

Caleb's Kids Life Skills Wellness and Mentoring Academy Registration Information

Dear Parent or Caregiver,

Thank You for your interest in allowing your child to attend the Caleb's Kids Life Skills Wellness and Mentoring Academy.

Caleb's Kids is a Detroit Area nonprofit that creates a transformative educational experience for youth, and families focused on mental wellness. Caleb's Kids provide tools, resources, educational materials, workshops, on call trauma support, individual therapy, group therapy, and other support for mental wellness. Caleb's Kids overall programming focuses on four pillars: mental health awareness, suicide prevention, resiliency, and coping skills.

The Caleb's Kids Life Skills Academy offers an opportunity to learn valuable hands-on life skills that aid in character development, self-esteem, positive identity/self-worth, confidence, mental health, and resilience. In addition to hands on components weekly, participants will also receive a wellness package that contains a shirt, resources, trinkets, and other support for mental wellness.

We will meet from 11:00am - 2:00pm on the following dates:

Saturday, March 09, 2024 Saturday, March 23, 2024 Saturday, April 06, 2024 Saturday, April 20, 2024 Saturday, May 04, 2024 Saturday, May 18, 2024

Food, snacks, and instruction will also be provided during each session.

Please understand that <u>you</u> are the most important part of your child's success. Parents must be committed to the Life Skills Academy as much as their child. Throughout the program, we will engage your feedback and satisfaction. The only investment we ask of you is a little bit of your time and positive influence.

To register your child, please visit www.calebskids.org/durfee.

Questions? Please do not hesitate to contact us at info@calebskids.org or 313.437.1609.