Parish Magazine advertisers known to be open for business during lockdown.

Any further updates, please email: alveleyandquattparishmagazine@gmail.com

Tradepersons

Garden Services and Supplies

Vets

**Meal Deliveries** 

**Grocery Supplies** 

## Tradepersons



Helping the community with their gardens and homes whilst keeping social distance at all times.

**C-D-I Electrical Solutions** All work undertaken Big or small Clean reliable service No call out charges Tel: Paul 07454993095. 01746219352

Open for emergency work and jobs where safe distance working is possible

## Garden services and supplies



We are still open for business – usual hours.

We are strictly adhering to social distancing and ask that customers do not approach our staff directly when on-site.



We are set up to make no contact, safe deliveries by taking payment over the phone prior to delivery and agreeing where orders are to be left.

#### Vets



We are available if you need an urgent or emergency appointment, a telephone consultation with a vet or to order repeat medicines.

Please contact us on 01746 763998.

#### **Meal Deliveries**



### Fresh & Lush

#### Frozen Ready Meals

Created by our chefs using high quality ingredients from local producers & suppliers. Collection or Local delivery for frozen meal orders of £30 or more (excluding Essentials). Please call 01746 710310 to place an order.

Beef 1 portion E5.10 / 2 portion E9.40 / 4 portion £17 Lasgne al Forno Beef cottage pie Boerl bourguignon Beef & Shropshire blue cheese pie in red wine sauce

Lamb 1 portion £5.10 / 2 portion £9.40 / 4 portion £17 Ras el hanout lamb tagine Lamb, mint and vegetable pie

Chicken 1 portion £5.10 / 2 portion £9.40 / 4 portion £17 Mustard & tarragon chicken Butter chicken curry Chicken & local ham hock pie in a whole grain mustard sauce Thai green chicken curry

Pork 1 portion £5.10 / 2 portion £9.40 / 4 portion £17 Slow cooked pork and potato bake and mustard cider sauce

Fish 1 portion £5.80 / 2 portion £10.80 / 4 portion £20 Fish pie with salmon, smoked haddock & prawns

IN HOUSE BAKED BREADS Baguette - £1.75 Sourdough - £4.50 Pain de Campagne - £3.50

WINE SELECTION BOX - 3 white /3 red -  $\pm 60$ 

<u>Your support is greatly appreciated</u> Fresh & Lush Ltd - Tel 01746 710310 – hello@freshandlush.co.uk High Grosvenor Farm, Bridgnorth, WV15 SPG

Vegetarian 1 portion £4.40 / 2 portion £8 / 4 portion £14.10 Grilled aubergine, mozzarella & slow cooked tomato lasagne Luxury macaroni cheese with truffle & mature cheddar

Vegan 1 portion £4.40 / 2 portion £8 / 4 portion £14.10 Ras el hanout vegetable tagine Mushroom bourguignon with chick pea bacon

Sides 1 portion £3 / 2 portion £5.20 / 4 portion £8.60 Dauphinoise potato bake Creamy mashed potatoes Rosemary & thyme roasted root vegetables Cauliflower cheese Pilau rice Lime & coconut rice

Pudding 1 portion £2.75 / 2 portion £4.20 / 4 portion £6.50 Sticky toffee pudding Apple & blackberry crumble Lemon, sultana & ginger steamed pudding Sicilian lemon tart Custard tart Chocolate & salt caramel torte Triple chocolate fudge brownies Raspberry & white chocolate cheesecake

ESSENTIALS Fruit & veg box - £33 (inc milk/eggs/bread) Milk 2L- £1.50 (skimmed, semi or full fat) Butter 250g - £1.80 (salted or unsalted) Mature cheddar 500g - £3.00 Essentials are a supplement to a meal order (not sold separately)

Delivering on Thursdays and Saturdays with non-contact collections available on Wednesdays and Fridays

Adobe Spar

# **Grocery Supplies**

# LONDIS

Alveley Food Stores and Off Licence Newsagents and Lottery 2/3 Cooks Cross Alveley WV15 6LS Tel: 01746 780773