

SEASONAL TUNE UP



In Chinese Medicine philosophy, season alternation means natural energy shift, following the principle of Yin-Yang decline and growth. All lives, plants and animals, in this planet should follow this natural law for their birth, growth, maturation and death, including human beings. If not to do so, the internal energy would become disordered. The health problems would follow.

For many people, the transition of seasons isn't always easy. It can be a challenge to get moving again if their internal energy (Qi) is stagnant, deficient or damaged.

Traditional Chinese Medicine (TCM) tells us that settling into a new season can be for the flow of Qi (Life Energy) throughout the body. An imbalance or lack of Qi can cause a large range of emotional and physical problems, impact the entire system's health condition.

Our Seasonal Tune Up program is a package of three therapies: Hydrogen Therapy, Foot Detox and Vitamin B Acupuncture. This combined program engages in various levels of the body: molecule, cell and system to address the blockage, imbalance and damage. It boosts your energy, enhances your Qi flowing and keeps you in the optimal health status.

While you choose the Seasonal Tune Up program, you are taking charge of your health, kick-start your new seasons and enjoy all the wonderful benefits of natural energy.

This program is completed in three weeks. One therapy each week.