



Alumni In Recovery is a safe and reliable group of responsible young people in recovery from drug and alcohol addiction, speaking in schools they are familiar with.

AIR's goal and purpose is to give teens and preteens an opportunity to identify with the speaker's feelings and experiences, helping them to opt for positive choices along their own paths.

Alumni In Recovery Can Be Easily Implemented In Any Community!

For More Information Email:
info@alumniinrecovery.org



Bridging Young Adults In Recovery To Schools



AIR is a volunteer program, started in Bergen county, offering a service to school systems.

The young adults participating have a desire to give back in hopes that our youth avoids the path of addiction to drugs and alcohol through better choices.

www.alumniinrecovery.org

AIR service members speak to students about:

- The potential path to addiction by providing their own stories.
- Bridging the gap of misunderstandings around the disease of addiction.
- Root causes of drug and alcohol use.
- Dispelling mystification of drug addicts/alcoholics.
- Physical dependency to drugs and alcohol.
- Speaking of the consequences and behaviors leading up to recovery.
- Hope and support to those affected by addiction.
- How they live a life of recovery (a daily life of positive choices in action).



AIR Guidelines

AIR guidelines for participants are available for School administrators and staff to review prior to a presentation.

AIR participants are clean and sober and actively working a program of recovery.

All AIR participants commit to AIR meetings on a regular basis.



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