

Sean Stokes, Ph.D., LPC-S, LMFT-S

Dr. Stokes is the founder / director of Lifeway Counseling Center. He earned his Ph.D. from Texas Tech University in Marriage and Family Therapy, his M.A. in Marriage and Family Therapy from the University of Louisiana at Monroe and his B.S. in Human Development Family Studies from Texas Tech University.

He is a Licensed Professional Counselor (LPC), a Licensed Marriage and Family Therapist (LMFT), and a Board Approved Supervisor for both licenses. He is a qualified Divorce Mediator in the State of Texas, a Parenting Coordinator and Parenting Facilitator, trained in the PREP (Preventative and Relationship Enhancement Program) model, and is a Clinical Member of the American Association for Marriage and Family Therapy (AAMFT). He served on the Texas State Board of Examiners of Marriage and Family Therapists from 2011 – 2018 where he chaired the Rules Committee and served on the Ethics Committee. Additionally, he served as the Vice-Chair of the Board.

Dr. Stokes taught as an Associate Professor at Texas Wesleyan University in the Graduate Counseling Program for seven years and has just recently stepped down to the role of Adjunct in order to focus more attention on private practice. He has also served as an Adjunct Faculty member for Liberty Christian University and Wayland Baptist University. He has published in the *Journal of Marital and Family Therapy*, the *Journal of Divorce and Remarriage*, and *Contemporary Family Therapy: An International Journal*.

He has also co-authored two book chapters:

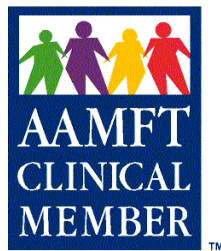
Social-emotional learning, interpersonal skills, and resilience (2011) with his wife, Dr. Marilyn Massey-Stokes in K. Goodheart, J. Clopton, & J. McComb (Eds.), *Eating disorders in women & children: Prevention, stress management and treatment* (2nd ed). New York: Springer.

Supervision in family therapy (2011) in Metcalf, L. (ed.), *Marriage and Family Therapy: A Practice-Oriented Approach*. New York: Springer.

In addition to teaching and writing, Dr. Stokes presents each year at various conferences in the United States.

His areas of specialization include:

- Couple therapy including premarital and marital issues as well as remarried/blended family issues
- Divorce Mediation
- Parenting issues
- Divorce recovery including both adult and child adjustment to divorce
- Reunification therapy for parent-child relationship after divorce
- Men's issues
- Substance abuse assessment and treatment



He can be reached directly at: sean@lccdfw.com