

## BGL (Bug Gut Larvae)



This is a midge Larvae tied with Jonathan Kiley's Nymph Skins. It's a simple midge larvae that can be tied in many different colors and with the use of Nymph Skins in the "Bug Gut" color it will have a translucent look.

**BGL**

**Hook:** TMC100, TNC2488 or TMC2487 sizes - 18-24

**Thread:**

Veevus 16/0 Black

Veevus 16/0 Lt Olive

Veevus 16/0 Rusty Brown

Veevus 16/0 Brown

UTC 70 Burnt Orange

**Under Body:** Tying Thread

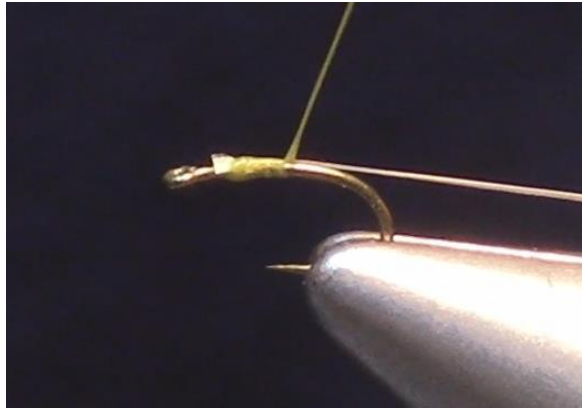
**Over Body:** Kiley's Nymph Skin – Bug Gut

**Head:** Tying Thread – Color with Black Sharpie

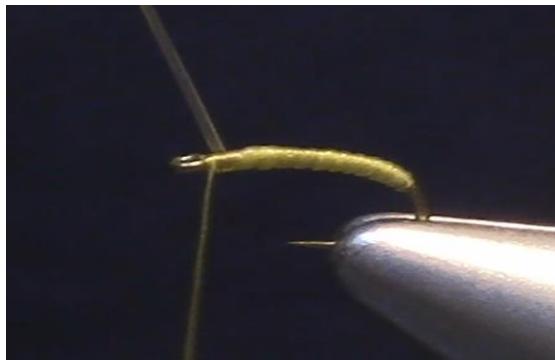
1. Start by attaching the thread to the hook at the 80-85% point using a jam knot.



2. Tie in the Bug Gut and wrap the thread to the bend of the hook and then wrap back to the hook eye. Stretch the Bug Gut out while tying in down.



3. Wrap the Bug Gut forward over the thread body to the hook tie and tie down using the thread.



4. Whip Finish. You could also use a black sharpie to make a small black head on the larvae before whip finishing.

