

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Weekly Fitness Schedule</b></p> <p><b>9am-1pm</b> Table Tennis on Sundays-RSF</p> <p><b>3pm-5pm</b> Water Volleyball (Open Play) on Sundays-RSF</p> <p><b>Fitness Center Hours</b></p> <p><b>The Palms Fitness</b> Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p> <p><b>Riviera Spa &amp; Fitness</b> Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p>	<p><b>8am</b> Group Barbell-PA <b>8am</b> Tabata H2O-RSF <b>9am</b> Group Barbell-PA <b>9am</b> Splash &amp; Tone-RSF <b>9am</b> Total Body Toning Exercise-RSF <b>10am</b> Breathe, Stretch &amp; Relax-PA <b>10am</b> Low Impact Aerobics-RSF <b>11am</b> H.I.I.T. Cardio Body Blast-PA <b>11am</b> Self Defense Class-RSF <b>12pm</b> Drums Alive! Chair Exercise-RSF <b>12pm</b> Fit Factory-PA <b>1pm</b> Zumba-RSF <b>1pm</b> Zumba-PA <b>2pm</b> Joint Relief (Aqua)-RSF <b>3:45pm</b> Fit Body Circuit-PA <b>4pm-6pm</b> Open Lap Swimming-RSF <b>4:15pm</b> Gentle Chair Yoga-RSF <b>5:30pm</b> Muscle Ignite-PA <b>6pm</b> Relaxation Yoga-RSF <b>6:30pm-8:45pm</b> Water Volleyball (League Play)-RSF</p>	<p><b>8am</b> Express Total Body Sculpt-RSF <b>8am</b> TRX Suspension Training-PA <b>8am</b> Walk + Tone (Indoor Track)-RSF <b>9am</b> Body Sculpting-RSF <b>9am</b> Splash + Tone-RSF <b>9am</b> Zumba Step-PA <b>10am</b> Barre-RSF <b>10am</b> Zumba Toning-PA <b>11am</b> Pilates-PA <b>11:30am</b> Aqua Zumba-RSF <b>12pm</b> Cardio Ballroom-PA <b>12pm</b> Intermediate Line Dance-RSF <b>1pm</b> Drums Alive Powerbeats-PA <b>1pm</b> Advanced Line Dance-RSF <b>2pm</b> Balance Training-RSF <b>2pm</b> Beginning Tai Chi-PA <b>3pm</b> Intermediate Tai Chi-PA <b>3:45pm-6pm</b> Table Tennis (Open Play)-RSF <b>5pm-6:30pm</b> Open Lap Swimming-RSF <b>6:45pm-8:45pm</b> Water Volleyball (League Play)-RSF</p>	<p><b>8am</b> Body Sculpting-PA <b>9am</b> Aqua Zumba-RSF <b>9am</b> Athletic Conditioning-RSF <b>9am</b> Everybody Steps-PA <b>10am</b> Breathe, Stretch &amp; Relax-RSF <b>10am</b> Core + More-PA <b>11am</b> Zumba Gold Toning-RSF <b>11am</b> Cardio H.I.I.T. Party-PA <b>12pm</b> Balls &amp; Bands-RSF <b>12pm</b> Yoga-PA <b>1pm</b> Zumba-PA <b>1pm</b> Zumba-RSF <b>2pm</b> Belly Dancing-PA <b>2pm</b> Joint Relief (Aqua)-RSF <b>3pm</b> Beginner Balance Training-PA <b>6pm</b> Muscle Conditioning-RSF (track) <b>6pm</b> Power Yoga-RSF <b>6:30pm-8:45pm</b> Water Volleyball (League Play)-RSF</p>	<p><b>8am</b> TRX Suspension Training-PA <b>8am</b> Walk + Tone (Indoor Track)-RSF <b>9am</b> Boot Camp-PA <b>9am</b> Splash + Tone-RSF <b>9am</b> Total Body Conditioning-RSF <b>10am</b> Breathe, Stretch &amp; Relax-RSF <b>10am</b> Yogabeat-PA <b>11am</b> Cardio Ballroom-PA <b>11am</b> Gentle Joints (Land Based)-RSF <b>11:30am</b> Splash + Tone-RSF <b>12pm</b> Fit Factory-PA <b>12pm</b> Self Defense Class-RSF <b>1pm</b> Beginner Line Dance-PA <b>2pm</b> Balance Training-RSF <b>2pm</b> Ballroom Dancing (Beg.) (3/6-4/3)-PA* <b>2pm-4pm</b> Open Lap Swimming-RSF <b>3pm</b> Ballroom Dancing (Int.) (3/6-4/3)-PA* <b>4pm-6pm</b> Table Tennis (Open Play &amp; Instruction)-RSF <b>6pm</b> Hatha Yoga-PA <b>6:30pm-8:45pm</b> Water Volleyball (League Play)-RSF</p>	<p><b>8am</b> Foam Rolling-PA <b>8:30am</b> Body Alive-PA <b>9am</b> Aqua Craze-RSF <b>9am</b> Yoga Flow-RSF <b>9:30am</b> Yogabeat-PA <b>10:15am</b> Barre &amp; Pilates Fusion-RSF <b>10:30am</b> Zumba Combo-PA <b>11:15am</b> Tai Chi-RSF <b>11:30am</b> Everybody Steps-PA <b>3pm-5pm</b> Water Volleyball (League Play)-RSF</p>	<p>* Small fee for Ballroom classes. Please call 863-427-7130 for more information.</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p><b>1pm</b> Solivita Singles-ST <b>1:30pm</b> Solivita Dancing Diehards-RSF <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>6pm</b> Cribbage Club-GTR</p>	<p><b>2</b></p> <p><b>Volunteer Log Sheets Due</b></p> <p><b>9am</b> Daisy's TX Canasta-VP <b>9am</b> Main Ticket Sales-ST <b>9am-3:30pm</b> Farmers Market-FP <b>9am</b> Sculpture-CR <b>9am</b> Solivita Shuffleboard-FP <b>10am-1pm</b> Sam's Club Membership-ST Hallway <b>10am</b> Sol Writers-RSF2 <b>11am</b> Phoneography: Events/Festivals-LV <b>1pm</b> Acrylic Painting-AR <b>1pm</b> ECWC Bible Study-PA <b>1pm</b> Mosaics Special Nights: Trivia-ST <b>4pm</b> Solivita Billiards-BL <b>5pm</b> Solivita Starliters-ST <b>6pm</b> Twilight Bocce-Heritage Park Bocce Courts <b>6:45pm</b> Ladies Poker-MSA <b>7pm</b> CERT-RSF2</p>	<p><b>3</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> La Fe Christian-RSF2 <b>9am</b> Solivita Dragon Boat-By Deck Boxes <b>9am</b> Solivita University: Beg. Conversational Spanish-VP <b>10am</b> Ceramics-CR <b>10am</b> Solivita Dragon Boat Paddle Clinic-By Deck Boxes <b>10am</b> TOPS in Sol.-MSC <b>10am</b> Watercolor-AR <b>10:30am</b> Pickleball Clinic-FP <b>11am</b> Solivita University: Great Decisions - Red Sea Security-GTR <b>12:30pm</b> Mahjong-MSA <b>1:30pm</b> Bunco-RSF2 <b>4pm</b> Solivita Billiards-BL <b>4pm</b> Solivita Starliters-PA <b>5pm</b> SoulaVita Line Dancers-PA <b>6pm-9pm</b> Mosaics Special Nights: Karaoke-AR <b>7pm</b> Astronomy Club-MSB</p>	<p><b>4</b></p> <p><b>9am</b> Sew &amp; So-AR <b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Wellness Lecture: Asset Protection with Law Offices of Joseph F. Pippen, Jr.-RSF2 <b>10am</b> Yarners-MSA <b>11am</b> Men's Softball Clinic-FP <b>11am</b> Sculpture-CR <b>2pm</b> Wellness Lecture: Macular Degeneration with Eye Specialists of Mid Florida-RSF2 <b>6pm</b> Big Money Bingo-ST</p>	<p><b>5</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Sculpture-CR <b>9am</b> Solivita University: Continuing Conversational Spanish-MSA <b>10am</b> Cancer Support Group-MG <b>4pm</b> Solivita Billiards-BL <b>6:30pm</b> Pinochle Club-MSA <b>7pm</b> Movie Night: Terminator: Dark Fate-ST</p>	<p><b>6</b></p> <p><b>9am-3:30pm</b> Farmers Market-FP <b>9am</b> Mixed-Media Artworks-CR <b>9am</b> Solivita Dragon Boat-By Deck Boxes <b>12pm</b> Oh Scrap!-CR</p>	<p><b>7</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Solivita Shuffleboard-FP <b>10:30am</b> Mahjong-MSA <b>12pm</b> Disney Cast Members: Spring Carnival &amp; Meeting-VP <b>12pm</b> CCA Poker-MSA <b>12:30pm</b> Beginners Calligraphy-MG</p>
<p><b>8</b></p> <p><b>Daylight Saving Time Begins at 2am</b></p> <p><b>1pm</b> Newplicate Bridge-MSA <b>1:30pm</b> Solivita Dancing Diehards-RSF <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>6pm</b> Cribbage Club-GTR</p>	<p><b>9</b></p> <p><b>9am</b> Daisy's TX Canasta-VP <b>9am-3:30pm</b> Farmers Market-FP <b>9am</b> Sculpture-CR <b>9am</b> Solivita Shuffleboard-FP <b>10am-2pm</b> Community Shred Day-FP <b>10am</b> Solivita Artisan Guild-AR <b>1pm</b> Acrylic Painting-AR <b>1pm</b> ECWC Bible Study-LV <b>4pm</b> Solivita Billiards-BL <b>5pm</b> Solivita Starliters-ST <b>6pm</b> Twilight Bocce-Heritage Park Bocce Courts <b>6:45pm</b> Ladies Poker-MSA</p>	<p><b>10</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Solivita Dragon Boat-By Deck Boxes <b>9am</b> Solivita University: Beg. Conversational Spanish-VP <b>10am</b> Ceramics-CR <b>10am</b> TOPS in Sol.-MSC <b>10am</b> Watercolor-AR <b>10:30am</b> Pickleball Clinic-FP <b>12:30pm</b> CAP-RSF2 <b>12:30pm</b> Mahjong-MSA <b>1pm</b> Solivita University: Hinduism, Buddhism &amp; Islam-PA <b>3pm</b> Holistic Horizons-MSB <b>3pm</b> Seniors for Safe Schools &amp; Communities-RSF2 <b>4pm</b> Solivita Billiards-BL <b>4pm</b> Solivita Starliters-PA <b>5pm</b> SoulaVita Line Dancers-PA <b>6pm-9pm</b> Mosaics Special Nights: Karaoke-AR <b>7pm</b> Solivita Fishing-MSB</p>	<p><b>11</b></p> <p><b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Wellness Lecture: Diet Mistakes with Nutrition Awareness-RSF2 <b>10am</b> Yarners-MSA <b>11am</b> Sculpture-CR <b>2pm</b> Wellness Event: Alzheimer's/Dementia Warning Signs with Alzheimer's Assoc.-RSF2 <b>1pm</b> Silk Floral Design-AR</p>	<p><b>12</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Sculpture-CR <b>9am</b> Solivita University: Continuing Conversational Spanish-MSA <b>10am</b> Cancer Support Group-MG <b>4pm</b> Solivita Billiards-BL <b>6:30pm</b> Pinochle Club-MSA <b>6:30pm</b> Solivita University: Social Security Basics-GTR <b>7pm</b> Movie Night-ST <b>CANCELLED</b></p>	<p><b>13</b></p> <p><b>9am-3:30pm</b> Farmers Market-FP <b>9am</b> Mixed-Media Artworks-CR <b>9am</b> Solivita Dragon Boat-By Deck Boxes <b>12pm</b> Oh Scrap!-CR</p>	<p><b>14</b></p> <p><b>Village Drive from the Ballroom to the Pro Shop Roundabout is Closed to Vehicles from 6:30am-4pm. Freedom Park Recreation Activities are Cancelled until 10:30am.</b></p> <p><b>8am</b> Horseshoes-FP <b>CANCELLED</b> <b>9am</b> Solivita Shuffleboard-FP <b>CANCELLED</b> <b>10am-2pm</b> Car Show-Village Center <b>10am-12pm</b> Car Show: People's Choice Selection-Info Booths Village Center <b>10:30am</b> Mahjong-MSA <b>12pm</b> CCA Poker-MSA <b>12:30pm</b> Beginners Calligraphy-MG <b>2pm</b> Car Show Awards Ceremony &amp; Parade of Cars-Village Center Bridge</p>
<p><b>15</b></p> <p><b>1:30pm</b> Solivita Dancing Diehards-RSF <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>6pm</b> Big Money Bingo-ST <b>6pm</b> Cribbage Club-GTR</p>	<p><b>16</b></p> <p><b>9am</b> Daisy's TX Canasta-VP <b>9am-3:30pm</b> Farmers Market-FP <b>9am</b> Sculpture-CR <b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Sol Writers-RSF2 <b>1pm</b> Acrylic Painting-AR <b>1pm</b> ECWC Bible Study-LV <b>4pm</b> Solivita Billiards-BL <b>4pm</b> Solivita Starliters-PA <b>6pm</b> Twilight Bocce-Heritage Park Bocce Courts <b>6:45pm</b> Ladies Poker-MSA</p>	<p><b>17</b></p> <p><b>St. Patrick's Day</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Solivita Dragon Boat-By Deck Boxes <b>10am</b> Ceramics-CR <b>10am</b> Grief Support-RSF2 <b>10am</b> TOPS in Solivita-MSA <b>10am</b> Watercolor-AR <b>10:30am</b> Pickleball Clinic-FP <b>12:30pm</b> Mahjong-MSA <b>1pm</b> Solivita University: Art Lecture - The Kimbell Museum-ST <b>1pm</b> Solivita University: Hinduism, Buddhism &amp; Islam-PA <b>1:30pm</b> Bunco-RSF2 <b>4pm</b> Solivita Billiards-BL <b>5pm</b> Solivita Starliters-ST <b>5pm</b> SoulaVita Line Dancers-PA <b>6pm-9pm</b> Mosaics Special Nights: Karaoke-AR <b>6:30pm</b> Solivita Sorcerers-MSB <b>6:30pm</b> Solivita Travel-ST</p>	<p><b>18</b></p> <p><b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Wellness Lecture: Colorectal Cancer with Poinciana Medical-RSF2 <b>10am</b> Yarners-MSA <b>11am</b> Men's Softball Clinic-FP <b>11am</b> Sculpture-CR <b>2pm</b> Wellness Event: Hearing Loss &amp; Phone Use with ClearCaptions-RSF2 <b>4pm</b> Solivita University: Great Decisions - Red Sea Security-PA</p>	<p><b>19</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>4pm</b> Solivita Billiards-BL <b>6:30pm</b> Pinochle Club-MSA <b>6:30pm</b> Solivita University: Social Security Basics-GTR <b>7pm</b> Movie Night: The Good Liar-ST</p>	<p><b>20</b></p> <p><b>9am-3:30pm</b> Farmers Market-FP <b>9am</b> Mixed-Media Artworks-CR <b>9am</b> Solivita Dragon Boat-By Deck Boxes <b>10am</b> R2R Workshop: Your Safety &amp; Security-ST <b>12pm</b> Oh Scrap!-CR <b>5:30pm</b> Dinner Before Vocal Trash Show-AR <b>7:30pm</b> Vocal Trash Show-ST</p>	<p><b>21</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Experiments in Watermedia-AR <b>10:30am</b> Mahjong-MSA <b>12pm</b> CCA Poker-MSA <b>12:30pm</b> Beginners Calligraphy-MG <b>2pm</b> Acrylic Painting Class: Painting Vibes-CR <b>4pm</b> Disney Cast Members: Dinner-Ford's Garage in Kissimmee</p>
<p><b>22</b></p> <p><b>1pm</b> Newplicate Bridge-MSA <b>1:30pm</b> Solivita Dancing Diehards-RSF <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>6pm</b> Cribbage Club-GTR</p>	<p><b>23</b></p> <p><b>9am</b> Daisy's TX Canasta-VP <b>9am-3:30pm</b> Farmers Market-FP <b>9am</b> Sculpture-CR <b>9am</b> Solivita Shuffleboard-FP <b>1pm</b> Acrylic Painting-AR <b>1pm</b> ECWC Bible Study-LV <b>4pm-7:30pm</b> Curbside Cuisine-FP <b>4pm</b> Solivita Billiards-BL <b>4pm</b> Solivita Starliters-PA <b>4pm</b> Solivita University: Literary Lecture - Shakespeare's Sonnets-GTR <b>6pm</b> Twilight Bocce-Heritage Park Bocce Courts <b>6:45pm</b> Ladies Poker-MSA</p>	<p><b>24</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Solivita Dragon Boat-By Deck Boxes <b>10am</b> Ceramics-CR <b>10am</b> TOPS in Solivita-MSA <b>10am</b> Watercolor-AR <b>12:30pm</b> Mahjong-MSA <b>1pm</b> Solivita University: Hinduism, Buddhism &amp; Islam-PA <b>3pm</b> Holistic Horizons-MSB <b>4pm</b> Solivita Billiards-BL <b>4pm</b> Solivita Starliters-PA <b>5pm</b> SoulaVita Line Dancers-PA <b>6pm-9pm</b> Mosaics Special Nights: Karaoke-AR</p>	<p><b>25</b></p> <p><b>9am</b> Solivita Shuffleboard-FP <b>10am</b> Wellness Lecture: Salt Therapy 101 with Riviera Spa Massage-RSF2 <b>10am</b> Yarners-MSA <b>11am</b> Sculpture-CR <b>2pm</b> Wellness Lecture: Heart Valve Disease with Osceola Regional Medical Center-RSF2 <b>7pm</b> Shalom Club-ST</p>	<p><b>26</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Sculpture-CR <b>10am</b> Cancer Support Group-MG <b>4pm</b> Solivita Billiards-BL <b>6pm</b> Gun Club-RSF2 <b>6:30pm</b> Pinochle Club-MSA <b>7pm</b> Movie Night: A Beautiful Day in the Neighborhood-ST</p>	<p><b>27</b></p> <p><b>The Palms Closes at 3pm for Event Setup</b></p> <p><b>8:30am</b> Newsletter Assembly-ST <b>9am-3:30pm</b> Farmers Market-FP <b>9am</b> Floralawn Coffee Talk-GTR <b>9am</b> Mixed-Media Art-CR <b>9am</b> Solivita Dragon Boat-By Deck Boxes <b>12pm</b> Oh Scrap!-CR <b>5pm</b> Game On-GTR <b>6pm</b> Mermaid Cocktail Party-PA Pool Deck (in case of rain, event moves to ST)</p>	<p><b>28</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Solivita Shuffleboard Club-FP <b>10:30am</b> Mahjong-MSA <b>12pm</b> CCA Poker-MSA <b>12:30pm</b> Beginners Calligraphy-MG</p>
<p><b>29</b></p> <p><b>1:30pm</b> Solivita Dancing Diehards-RSF <b>3pm</b> Forever Young: Live Music-RSF2 <b>3pm</b> Water Volleyball-RSF <b>6pm</b> Cribbage Club-GTR</p>	<p><b>30</b></p> <p><b>9am</b> Daisy's TX Canasta-VP <b>9am-3:30pm</b> Farmers Market-FP <b>9am</b> Sculpture-CR <b>9am</b> Solivita Shuffleboard-FP <b>1pm</b> Acrylic Painting-AR <b>1pm</b> ECWC Bible Study-LV <b>1pm</b> Mosaics Special Nights: Trivia-ST <b>4pm</b> Solivita Billiards-BL <b>4pm</b> Solivita Starliters-PA <b>6pm</b> Twilight Bocce-Heritage Park Bocce Courts <b>6:45pm</b> Ladies Poker-MSA</p>	<p><b>31</b></p> <p><b>8am</b> Horseshoes-FP <b>9am</b> Solivita Dragon Boat-By Deck Boxes <b>10am</b> Ceramics-CR <b>10am</b> TOPS in Solivita-MSA <b>10am</b> Watercolor-AR <b>12:30pm</b> Mahjong-MSA <b>1pm</b> Solivita University: The Borinqueneers Film-ST <b>3pm</b> Holistic Horizons-MSB <b>4pm</b> Solivita Billiards-BL <b>5pm</b> Solivita Starliters-ST <b>5pm</b> SoulaVita Line Dancers-PA <b>6pm-9pm</b> Mosaics Special Nights: Karaoke-AR</p>	<p><b>Village Center Hours</b></p> <p><b>Waterfront Galleries</b> (Library, Billiard, Ceramic, Computer &amp; Art Galleries) Sunday-Saturday 8am-11pm</p> <p><b>Starlite Ballroom</b> Sunday-Saturday 8am-11pm</p> <p><b>The Palms Amenity Center</b> Sunday-Saturday 8am-9pm</p>	<p><b>Room Legend</b></p> <p>AR Art Gallery BL Billiards Gallery BP Bella Viana CM Computer Gallery CP Cooperstown Pavilion CR Ceramics Gallery FP Freedom Park GR The Grille at Stonegate GTR Gator Room LB Library</p>	<p><b>Room Legend</b></p> <p>LV Lago Vista Amenity Ctr MB Marketplace Bistro MG Magnolia Room MO Mosaics MSA Mediterranean Skyline, Aegean Room MSB Mediterranean Skyline, Baltic Room MSC Mediterranean Skyline, Caspian Room PA The Palms Amenity Ctr RC Resident to Resident (R2R) Resource Ctr</p>	<p><b>Room Legend</b></p> <p>RSF Riviera Spa &amp; Fitness Center RSF2 Riviera Spa &amp; Fitness Center Second Floor Classroom SGC Stonegate Golf Club ST Starlite Ballroom STA Starlite Ballroom A STB Starlite Ballroom B STC Starlite Ballroom C VP Venezia Amenity Ctr WP Wimbledon Pavilion</p>