









## Belgrade Senior Center – MAY 2018 Menu

Meals are served at noon, 12 pm, Suggested donation for 60+ years young is \$4.00 and for those under 60 years is \$6.00

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 GYROS VEGETABLES SALAD DESSERT	2 PIZZA VEGETABLES SALAD DESSERT	3 SALISBURY STEAK POTATOES VEGETABLES SALAD DESSERT	4 <b>CINCO DE MAYO</b> ENCHILADA CASSEROLE RICE VEGETABLES SALAD DESSERT	5 
6	7 BAKED POTATO BAR VEGETABLES SALAD DESSERT	8 CHICKEN STRIPS RICE PILAF VEGETABLES SALAD DESSERT	9 BEEF POT PIE VEGETABLES SALAD DESSERT	10 BAKED CHICKEN POTATOES VEGETABLES SALAD DESSERT	11 BURGERS CHIPS VEGETABLES SALAD DESSERT	12
13 	14 <b>MOTHER'S DAY BRUNCH</b> QUICHE PIT HAM VEGETABLES SALAD DESSERT	15 <b>VOLUNTEER WORK DAY</b> SANDWICH BUFFET VEGETABLES SALAD DESSERT	16 <b>YOU ASKED FOR IT</b> BBQ RIBS POTATOES VEGETABLES SALAD DESSERT	17 MEATLOAF SMASHED POTATOES VEGETABLES SALAD DESSERT	18 CHICKEN NOODLE SOUP EGG SALAD SANDWICH SALAD DESSERT	19 
20	21 TATOR TOT CASSEROLE VEGETABLES SALAD DESSERT	22 BACON MAC & CHEESE VEGETABLES SALAD DESSERT	23 <b>BIRTHDAY CELEBRATION</b> <b>ROAST PORK</b> <b>MASHED POTATOES</b> <b>VEGETABLES</b> <b>SALAD</b> <b>BIRTHDAY CAKE</b>	24 TACO SALAD DESSERT	25 FISH & CHIPS VEGETABLES SALAD DESSERT	26
27 	28	29 SLOPPY JOES TATOR TOTS VEGETABLES SALAD DESSERT	30 HOT TURKEY SANDWICHES MASHED POTATOES VEGETABLES SALAD DESSERT	31 SPAGHETTI MEAT SAUCE VEGETABLES SALAD DESSERT		






**CALL TO SIGN UP FOR THE MOTHER' DAY BRUNCH WELL IN ADVANCE BY CALLING 388-4711**

BE SURE TO CALL BEFORE 10:30 AM TO SIGN UP FOR LUNCH

Meals on Wheels delivers to those who  
Can't joins us at the center  
Call 388-4711 for more in information

## Belgrade Senior Center MAY 2018 Activities

92 Cameron Ave  
Belgrade, MT 59714  
388-4711

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9 AM YOGA 10 AM FULL BODY 12:30 PM HAND & FOOT	2 9 AM MOVEMENT IN MOTION 9 AM NEEDLEAIRES FOOD PANTRY 1 PM MOVIE	3 8:30 AM PINOCHLE 12:45 PM BINGO BLOOD PRESSURE CHECK	4 8 AM YOGA 9AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	5 
6	7 9AM MOVEMENT IN MOTION 10 AM CRIBBAGE 12:45 PM BINGO	8 9 AM YOGA 10 AM FULL BODY <b>RED ROCKERS @            FUDRUCKERS</b> 12:30 PM HAND & FOOT	9 9 AM MOVEMENT IN MOTION 9 AM NEEDLEAIRES FOOD PANTRY 1 PM MOVIE	10 8:30 AM PINOCHLE 12:45 PM BINGO May 10 <sup>th</sup> at 4:30 pm @ Movie Lovers Theater	11 8 AM YOGA 9AM MOVEMENT IN MOTION <b>4-8 PM GAME NIGHT            &amp; POT LUCK</b>	12
	14 9AM MOVEMENT IN MOTION 10 AM CRIBBAGE 12:45 PM BINGO	15 9 AM YOGA 10 AM FULL BODY 12:30 PM HAND & FOOT	16 <b>HAPPY BIRTHDAY</b> 9 AM MOVEMENT IN MOTION 9 AM NEEDLEAIRES FOOD PANTRY 1 PM MOVIE	17 8:30 AM PINOCHLE 12:45 PM BINGO BLOOD PRESSURE CHECK <b>6 PM VOLUNTEER            APPRICIATION DINNER</b>	18 8 AM YOGA 9AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	19 
20	21 9AM MOVEMENT IN MOTION 10 AM CRIBBAGE <b>1 PM BOARD            MEETING</b>	22 9 AM YOGA 10 AM FULL BODY 12:30 PM HAND & FOOT	23 9 AM MOVEMENT IN MOTION 9 AM NEEDLEAIRES 1 PM MOVIE	24 8:30 AM PINOCHLE 12:45 PM BINGO	25 8 AM YOGA 9AM MOVEMENT IN MOTION 12:30 PM PINOCHLE	26
	28	29 9 AM YOGA 10 AM FULL BODY 12:30 PM HAND & FOOT	30 9 AM MOVEMENT IN MOTION 9 AM NEEDLEAIRES 1 PM MOVIE	31 8:30 AM PINOCHLE 12:45 PM BINGO BLOOD PRESSURE CHECK		