



THE ESSEX CORINTHIAN YACHT CLUB

OFF-SHORE

IDEAL 18 FLEET NEWS & EVENTS

On September 10th ECYC will host the EYC/ECYC Team Race. Teams for these events have been assigned by the Fleet Captain, Tom Atkinson.

The club's Ideal 18s will also be available for the Willets, Clark, and Birch Memorial River Races this fall.

For Fall Frostbiting, we expect to continue to be able to accommodate all qualified skippers and crews. Teams of a skipper, crew, and alternate crew, signed up at least a week before the season begins, get first shot at regular scheduling.

Two of our boats are fully rigged and available everyday for use by member skippers and their guests, providing that they have been pre-qualified to do so by Tom Atkinson, Ed Birch or Cindy Gibbs. As set up, you can be underway in minutes.

All crews and guests must sign the waiver and contact information forms, and sign out/in their boat on the bulletin board in the River Room as well! Please report any problems with or damage to the boats immediately to the Fleet Captain!

Jon Gibbs



As mentioned above, ECYC is hosting the team race with EYC on Saturday, September 10th. This race consists of three boats from each club sailing a best-of-seven series with each team making tactical use of the rules to hinder the other team's boats in order to help their team mates. Last year ECYC won the event with four races to two. Come out to watch and cheer on the ECYC teams!

One more note: The Essex Harbor Commission has asked us not to sail through the mooring field due to the danger of colliding with moored

boats. This is a risk when the current is running strong. Please be careful and abide by ECYC's regulations for Ideal 18 sailing.

Tom Atkinson

IMPORTANT DATES:

- **September 1st:** Ladies on Deck at ECYC
- **September 5th:** Labor Day Cookout & 32nd Club Anniversary
- **September 10th:** Inter-Club Ideal 18 Team Race
- **September 20th:** BOG Meeting
- **September 24th:** Cross Sound Challenge
- **October 1st, 8th, 15th:** Tri-Club River Race Series
- **October 29th:** Commodores' Halloween Gala



Refer to our event calendar on our website at www.essexcorinthian.org for event details!

VIEW FROM THE BRIDGE



Fellow Corinthians!

August was another busy month which turned out to be fantastic! We could not have had better summer weather. We will look back on this in the middle of January when we have our snow shovels out.

Fleet Captain
Email: fleetcaptain@essexcorinthian.org

2016 ECYC REGATTA SEASON CONTINUES!

Cross Sound Challenge:

Our ECSA award-winning after party and sanctioned regatta is scheduled for Saturday, September 24th. This year's edition of the XSC, ECYC's premier on-water event will certainly not disappoint! USCG permit has been filed and the Mudheads (in the names of Greg Gilmartin and Frank Murphy) have again been retained as Principal Race Officers for the event. The post-race party will once again be held on Essex Island and will feature live music, food, drink and dancing in celebration of another great day on the water.

The latest information on the Cross Sound Challenge, including the Sailing Instructions, is available at

www.essexcorinthian.org/ecyc-cross-sound-challenge.html

Race Committee Members and Interested Friends:

We are seeking help on the water and at the party to assist with the event. On the water, we need two additional boats to accompany Commodore Rodstrom (Osprey will again be our RC Signal Boat). We need a nimble, near-shore center console or runabout to set out the start/finish pin and another boat, capable of a swift LIS crossing, to be a mark boat for the day. No experience is necessary (vhf comms are necessary) - it's simple and fun to do.

Tom Clark Memorial Race, October 8th:

The annual river race series will start on October 1st with the Willets Memorial (EYC), continue on October 8th with our Clark Memorial, and end with the Birch Memorial (PYC) on October 15th. Race details will be posted soon. These river races are also fun to watch from the shore if you are not racing. Stay tuned for more information.

We continue to organize other on and off-water logistics, sponsorships, etc.

If you'd like to support the event through individual sponsorship or volunteerism, please contact me at racechair@essexcorinthian.org.

Tim Brewer

Race Committee Chair
Email: racechair@essexcorinthian.org



On-Shore & Entertainment Update:

Our next big event is the **Labor**



Day Cookout & 32nd Anniversary Celebration on Monday, September 5th. We will once again offer bbq and all fixin's, and hope you will enjoy this event as much as you enjoyed our 4th of

The last of the three **Round the Buoys Regattas**, a friendly series between ECYC and EYC, was raced a couple of weeks ago. These races make for fun days on the water among friends and allow us to get to know our neighbors better!



The next event was the **Leukemia Cup Regatta** sponsored by North Cove YC, Duck Island YC and our ECYC. We had good member support both on the course and off for this truly important cause. I want to congratulate **Ruth and Peter Emblin and Team Tartuca** for again surpassing all other teams by raising more than \$13,500 for the **Leukemia & Lymphoma Society**. A job well done by all those involved.

Our **Labor Day** cookout looks like it will be well attended with more than 70 people signed up so far. It will be a nice event to close out the official summer season. We need volunteers for all functions to make this happen. Please reach out to Vice Commodore Ruth Emblin for all the details on how you can help. If you are a new member this is a great way to make new friends.

The **Intra-Club Ideal 18 Team Race** is Saturday, September 10th. This event is a favorite amongst Ideal 18 sailors and is well sailed by our various members. We look forward to working with EYC to make this day successful.

The **ECYC 2016 Cross Sound Challenge** is on Saturday, September 24th.

This is our **big event of the season**. Last year we won the award for the best post-race party for an ECSA event. Can we do that again? We are pleased to announce we have **Goslings Rum** this year as a sponsor! All members, guests and friends of ECYC and crews are welcome to sign up for the Awards/Post-Race Party. Again, this year, it will be held at Brewers Essex Island Marina. If you would like to help with this important event please reach out to me.

The ticket price is \$15 per person in advance or \$20 per person at the door. Price includes food, beer and music.



Please remember new members are always welcome at the Commodore's Table.

Hope you have a great month!

Steve Rodstrom

Commodore



WEDNESDAY NIGHT MUSIC CONTINUES!

Please join us for Music on Wednesday Nights at the Corinthian Cafe!

Sept 7	Corinthian Jazz Band
Sept 14	Matt McCauley
Sept 21	Occasional Jazz Ensemble

The Occasional Jazz Ensemble, headed by our own Scott Konrad, will close out the 2016 Musical Wednesdays Series on September 21st!



July party!

The sign-up deadline was August 31st, due to occupancy restrictions we unfortunately cannot accommodate walk-ins unless someone has canceled their reservation and is looking for a replacement!

And then, of course, there is the **Post-Race Party for our Cross Sound Challenge on September 24th**. We have once again secured Brewer Essex Island Marina for the party. The format will be very similar to last year's, we will be serving food appropriate to the time of year, and a lot of drinks! "Take Two" will be our musical performers. As in prior years **we are looking for event sponsors** to help us defray some of the cost so we can offer a truly great event. Last year we won an award for the best post-race party on the ECSA circuit, and we really would like to keep that plaque hanging in our dining room! So help us make it even better than last year!

Please contact me at vicecommodore@essexcorinthian.org if you would like to help out with either, or even better, all our events!

And while I am on the subject of events, the **Leukemia Cup Regatta and all its pre- and post-race events** were very successful thanks to the help of our friends and many local businesses!

I would like to particularly thank my good friend and "right hand", **Cheryl Arndt**, who, with her trademark indomitable spirit, not only created a number of beautiful embroidered blankets for our silent auction, and organized donations to be collected at a local eatery, she was at my side at almost every Leukemia Cup committee meeting, provided valuable input, supported the skippers meeting, and worked tirelessly to ensure that food service at the post-race party went without a hitch! Thank you, Cheryl, from the bottom of my heart!

I am happy to say that with the help of our friends and a number of local sponsors we were able to reach our goal this year. You may have noticed that the **Leukemia Cup Trophy** is back in the ECYC display cabinet for yet another year! Thank you to all of you who supported Team Tartuca!

There are a lot of upcoming events on our event calendar, and we hope that you will enjoy them. We ask you to consider volunteering for one of them. As we are a membership-driven organization the philosophy is **"all hands on deck"** to make the 32nd year of our club successful and enjoyable for all! Check out the online calendar and select a club event you would like to become involved in!

Remember, our events are listed online at our website, just go to www.essexcorinthian.org ... and click on "Events"!

Ruth Emblin

Vice Commodore & 2016 On-Shore Events
Email: vicecommodore@essexcorinthian.org
or events@essexcorinthian.org



A Message from Your Rear Commodore:

As September comes around the corner all too quickly, it is easy to think that another boating season has come and gone. And as I sit down to write for this issue of Bell 8, I am compelled to not only look back on this summer, but even further.

Many years ago I received a letter in the mail, asking if I wanted to take part in joining a "new" yacht club in Essex. In doing so, I was lucky to be one of the first group of ECYC "Charter Members", as we were called, who joined up 32 years ago.

While we came from many different clubs and backgrounds, we all shared the same goal, to create a relaxed place where those who loved the water could come together, share some times and pursue the **Corinthian spirit**. The building was run down as it had been vacant for many years. The first floor (now the River Room) was the home of a talented sign carver. After he moved to another location, a small group of members worked to create the room as it exists today. You can still see a framed collection of those "volunteers"



Matt McCauley is a repeat performer during our musical Wednesday nights. He will play a variety of jazz and easy listening tunes perfect to accompany your Wednesday night dinner on September 14th!



The **Corinthian Jazz Band** certainly doesn't need an introduction - its musicians have entertained us for years! They will treat us to their last performance for this season on September 7th!

Thank you to all the musicians who have

enriched our Wednesday nights this season!

You can find the complete music program at www.essexcorinthian.org/ecyc-music-program.html

Wednesday dinner menus will be included in your weekly menu e-blast!

CELEBRATING 32 YEARS OF CORINTHIAN SPIRIT!

Thirty-two years ago, a group of members of the original Essex Yacht Club got together to form a new "Corinthian" organization. The official launch date of the Essex Corinthian Yacht Club was September 9th, 1984.

You can find a great write-up of our club's history in our Member & Fleet Roster.



SAVE THE DATE!

COMMODORES' HALLOWEEN GALA ON OCTOBER 29TH



Join us at the **"Haunted Club Mansion"** on **October 29th....** come dressed up in your best **ghoulish costume** or **throw on some cocktail attire** to enjoy the festivities....

.....IF YOU DARE.....!

Stay tuned for details!

hanging on the wall in the liquor locker room.

Over the years, the club has grown both in spirit and organization. As a result, with a fleet of Ideal 18s, moorings, numerous racing series and occasional instructional classes, it has evolved into a facility that offers so much to those who love to explore adventure on the water. Recognizing that not every Corinthian is a boater, there are activities for those who love to share the social life and camaraderie on land. The club house is warm, inviting and probably one of the most beautiful spots to have a delicious dinner on any evening, no matter the season.

None of this just happens. As I complete this year as Rear Commodore, (a title that has brought great joy to my friends, wife and children, due to the multitude of opportunities for ridicule,) I am amazed at all of the hard work that is undertaken to keep "the ship afloat." From our **club manager, the galley staff, various committees, the Board of Governors and our Bridge Officers**, there are always issues to be addressed and tasks to be completed. And when they succeed, most club members won't even notice, because the ship is sailing smoothly. In addition to all these efforts, there is even a group working on a strategic plan for the club's future. All of this is an incredible improvement over that first year, so long ago.

And just as there is so much ahead for the club in the future, even though it is September, there are still many activities left for this season. The upcoming **Labor Day Party** should rival the successes of the **Caribbean Night** and our **4th of July** bash, so be sure not to miss it. And of course, the Club's premier race of the year, the **Cross Sound Challenge**, is set for September 24th. If you have a sailboat, get out there. There is a class for everyone. And if you don't, make sure you hit the after race party at Essex Island.

And when you do, remember all of this doesn't just happen, it is the result of the hard work of all of those behind the scene. When you see them, tell them thanks and even better, see if they need help. There is always room for another hand to help nourish this special place we are all so fortunate to share.

Chris Morano

Rear Commodore

Email: rearcommodore@essexcorinthian.org



House Committee Update:

Many thanks to Myron Stacks and Steve Rodstrom for their assistance to (finally) have the metal railing (re)installed on the main deck. Last fall the top the railing was mostly replaced, the final coats of paint completed in the spring. The finishing touch of the tubular top railing now in place, thanks again Myron & Steve.

The most recent development is the untimely retirement of our old work horse of ice machine. The Manitowoc unit has been a stalwart of service spewing out all the ice the club required for almost 20 years. As with most everything these days, nothing is ever simple. I've learned replacement came with a litany of decisions and review. We have received proposals from 4 vendors, each with a number of different options to be considered, including models, manufacturer, features, etc. Evaluating and review of each for the ideal solution for ECYC has taken some time, especially as I try to balance all the other activities I must attend as summer of 2016 is rapidly closing. I believe we have the best solution identified and is in process of having it completed as soon as possible. We will let you know when we will unveil "Frosty 2.0", it should not be much longer.

Finally, another shout out to Jean Little for the flowering plants placed in the boxes in front of the club. The early season flowers were exchanged for the summer colors, thanks again Jean!

Chuck Grusse

House Chair

GALLEY NEWS

Hope you have been enjoying the warm summer evenings at the club! While the sun has started to go down just a little earlier, there is still plenty of time to enjoy lunch or dinner on the deck. Monique, Ed and the Coastal Cooking Company team are looking forward to serving you!

Please remember to put your orders in early, make a line between appetizers and entrees, and add your table number at the bottom! Enjoy your evening among friends, open a bottle of wine, and relax in our beautiful location!

Looking forward to seeing you at the club,

Catherine Gazikas

Galley Liaison

Late Summer Galley Hours:

Lunch:

Wednesday, Thursday, Friday and Saturday (self-service):
11.30 am to 2.00 pm

Dinner:

Wednesday (self-service) and Friday (table service):
6.00 pm to 8.30 pm
Sunday (self-service):
5:00 pm to 8.00 pm

Brunch:

Sunday (self-service):
11.00 am to 2.30 pm - special brunch hours on selected holidays!

DID YOU KNOW?

The Galley serves a great lunch with soups, salads and all kinds of comfort food while you enjoy the early fall views across the Connecticut River! Why not come and give it a try? Daily Wednesdays through Saturdays, and brunch on Sundays. And Sunday night dinners will run through early fall!

Menus are available at
www.essexcorinthian.org/dining.html

We want your feedback about our galley activities.

Please let us know what you think!
Email galleyliaison@essexcorinthian.org

FEEDBACK

We want to know what you think about our galley!

Did You Know?

SUMMER CLUB HOURS IN EFFECT, UNTIL LABOR DAY:

Tuesday, Wednesday and Thursday:	9 am to 9 pm
Friday:	9 am to 10 pm
Saturday and Sunday:	11 am to 9 pm

FALL CLUB HOURS IN EFFECT, AFTER LABOR DAY:

Tuesday and Thursday	9 am to 5 pm
Wednesday through 9/21	9 am to 9 pm
After 9/21	9 am to 5 pm
Friday	9 am to 9 pm
Saturday and Sunday	9 am to 5 pm

Note: Private meetings may be scheduled after-hours, except Mondays. Please contact Jean Little

Membership Update:

Welcome to our newest members, **Kathleen Burnett and Arthur Bogen**, of Essex, whose application your Board of Governors approved at its regular August meeting. Kathleen and Arthur relocated from the Greater Providence area and were proposed by Barbara and Myron Stacks. Active sailors through the 1980s, racing out of Bristol, RI, Kathleen and Arthur retired from the medical profession and have been active in the leadership of civic and healthcare nonprofit organizations. Kathleen and Arthur enjoy kayaking, canoeing, and golf.

This is a great time of year to propose new members, especially since our Club By-Laws provide that, after July 31, "...first year dues will be reduced by twenty-five percent (25%) a month, for each month, for candidates elected in August, September and October. Candidates elected between November 1 and December 31 will not be charged dues until the next calendar year." Please route any inquiries or new applications directly to me so ensure a smooth admissions process.

Please extend a warm ECYC welcome to our newest members when you see them!

See you on the water!

Scott Konrad

Membership Chair

Email: membership@essexcorinthian.org

Strategic Planning Update:

Members of the Bridge met with Richard Pierce on Friday August 19 to discuss next steps in the Strategic Planning process. The decision was taken to focus on issues where actions could be implemented now or in the near future. It is anticipated that the initial round of proposed actions will be presented to the Board at its next meeting.

Richard Pierce

Strategic Planning Chair

Email: strategy@essexcorinthian.org



Full moon rising in August

for details.

NO SMOKING AT ECYC:



The clubhouse, the decks and the surrounding dock areas are non-smoking areas. Please remind your guests of this restriction, it is part of a facility-wide prohibition of open flames.

WEBSITE:

All of our events and announcements, as well as archive copies of the Bell 8 Newsletter are available online at our website, www.essexcorinthian.org

IMPORTANT REMINDERS:

- If you registered for **paperless statement delivery**, please check your email for the latest account statement from ECYC. If not, why not consider going paperless? One less piece of paper to worry about! Please email Club Manager Jean Little to let her know your preferences.

Green Tip of the Month:



KEEPING IT CLEAN

Clean waterways are important for all of us. Unfortunately there are many factors that contribute to water pollution. Run-off from cities and farmland caused by flooding or insufficient wastewater infrastructure results in a great deal of pollution. Our boating activities also impact water quality. For obvious reasons, the greenest form of boating is the use of a non-motorized vessel. As long as they respect nature and dispose of their trash properly folks who use these kinds of vessels will not have a negative impact on the environment. However, not everyone

paddles or rows, and most sailboats also have motors. There are many powerboats plying our waters in pursuit of the perfect recreational activity.

As long as we all agree to look out for our waterways, we can protect and continue to enjoy our favorite playground. There are laws - and there is common sense! Please read on for a few reminders on how to be a "Green Boater"!

- Prevent oily discharges from the bilge.
- Spill-proof your oil changes.
- When fueling, stop the drops!
- Minimize cleaning and maintenance in the water.
- Reduce toxic discharges from bottom paints.
- Dispose of hazardous waste properly.
- Manage sewage wastes properly; find your nearest pump-out service and have your boats holding tanks pumped regularly. Never discharge directly into the water!
- Stow trash, do not throw it overboard! Dispose of trash properly when you get back to shore.
- Know your anti-freeze! Winterize the engine and freshwater system with safe, non-toxic "marine" or "RV" antifreeze that contains propylene glycol. Never use highly toxic automotive ant-freeze.
- Collect and recycle waste fluids: winterizing a boat's motor and outdrive creates quarts of waste oils. Collect and save these fluids for your marina's or local gas station's oil recycling program.

DID YOU KNOW?

- The untreated discharge from one weekend boater puts the same amount of bacterial pollution into the water as does the treated sewage of 10,000 people.
- Human wastes can contain disease-causing organisms such as bacteria, viruses and parasites. Contaminated water can put swimmers, waterskiers, and other people who come into contact with the water at risk.
- Dirty boat bottoms or trailers can carry hitchhiking pest organisms from bay to bay, port to port - don't help introduce an invasive species!
- Shrinkwrap recycling starts in the fall: You would think that shrinkwrap is recycled in the spring, right? Yes, but installing shrinkwrap in the fall also generates waste material. Find out whether your marina has a recycling program for scrap leftover from covering boats. Shrinkwrap should also be separated from other trash.

Thank you for being an environmentally aware ECYC member!

Ruth Emblin

ECYC Fleet Communicator

***The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued
by the Essex Corinthian Yacht Club of Essex, CT.***

For general questions on ECYC please refer to our website at www.essexcorinthian.org,
email us at ecyc@essexcorinthian.org, or snail-mail to

**Essex Corinthian Yacht Club
PO Box 759 - Essex, CT 06426
Telephone: (860) 767-3239**

Contact Information for individual BoG Members is posted at www.essexcorinthian.org/club-officers.html

Find us on Facebook at: www.facebook.com/EssexCorinthianYachtClub

*Please note that schedules may change at any time without prior notice. ECYC and the editor are not responsible
for any errors or inaccuracies derived from information provided by third parties.*



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