festgesetzten Ziel abgewichen oder dieses völlig aufgelöst und auf das äussere Beeinflussende Bezug genommen wird und sich vollständig darauf ausrichtet.

If this mentality-scheme is applied on a broader level, reflecting an entire race, social and occupational groupings, etc. then the mentality scheme takes on a cultural reflection, whereby, on an individual basis, we are then talking about the subjective ideology of the person which stems from social class and living conditions.

Individuality matters, yet we cannot underestimate the power of collective conditioning.

Ptaah:

39. Naturally and evolutionarily, not all human beings of a group, a people or a human race develop the same mentality pattern, and this is because the formation of the mentality pattern is naturally shaped individually.

39. Natürlicher- und evolutiverweise entwickeln nicht alle Menschen einer Gruppierung, eines Volkes oder einer Menschheit dasselbe Mentalitäts-Schema, und zwar darum nicht, weil die Bildung des Mentalitäts-Schemas naturgemäss durch jedes Individuum individuell geformt wird.

40. However, through the special mentality-scheme part, which is strongly susceptible to external influences and impacts, assumptions of collective dispositions can take place – if not quite consciously, strictly and deliberately controlled [by the individual]– which influence thoughts and feelings and thus form the psyche in a foreign-determining manner, whereby the behaviour of human beings is determined in a mentality-conditioned wise.

40. Durch den besonderen Mentalitäts-Schema-Teil jedoch, der stark anfällig für äussere Einflüsse und Einwirkungen ist, können – wenn nicht ganz bewusst, streng und willentlich kontrolliert dagegen angegangen wird – Annahmen von kollektiven Dispositionen erfolgen, die fremdbestimmend die Gedanken und Gefühle und damit die Psyche formend beeinflussen, wodurch in mentalitätsbedingter Weise das Verhalten des Menschen bestimmt wird.

Willful control over external influences are as important as individual predispositions and inner readiness.

Ptaah:

41. ...the willful control and action with regard to the external influences and impacts with regard to the right ability to have command of, the free use of, planning and adjusting to them is just as important as the certain predispositions, the receptivity and the inner readiness for what the human being fundamentally wants to build up in himself/herself as a mentality scheme and mental life and to have as corresponding behaviour patterns.

41. Dabei ist für ihn das willentliche Kontrollieren und Handeln in bezug auf die äusseren Einflüsse und Einwirkungen hinsichtlich des richtigen Verfügungkönnens, der freien Verwendung, Planung und des Sicheinrichtens darauf ebenso von grosser Wichtigkeit, wie auch die bestimmten Veranlagungen, die Empfänglichkeit und die innere Bereitschaft dafür, was der Mensch grundlegend in sich als Mentalitäts-Schema und Mentalitätsausleben aufbauen und als dementsprechende Verhaltensweisen haben will.

Of course, one would have to comment that each one of us possesses a spirit-form that is of a different age, and subsequently, we hold differing amounts of accumulated life experiences over the multitudes of reincarnations we've had. The gathered knowledge and wisdom stored in the overall-consciousness block will be drawn upon by our current personality, whether consciously or unconsciously, wherefrom the external factors of perception, assessing situations, choosing how we react and act in any given moment will be unique according to our varying levels. However, if collective consciousness is allowed to override our own consciousness inclinations, then derelictions in the good human nature can occur:

Ptaah:

42. If not individual, but collective, states of consciousness are permitted and used then uncontrollable foreign mentalities result from this, which appear as formless and externally-controlled factors and produce the most diverse Ausartungen [behaviours stemming from having gotten very badly out of control of the good human nature].

42. Werden nicht individuelle, sondern kollektive Bewusstseinszustände zugelassen und verwendet, dann ergeben sich daraus unkontrollierbare Fremdmentalitäten, die als formlose und fremdgesteuerte Faktoren in Erscheinung treten und verschiedenste Ausartungen hervorrufen.

Ausartungen in areas of beliefs and political ideologies:

43. Ausartungen are expressed in particular with regard to all beliefs, especially religion and sectarianism, as elsewhere with regard to political ideologies, which are extremely difficult - if at all - to determine and demarcate in their forms.

43. Ausartungen kommen dabei ganz speziell in bezug auf jeden Glauben zum Ausdruck, und zwar insbesondere hinsichtlich Religion und Sektierismus, wie anderweitig auch bezüglich politischen Ideologien, die in ihren Formen nur äusserst schwer – wenn überhaupt – zu bestimmen und abzugrenzen sind.

Human temperament and original characteristics

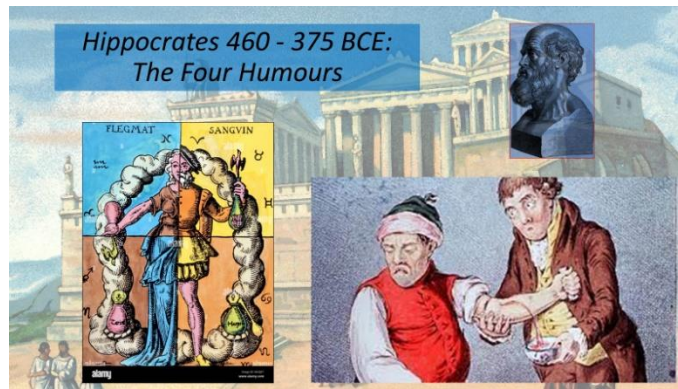
44. If the so-called human temperament is examined, then an original characteristic is recognised in every human being, which corresponds to a physiologically explainable pronounced susceptibility to thoughts and feelings as well as all kinds of affects, whereby violent excitement and mental movements such as states of extraordinary mental tension, passions and all sorts of possible affect acts are expressed.

44. Wird das sogenannte menschliche Temperament in Augenschein genommen, dann wird bei jedem Menschen eine ursprüngliche Eigenheit erkannt, die einer physiologisch zu erklärenden ausgeprägten Anfälligkeit für Gedanken und Gefühle sowie allerlei Affekten entspricht, wobei heftige Erregungen und Psychebewegungen wie Zustände aussergewöhnlicher psychischer Angespanntheit, Leidenschaften und allerlei mögliche Affekthandlungen zum Ausdruck kommen.

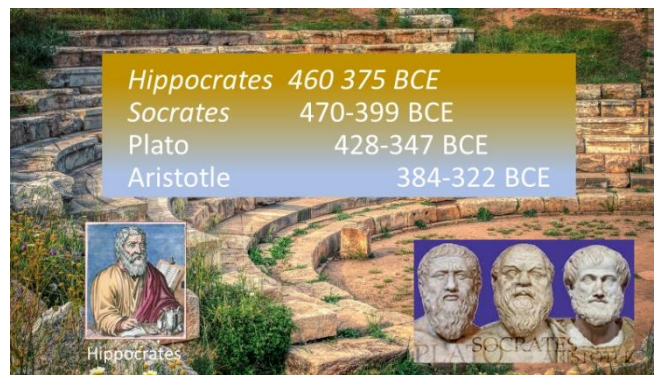
Here, Ptaah takes a short sidestep and makes reference to a theory to do with the influencing and characterisation of a given human's overall temperament that harkens back to the times of ancient Greece:

45. With regard to thoughts and feelings, among the four temperaments generally known in human beings, the cheerful can be recognised, as well as the sanguine and melancholic or gloomy, furthermore also the excitability with regard to the affects of the irritable, as well as the choleric and phlegmatic or the inflexible/slow moving.

Hippocrates Developed the theory of the four humours, or the four human temperaments back in the 5th century BCE and it was carried forth by his successors, through the Middle Ages and right up until relatively recently in the mid 1800's. In the medieval ages, such fun things as bloodletting were part of it. It was an interesting theory that would describe many aspects of a person, be it physical appearance, personality, how they acted in the world, and how they felt. The categorisation of these different traits would stem from the balance, or lack thereof, of the four bodily fluids, aka, humours: blood, phlegm, black bile, and yellow bile.



On a side note, and out of interest's sake from a FIGU perspective of two of the previous Nokodemion personalities who lived in that era: Socrates and Aristotle. Hippocrates lived at the same time as Socrates as did his student Plato. But Hippocrates died about 9 years before Nokodemion's next personality, Aristotle, was born. It was not known if Hippocrates was an associate of Socrates, or of Plato's....



Back to the Four Humours:

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Each of the bodily humours had many corresponding categories of differentiation, here are a few.:

A person's general disposition.

Planet associated with each.

Elements (air, water, earth, fire)

Attributes (hot or cold, wet or dry, sweet or sour, colour)

Seasons

Bodily organs: where they originate and/or are stored.

	Blood (Sanguine)	Yellow Bile (choleric)	Black Bile (melancholic)	Phlegm (phlegmatic)
Planet	Jupiter	Mars	Saturn	Venus/Moon
Element	air	fire	earth	water
Attributes	hot/wet/sweet/red	hot/dry/bitter/yellow	cold/dry/sour/black	cold/wet/tasteless/white
Season	spring	summer	autumn	winter
Bodily Organ	liver	gall bladder	stored in spleen, dumps into stomach and	lungs or kidney

	intestines			
Direction	south	east	north	west
General disposition	cheerfully optimistic,	rashness, anger, extremely irritable	sadness, contrariness, deliberation	cool, calm, practical, unemotional, not easily excited to action, unassuming, agreeable, intuitive, stoic
Excess of	complacent, oblivious, or naive	rheumatism	cancer, sadness, lovesickness, irrational behaviour, and uncontrolled physical impulses	apathetic, heaviness, inflexible, cold-blooded

Ideally one would have a balance of the four, however, if they did not, then a predominance or deficiency of anyone would result in a person who would be deemed 'sanguine' (blood as dominant humours), 'phlegmatic' (to do with phlegm), choleric (to do with yellow bile), or melancholic (to do with black bile).

In a much more Contact Report 849 of June 12, 2023, quite a bit is said of choleric personalities in particular:

Billy explains:

"Choleric is a colloquial term for a type of person who is irascible, all too quick to 'fly off the handle', and who gets worked up in a matter of seconds over trifles and becomes quite loud and quick-tempered at the slightest inconvenience."

"Choleric comes from the ancient Greek word 'chole', which translated means 'bile', which is why choleric people are said to have bile rising up in them..."

"Cholerics suffer from attention deficit disorder and hyperactivity disorder. Cholerics, both female and male, fly into a rage very quickly and uncontrollably, especially and above all through unpleasant experiences, when they fall into frustration, which happens very often and is triggered when they are rightly – or wrongly – met with opposition. Anger produces physical reactions and discomfort in them, which bring stress, which release all kinds of hormones, such as adrenaline, cortisone and noradrenaline, as well as testosterone; these are released in increased and abundant amounts. In the whole process, the blood pressure will also rise, and the heart rate will increase."

".... Certain forms of autism, etc. can also lead to choleric fits of rage, but cholerics of all types are generally quick-tempered, very unbalanced, and hot-tempered... Such human beings give free rein to their aggression and rage and, in an uncontrolled state, do not shy away from violence or even murder and manslaughter."

In the same contact Quetzal, quoted Billy from a private conversation they had had at another time that Quetzal recorded on the topic:

"The lack of insight, self-importance and recognition of the wrong, as well as the willing reflection and the necessary reason and all forms of decency, exceed the capacity of ability in every form, because fundamentally everything is lacking, and the choleric human being is unwilling to work out what is correct with regard to his/her behaviour and to let it flow into his/her character. The choleric person is – with rare exceptions – unwilling to gain knowledge about himself/herself and his/her behaviour, consequently he/she degrades himself/herself to an incapability to learn. In the choleric person, the

whole thing inevitably leads to the fact that a statement or an action of another human being is immediately interpreted as an attack and is not thought about in any manner, but is reacted to in a choleric wise and it is not recognised that, for example, a justified rebuke is constructive and ground-breaking in order to create peace within oneself as well as with the environment. But if this is not recognised, then the other human beings are hurt, and the choleric misbehavers then also do not stand by their misbehaviour and do not apologise, because they wrongly feel in the right and justified for their misbehaviour and also really mean it. “

In the estimation of this writer, a lot of these traits seem to be reflected in the behaviour of humanity in general these days, e.g., a certain leader of Ukraine comes to mind, for one... and further, this general choleric behaviour does not contribute to finding a mindset that is creationally-oriented in ethics, morality, and compassion. It could behoove a lot of us and our fellow travellers to take a page from those amongst us who exhibit more sanguine or phlegmatic natures.

Now, continuing back with the original Contact Report of 712 where Ptaah continues with his explanation as to why a person can be influenced off of their previous creationally-oriented path:

If Conscious Control and Prevention Fails...

49. It is explanatory to say that, in other words, it results that once a mental direction has been taken and firmly fixed, a construct of thought, a direction of learning, behavior and everything in general that the human thinks of as good, positive, correct, as a Creation-aligned lifestyle, humanity, righteousness, love, peace, freedom and justice, etc. has been worked out, effected, created, trained, brought about and achieved as a culmination point and behaviour to the state of life behavior, very quickly becomes completely void again if conscious control and prevention fails.

49. Erklärend ist zu sagen, dass sich mit anderen Worten ergibt, dass eine einmal vorgenommene und fest fixierte Mentalrichtung, ein Gedankengebäude, eine Lernrichtung, Verhaltensweise und alles überhaupt, was sich der Mensch an Gutem, Positivem, Richtigem, an einer schöpfungsgerechten Lebensweise, an Menschlichkeit, Rechtschaffenheit, Liebe, Frieden, Freiheit und Gerechtigkeit usw. als Ziel und Verhalten erarbeitet, erwirkt, erschaffen, antrainiert, zustande gebracht und zum Lebensverhaltenszustand errungen hat, sehr schnell wieder völlig nichtig wird, wenn die bewusste Kontrolle und Verhinderung versagt.

Even the Plejaren are affected in this manner:

51. And the whole of this corresponds to the same factor as is inherent in us Plejaren, consequently we too, like Earth-humans, are susceptible to outside influences, consequently we must – as I have already explained to you in another conversation – protect ourselves from the very negative and destructive mental influences of Earth-humans and must not cultivate any contacts with them.

51. Und das ganze Diesbezügliche entspricht dem gleichen Faktor, wie er auch uns Plejaren eigen ist, folgedem auch wir, wie die Erdenmenschen, für äussere Einflüsse anfällig sind, demzufolge wir uns – wie ich dir schon bei einem anderen Gespräch erklärt habe – vor den sehr negativen und zerstörerischen Mentaleinflüssen der Erdenmenschen schützen müssen und keine Kontakte mit ihnen pflegen dürfen.

52. But such a prevention of contact among Earth-humans themselves is not possible for them, consequently only the possibility of learning exists for them, namely with regard to the 'teaching of the truth, teaching of the spirit, teaching of the life' and its behavioural implementation in daily life.

52. Eine solche Kontaktverhinderung unter den Erdenmenschen selbst ist für sie aber nicht möglich, folglich für sie nur die Möglichkeit des Lernens besteht, und zwar in bezug auf die <Lehre der Wahrheit, Lehre des Geistes, Lehre des Lebens> und deren verhaltensmässige Umsetzung im täglichen Leben.

The Teaching of the Truth, Teaching of the Spirit, Teaching of the Life: Not be distracted from...or old patterns re-emerge.

53. So they must constantly orient themselves consciously, concentratedly and powerfully towards it and must not allow themselves to be distracted from it, otherwise the negative external influences of the Earth's population on the factor of the mentality-scheme-part will tear away, invalidate and destroy the goal of healthy, positive and righteous behaviour, which they are striving for or have already achieved, and consequently there will inevitably be a fall back into all the old mentality-schemes and behaviour.

53. Also müssen sie sich ständig bewusst, konzentriert und kraftvoll darauf ausrichten und dürfen sich nicht darin beirren lassen, sonst wird durch die negativen Ausseneinflüsse der Erdbevölkerung auf den Faktor des Mentalitäts-Schema-Teils das angestrebte oder bereits erreichte Ziel der gesunden, positiven und rechtschaffenen Verhaltensweisen weggerissen, ausser Kraft gesetzt und zerstört, folgedem unweigerlich ein Rücksturz in gesamthaft alle alten Mentalitäts- und Verhaltensweisen erfolgt.

54. As a result, all the old bad values of unkindness, discord, lack of freedom, violence, falsehood, self-sacrifice, and lack of self-respect then break through again, as do all other injustices and unrighteous acts.

54. Dadurch brechen dann alle alten Unwerte der Lieblosigkeit, des Unfriedens, der Unfreiheit, Gewalt, Falschheit, Selbstaufgabe und des fehlenden Selbstrespekts ebenso wieder durch, wie alle anderen Ungerechtigkeiten und Unrechtschaffenheiten.

Deviation away from creational-natural based consciousness development... out of cowardice with regard to themselves.

55. it must be fundamentally noted that a certain weakness of the intelligentum is also decisively involved, because the intelligentum is of enormous importance for intellect and rationality.

55. wobei aber grundlegend zu beachten ist, dass dabei massgebend auch eine gewisse Intelligenzschwäche beteiligt ist, weil das Intelligenzium für Verstand und Vernunft von enormer Bedeutung ist.

56. This is because, depending on the volume of intelligentum, the measure for the general intellectual capacity is given and thus also intellect and rationality are controlled.

56. Dies darum, weil je nach Intelligenziumvolumen das Mass für die allgemeine intellektuelle Leistungsfähigkeit vorgegeben und damit auch Verstand und Vernunft gesteuert werden.

On a side note, as to what intelligentum is compared to intelligence:

Intelligence refers to intellect memory and storage of knowledge... while intelligentum is much more comprehensive: overall cognition, intellect, rationality, knowledge, and intellectual performance; the ability to assess and understand a situation consequentially, that is to say, logically; to work out the capability to look into the future and making the right decisions as well as to act rationally. More about this is explained in CR 750.

Continuing with Ptaah's explanation:

Deviation away from creational-natural based consciousness development...out of cowardice with regard to themselves.

64. But if I have to go into further detail in my explanation as to what the fundamental causes are for a human being to deviate away when he/she has turned to the creational-natural development of consciousness and endeavoured to orient his/her lifestyle and life conduct based on the creational-natural laws, but then, however, falls away from it again and relapses into his/her old, creational-contrary modes of thinking, feeling, acting, behaving and disposition – be it after days, weeks, months, years or after many decades – then this is done out of cowardice with regard to themselves.

64. Wenn ich nun aber in meiner Erklärung Weiteres ausführen muss in bezug darauf, welches die grundlegenden Ursachen dafür sind, dass ein Mensch davon abfällt, wenn er sich der schöpferisch-

natürlichen Bewusstseinsentwicklung zuwendet und sich bemüht, seine Lebensweise und Lebensführung nach den schöpferisch-natürlichen Gesetzmässigkeiten auszurichten, dann jedoch wieder davon abfällt und in seine alten schöpfungswidrigen Gedanken-, Gefühls-, Handlungs-, Verhaltens- und Gesinnungsweisen zurückfällt – sei es nach Tagen, Wochen, Monaten, Jahren oder nach vielen Jahrzehnten –, dann erfolgt das aus einer Feigheit in bezug auf sich selbst.

66. As a result, everything that is obstructive, harmful, wrong-headed, wrong-behaving, wrong-thinking, wrong-feeling and wrongly influencing the psyche comes back with evil, uncontrollable force.

66. Dadurch kommt alles Hinderliche, Schädliche, Falschhandelnde und Falschverhaltende, Falschdenkende, Falschfühlende und falsch die Psyche Beeinflussende mit böser, unkontrollierbarer Kraft zurück.

67. So all the old Creation-contrary things break through again and once more hinder the human beings with full force in their progress of consciousness.

67. Also kommt alles alte Schöpfungswidrige wieder zum Durchbruch und hindert den Menschen neuerlich mit voller Kraft an seinem Bewusstseinsfortschritt.

This is of note and of interest: Dissolved or suppressed?

68. At the same time he/she is not even able to remember how much better their state of consciousness-thought-feeling-psyche was during the time when they followed their natural requirement for the development of consciousness.

68. Dabei vermag er dann nicht einmal mehr in Erinnerung wahrzunehmen, um wieviel besser es ihm in bezug auf seinen Bewusstseins-Gedanken-Gefühls-Psycheszustand während der Zeit ergangen ist, als er seinem natürlichen Bedürfnis seiner Bewusstseinsentwicklung Befolgung leistete.

69. This was precisely when they detached themselves from their old consciousness-evolutionless false lifestyle, which they then only suppressed from then on instead of properly dissolving, which therefore, because it continued to exist in their innermost being, fully reasserts itself again after their relapse into the old creationally-contrary lifestyle and life conduct.

69. Dies eben, als er sich von seinem alten bewusstseins-evolutivlosen falschen Dahinleben löste und das er fortan dann nur unterdrückte, anstatt es richtigerweise aufzulösen, das ihn daher, weil es in seinem Innersten weiter bestehen blieb, nach seinem Rückfall in die alte schöpfungswidrige Lebensweise und Lebensführung wieder voll zur Geltung kommt.

And speaking of things continuing to exist in our innermost being and relapses another segment of conversation from a different conversation, yet along a similar vein and from a slightly different perspective: from CR 852 (July 8, 2023): Billy speaks with Quetzal:

“The truth is that the Earthling strives for world peace at last, but there is already strife in the family, among acquaintances, in friendships, at the workplace, in communities, as well as in other trivial encounters, and so on. Deep in the human being, in addition to religious delusion, blazes fear, hatred and revenge, retaliation, addiction and the delusion of having to be rich, of the need to be renowned, of image-cultivation and of being more than one's neighbour, together with the fanatical desire to be right and to be able to exercise power. And all this was already indoctrinated into the human being in youth and in the course of life, namely through the upbringing and 'pampering' of parents, family and relatives, acquaintances, friends, teachers, religion, etc., and has deposited itself unprocessed and deeply anchored in the character and is constantly waiting to erupt immediately when the opportunity presents itself.”

Back to some of the last words of explanation from Ptaah from CR 712:

To reiterate: weakness of the intelligentum plays its part....

70. In this respect, the intellect, rationality and the intelligentum have an important part to play, for it is those that provide the reason for the failure of intellect and reason as a result of a weakness of intelligentum.

70. Diesbezüglich stehen dem Verstand, der Vernunft und dem Intelligentum ein wichtiger Part zu, der nämlich den Grund dafür liefert, dass infolge einer Intelligenzschwäche ein Versagen von Verstand und Vernunft erfolgt.

Never to let your guard down....

74. This, while the human being, if he/she lives according to the creational-natural laws, endeavours throughout their life to live out their lifestyle and conduct of life according to the creational laws with full strength and in this respect never to slacken in learning to expand their consciousness, even if any external negative influences and circumstances have a harassing and depressing effect on them.

74. Dies, während der Mensch, wenn er nach den schöpferisch-natürlichen Gesetzmässigkeiten lebt, sich bemüht, sein Leben lang seine Lebensgestaltung und Lebensführung nach den schöpferischen Gesetzmässigkeiten mit voller Kraft auszuleben und diesbezüglich auch dann niemals im Erlernen zur Bewusstseinsweiterung nachzulassen, wenn irgendwelche äussere negative Einflüsse und Umstände drangsalierend und deprimierend auf ihn einwirken.

If one allows themselves to be negatively influenced....

75. But if the human being allows himself/herself to be influenced by such external and negative influences and circumstances, of whatever kind they may be, then they deviate from the positive and good path they had once taken and followed, which then happens in the sense of a personal cowardice which they direct against themselves.

75. Lässt sich der Mensch aber durch solche äussere und negativ auf ihn einwirkende Einflüsse und Umstände beeinflussen, und zwar ganz gleich welcher Art sie sind, dann weicht er von seinem einmal ergriffenen und beschrittenen positiven und guten Weg ab, was dann im Sinn einer persönlichen Feigheit geschieht, die er gegen sich selbst richtet.

76. This corresponds to a reprehensible pusillanimity and despondency, precisely a cowardice which punishes him/her with shame in themselves and makes it impossible for them to perceive their low value in terms of intellect, rationality and intelligentum, or even to understand why they act contrary to consistency or contrary to logic.

76. Dies entspricht einer verwerflichen Kleinmütigkeit und Mutlosigkeit, eben einer Feigheit, die ihn in sich selbst mit Schande straft und ihm verunmöglicht, seinen niedrigen Wert in bezug auf Verstand, Vernunft und Intelligentum wahrzunehmen oder gar zu verstehen, warum er entgegen der Folgerichtigkeit resp. konträr der Logik handelt.

Through Ptaah's explanations to Billy, and Billy's insights in conversation with Quetzal we are taken through the gamut of factors that shape one's overall mentality and the behaviours we bring to bear in our lives from out of it. Not mentioned in these particular contacts, but of which Billy has spoken of extensively, are the influences that overpopulation and the resultant climate catastrophe have upon our psyche and physical well-being.

Be it innate intelligentum; negative tendencies that may've originated from a variety of places, such as upbringing, cultural, religious, or sociological (e.g. overpopulation, crowding), physiological (inner bodily functioning or disturbing climatic changes) and psyche damaging factors which unhinged emotions can be released as evidenced in the choleric personality, or vice versa in a positive wise with a cheerful, or easygoing sanguine personality, the overall ever-moving point of play encompasses a complicated spectrum of inputs.

Of particular interest to this writer was the degree to which the creational path has overtaken our old proclivities; have we truly dissolved them successfully? Or have our old paths of behaviour just been suppressed? How do we know? Thus, are we also to be on guard for potentially being swayed to return to our old ways?

The finely tuned interplay of inner and outer influences, in combination with our own ability to resist and or embrace or adapt to the positive or negative is largely inherent on our own level of evolution and the wealth of collected wisdom and knowledge from our current and previous lives. If one is able to access and apply those intrinsic evolutive assets, then we can withstand and combat all threats to our equilibrium and continue on a track of natural creational evolutive growth.

Perhaps herein we have gained insight into why previous members of FIGU, who were oriented towards the study of the Creation energy teaching, and working to that end, have turned away from their previously active roles. We are not here to speculate but to understand some of the factors that can influence us towards or away from something; ultimately, we all choose the direction we will take.

Indeed, that choice is reflected in the path we are on, and so we will finish with a favoured saying of Billy's:

The Cross-Section of the World of Thought.

That is Absolutely Certain.

Embodies Exactly the Cross-Section of the Life Course

Der Querschnitt der Gedankenwelt.

das ist absolut sicher.

verkörpert genau den Querschnitt des Lebenslaufes

from Arahat Athersata (German v.) p. 112, Sentence 21

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