2019 Legacy Sabers Boys' Cross Country

Rusty Bucket

Aug. 29, 6 p.m. McDowell Dam, East of Bismarck, N.D.

Team totals (5,000 meters)

1. Century, 26; 2. Bismarck High, 54; 3. Legacy, 85; 4. Mandan, 222; 5. Shiloh Christian, 229 Individual winner: Sean Korsmo, BHS,

Top 10 Finishers

1. Sean Korsmo, BHS, 16:21.33; 2. Austin 1. Jean Norshin, Br. J. 19. L. 1. S. J. Austin, Wald, Century, 16.41.84; A. Patrick Wrigley, Sc, 16.44.58; 4. Mason Kindel, Century, 16:58.47; S. Griffin House, Century, 16:58.88; 6. Stephen Windsor, BHS, 17:01.98; 7. Charlie Koeble, Century, 17:04.37; 8. Cole Jensen, Century, 17:06.65; 9. Brayden Johnson, Mandan, 17:12.59; 10. John Ness, Legacy, 17:14.39

Legacy results
10. John Ness, 17:14.39; 14. Chaske Grinolds, 17:35.01; 18. Morin Luke, 18:12.97;
21. Braden Will, 18:19.15; 22. Aidan Hasby, 18:20.29; 30. Keaton Goldade, 18:54.30; 31. Kaleb Mills, 18:54.72; 32. Derek Shannon, 18:57.76; 35. Drew Rempher, 19:05.68; 42. Ivar Martell, 20:09.11; 43. Dalton Fleckenstein, 20:32.07; 44. Eric Hasby, 20:39.56; 46. Kyle Marcotte, 21:13.95; 49. Michael Ouradnik, 21:44.97; 52. Caleb Liebel, 22:06.00; 57. Isaac Rhodes, 25:36.73

Notes: Century won the Rusty Bucket which combines the boys and girls point totals...BHS' Sean Korsmo was individual winner...There was 57 runners in the varsity race...All five teams had at least one runner in the top 10.

Anderson-Stavn Invite Sept. 14, 1 p.m. McDowell Dam, East of Bismarck, N.D.

Team totals (5,000 meters)

1. Century, 66; 2. Williston, 100; 3. GF Red River, 116; 4. Bismarck High , 120; 5. Dickinson, 140; 6. WF Sheyenne, 152; 7. Legacy, 164; 8. Minot, 201; 9. New Town, 253; 10. GF Central, 259; 11. West Fargo, 412; 12. Richey-Lambert, 430; 13. Hillsboro-CV, 432; 14. Beulah, 497; 15. Minot Bishop Ryan, 500; 16. Killdeer, 519; 17. Watford City, 544; 18. Mandan, 572: 19. Southern McLean 16. Maridali, 372, 19. Solen, 634; 22. Stanley, 647; 23. Medina-P-B, 672; 24. New England, 674; 24. Shiloh Christian, 677; 26.

Standing Rock, 681 Individual winner: Brady Yoder, Dickinson,

Top 10 Finishers

1. Brady Yoder, Dickinson, 15:33.15; 2. Sean Korsmo, BHS, 16:11.11; 3. Jacob Knodle, WF Sheyenne, 16:20.19; 4. Robert White, New Town, 16:31.60; 5. Micade Shumway, Williston, 16:33.43; 6. Austin Wald, Century, 16:38.81; 7. Mason Kindel, Century, 16:42.24; 8. Griffin House, Century, 16:44.64: 9. Chase Fossum, Hillsboro-CV. 16:45.78; 10. Aiden Jung, Dickinson, 16:48.68

Legacy results

20. Chaske Grinolds, 17:08.29; 30. Luke Morin, 17:42.16; 32. Aidan Hasby, 17:47.57; 67. Braden Will, 18:47.79; 74. Keaton Goldade, 19:08.01

Notes: There were 153 runners in the var-sity race...Century won the team title and had three finishers in the top 10...Eight WDA teams took part...Dickinson's Brady Yoder was the individual champion...Weather conditions were sunny and warm

Beulah-Hazen Invite Sept. 24, 11 a.m. Black Sands G.C., Beulah

Team totals (Top 5/WDA, 5,000 meters) 1. Legacy, 33; 2. Bowman Co., 67; 3. Century, 120; 4. Beulah, 171; 5. Burke Central, 182; 6. Mandan, 196; 12. Watford City, 282 Individual winner: John Ness, Legacy, 16:57

1. John Ness, 16:57; 2. Chaske Grinolds, 17:09: 9. Aidan Hasby, 17:56: 10. Drew Rempher, 17:59; 11. Luke Morin, 18:04; 14. Braden Will, 18:18; 22. Keaton Goldade, 18:53; 23. Derek Shannon, 18:53; 25. Eric Hasby, 18:59; 27. Ivar Martell, 19:02; 36. Dalton Fleckenstein, 19:46; 43. Michael Ouradnik, 20:02; 56. Kyle Marcotte, 20:28; 70. Corey Fisher, 21:12; 90. Isaac Rhoads, 22:13; 100. Caleb Liebel, 22:44; 118. Alfredo Jimenz, 24:06

Notes: There was 139 varsity

runners...Legacy won the meet...Three WDA teams compete (Legacy, Mandan, Watford City)

Souris Valley Invite Oct. 5, 11 a.m. Souris Valley G.C., Minot

Team totals (Top 5/WDA)

(5,000 meters)
1. Century, 53; 2. G.F. Red River, 112; 3 Jamestown, 118; 4. Bismarck High, 144; 5. Minot, 172; 6. Legacy, 202; 22. Watford City, 644; 23. Mandan, 656 Individual winner: Robert White, New Town, 16:07.78

Top 10 Finishers1. Robert White, New Town, 16:07; 2. Gavin Haut, Jamestown, 16:11: 3, Ben Anteau Jamestown, 16:13; 4. Hunter McHenry, GF Red River, 16:23; 5. Chase Fossum, Hillsboro-CV, 16:27; 6. Mason Kindel, Century, 16:32; 7. Griffin House, 16:38; 8. Brian Miller, Bowman Co., 16:39; 9. Jacob Hen-drickson, Thompson, 16:39; 10. Noah Rolfe, Stanley, 16:40

Legacy results 31. John Ness, 17:24; 35. Aidan Hasby, 17:26; 43. Drew Rempher, 17:33; 46. Braden Will, 17:37; 59. Luke Morin, 17:53; 71. Keaton Goldade, 18:09; 121. Derek Shannon, 19:20

Notes: Century won the meet...Jamestown's Gavin Haut was run-ner-up to lead all WDA runners...Six WDA teams took part....There were 245 runners and 30 teams participating

WDA Championships Oct. 15, 1 p.m. Heart River G.C., Dickinson, N.D.

Team totals (5.000 meters)

Lam totals (5,000 meters)

1. Williston, 48; 2. Century, 52; 3. Bismarck High, 107; 4. Dickinson, 114; 5. Jamestown 124; 6. Legacy, 137; 7. Minot, 144; 8. Mandan, 516; 9. Watford City, 527; 10. TMCHS,

Individual winner: Brady Yoder, Dickinson,

Top 20 (All-WDA)
1. Brady Yoder, Dickinson, 15:40; 2. Sean Korsmo, Bismarck High, 15:49: 3, Gavin Haut, Jamestown, 16:13; 4. Micade Shumway, Williston, 16:14; 5. Fynn Krenz, Williston, 16:15; 6. Ben Anteau, Jamestown, Kindel, Century, 16:31; 10. John Ness, Century, 16:23; 8. Austin Wald, Century, 16:28; 9. Mason Kindel, Century, 16:31; 10. John Ness, Legacy, 16:32: 11, Gunnar Alvarado, Willis-13. Jacob Ersland, Century, 16:47; 14. Aiden Jung, Dickinson, 16:48; 15. Ethan Bender, Jung, Dicknison, 16:46; 13. Etnan Bender, Century, 16:50; 16. Leif Izaren, Williston, 16:55; 17. Charlie Koebele, Century, 17:00; 18. Asiden Meyer, Minot, 17:06; 19. Cole Jensen, Century, 17:09; 20. Micah Penn, Bismarck High, 17:12

Legacy results

10. John Ness. 16:32.87: 21. Aidan Hasby. 17:17.17; 29. Drew Remphar, 17:29.45; 30. Braden Will, 17:30.80; 47. Luke Morin, 18:00.03; 62. Eric Hasby, 18:23.34; 64. Keaton Goldade, 18:27.77; 75. Ivar Martell, 18:52.63; 78. Derek Shannon, 19:01.48; 86 Kaleb Mills, 19:17.69; 102. Michael Ouradnik, 19:54.44; 114. Kyle Marcotte, 20:32.09; 122. Isaac Rhoads, 20:58.10; 138. Caleb Liebel, 22:16.92; 145. Alfredo Jimenez, 23:02.32

Notes: The meet was moved to Dickinson from Jamestown due to snow and wet course conditions there...Williston won its second straight WDA team title and ninth overall...Dickinson's Brady Yoder won his second consecutive WDA title...Seven teams (Bismarck High, Century, Dickinson, Jamestown, Legacy, Minot, Williston) had at least one runner earn all-WDA honors (Top 20)...Century had seven runners finish in the top 20...Williston's Micade Shumway was named W. Region senior athlete of the year...Century's Brad Lies was named W. Re-gion coach of the year...There were 157 runners competing...Temperature at race time was 45 degrees under mostly cloudy

Class A Meet

Oct. 26. 11 a.n Souris Valley G.C., Minot, N.D.

Team totals

1. Century, 51; 2. Williston, 91; 3. Dickinson, 104; 4. Jamestown, 162; 5. Bismarck High, 165; 6. Legacy, 178; 7. GF Red River, 178; 8. Minot, 186: 9, Fargo North, 230: 10, GF Central, 289; 11. WF Sheyenne, 304; 12. West Fargo, 340; 13. Fargo Shanley, 396; 14. Devils Lake, 412; 15. Fargo Davies, 495; 16. Fargo South, 561: 17, Mandan, 627: 18, Valley City, 814; 19. Watford City, 734 Individual winner: Brady Yoder, Dickinson, 15:20.57

Top 20 (All-State)
1. Brady Yoder, Dickinson, 15:20.6; 2. Sean Korsmo, Bismarck High, 15:32.3; 3. Jacob Knodle, WF Sheyenne, 15:42.9; 4. Gavin Haut, Jamestown, 15:43.1; 5. Micade Shumway, Williston, 15:59.7; 6. Fynn Krenz, Williston, 16:05.8; 7. Mason Kindel, Century, 16:08.8; 8. Ben Anteau, Jamestown, 16:09.4; 9. Griffin House, Century, 16:12.2; 10. Ethan Bender, Century, 16:13.1: 11. Hunter McHenry, GF Red River, 16:15.8; 12. Austin Wald, Century, 16:17.0; 13. Jacob Ersland, Century, 16:21.5; 14. Aiden Jung, Dickinson, 16:22.0; 15. Caleb Hanson, Dickinson, 16:23.9; 16. Matthew Rongitsch, GF Red River, 16:26.1; 17. Sam Harmon, Fargo North, 16:29.6; 18. John Ness, Legacy, 16:31.4: 19. Gunnar Alvarado, Williston, 16:38.5: 20. Caeden Johnson, WF Sheyenne, 16:41.4 WDA teams

Century results

7. Mason Kindel, 16:08.73; 9. Griffin House, 16:12.19; 10. Ethan Bender, 16:13.03; 12. Austin Wald, 16:16.95; 13. Jacob Ersland, 16:21.42; 28. Cole Jensen, 16:54.28; 31. Charlie Koebele, 16:57.18; 42. Jacob Francetich, 17:11.21; 49. Iver Phillips, 17:23.85: 58. Luke Gasper, 17:29.29

Williston results
5. Micade Shumway, 15:59.66; 6. Fynn
Krenz, 16:05.73; 19. Gunnar Alvarado, 16:38.49: 24. Ethan Moe. 16:51.40: 37. Wil 16:38.49; 24. Ethal Mole, 16:51.40; 37. W Olson, 17:03.23; 43. Gavin Jorgenson, 17:13.07; 48. James Powers, 17:23.45; 53. Leif Larsen, 17:26.70; 60. Cutter Jones, Tr.29.35; 67. Tyrel Ackman, 17:33.86 **Dickinson results** 1. Brady Yoder, 15:20.51; 14. Aiden Jung,

16:21.97; 15. Caleb Hanson, 16:23.87; 30. Hunter Gregoire, 16:44.39; 44. Griffin Obrigewitch, 17:15.22; 76. Aj Ash, 17:46.81; 137. Jace Cofer, 18:45.29; 138. Garin Anderson. 18:46.47: 140. Henry Nelson. 18:46.98: 174. Jacob Shilman, 20:43.79

Jamestown results
4. Gavin Haut, 15:43.08; 8. Ben Anteau, 16:09.40; 27. Chandlar Rott, 16:53.67; 61. Cullen Flieth, 17:29.39; 62. Micah Hoke, 17:31.05; 83. Kade Schumacher, 17:51.96; 84. Zeb Willer, 17:51.97: 94. Daniel Ulrich 77:58.24; 109. Sam Anteau, 18:19.11; 142. Thomas Schmiedeberg, 18:49.54
Bismarck High results

2. Sean Korsmo, 15:32.21; 32. Brady Korsmo, 16:57.78; 35. Michael Omvig, 17:01.51; 45. Parker Hintz, 17:19.18; 5. Juan Flores, 17:25.03: 56, Stephen Windsor, Tr:27.90; 64. Kaden Renner, 17:31.99; 72. Micah Penn, 17:40.87; 75. Joey Patchen-Mills, 17:45.64; 88. Noah Cowley, 17:53.82

Legacy results 18. John Ness, 16:31.36; 25. Aidan Hasby, 16:52.57; 29. Braden Will, 16:55.04; 36. Drew Rempher, 17:02.50; 70. Luke Morin, Martell, 18:09.48; 112. Keaton Goldade, 18:20.14; 119. Derek Shannon, 18:25.26; 123. Dalton Fleckenstein, 18:29.47

Validam Walker-Rozo, 16:44.84; 23. Kaiden Meyer, 16:48.02; 34. William Barrington, 17:00.48; 38. Grant Schaeffer, 17:05.57; 69. Noah Jacobs, 17:34.80; 71. Oscar Hultz, 17:37.49; 81. Zac Gillett, 17:51.04; 85. Griffin Schaeffer, 17:52.85; 107. Bryce Rose, 18:17.72; 129. Austin

107. Bryce Rose, 18:17.72; 129. Austin Geyer, 18:32.47 Mandan results 39. Brayden Johnson, 17:08.93; 135. Justin Hale, 18:39.88; 147. August Fleck, 18:57.27; 152. Terry Brown Otter, 19:03.42; 154. Charles Hale, 19:09.26; 162. Jace Engelstad, 19:47.58; 168. Leff Lahtinen, 20:17.66; 169. Alex Binstock, 20:18.88: 175. Gavin Corley. 21:00.86

Watford City results

Validation City results
102. Evander Long, 18:10.10; 113. Tanner
Edwards, 18:20.43; 171. Tajah Francis,
20:35.87; 172. Brandon Edwards, 20:38.80;
176. Lane Odenbach, 21:10.67; 178. Brennan Scoggins, 21:13.88: 180. Timothy Gaab. 21:57.66; 182. Joey Dube, 22:54.51; 183. Chris Ferry, 28:21.73

Notes: Century won its third title in the last four years...The WDA had the top 6 teams (Century, Williston, Dickinson, Jamestown, Bismarck High, Legacy)...A WDA has won the state team title every year since 2004...Dickinson's Brady Yoder won the in-dividual title in a time of 15:20...Yoder is the first Dickinson runner to win the title since Tim Wheeler (1977)....Fifteen WDA runners earn all-state honors led by Century which had five...Six WDA teams had at least one all-state runner...Ten WDA teams participated...There were 183 runners...Williston's Micade Shumway was named state senior athlete of the year...Williston coach Shane Wahlstrom was named state coach of the year...Minot hosted the meet for the first time since 2014