

AGENDA
Southeast Washington Regional FYSPRT
10/02/2025 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

Purpose- Designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.	Mission- Through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.	Vision- To bring all necessary parties together to contribute to continuous improvement to children’s behavioral health.	Ground Rules - Attendees should have a chance to speak and express their own ideas freely - Everyone has an equal opportunity to share - FYSPT encourages a variety of points of view to be put forward and discussed - Attendees should work to remain open-minded - Stay true to the FYSPT Mission and Vision - All respectful feedback is welcomed - All are welcome at FYSPT meetings
https://www.southeastfysprt.org/home.html			
Agenda Items		Discussion & Notes	
Welcome & Introductions (5 minutes) (Alyssa)		System Partner Tri-Lead- Alyssa Cruz Family Tri-Lead- Josie Garcia Convener – Salomon Carrasco Meeting minutes - Roberta Ellis Brief introductions - Please put your name, email, organization (if any) and if you are a youth, family, system partner or both in the chat. Message me with your name and email for either the Youth/Family stipend form or the Tri-Lead stipend form. These forms can also be found on the FYSPT site. Please review purpose, mission and vision as well as ground rules before the meeting begins.	
Meeting minutes		Review of meeting minutes from September Motion made by: Josie G. Seconded by: Cindy A. Did the vote carry? Yes, Unanimous	
Presentation(s)		*Jamie Ellis, Behavioral Health Advocate, ESD123: jellis@esd123.org Provided information on what region the ESD serves and what departments can provide support within schools. Many schools have Prevention and Intervention ESD staff in schools for mental health and substance use. In addition there are several programs in the community including coalitions, gang related education, school support for youth with safety concerns, programs for community and family to attend focusing on prevention and structured after school activities. ESD provides free Youth and Adult Mental Health First Aid training as well as many other trainings for the community. We will send out Jamie’s ESD presentation information and training schedule. 10/7 Human Sex Trafficking and Child Exploitation Prevention, Education & Response Strategies (Zoom): https://www.pdenroller.org/esd123/catalog/190786	

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10/21 Issues of Abuse (Zoom): <https://www.pdenroller.org/esd123/catalog/191286>
10/23 Youth Mental Health First Aid (in-person): <https://www.pdenroller.org/esd123/catalog/193005>
11/4 CARE: Compassionate Assessment and Response in Education:
<https://www.pdenroller.org/esd123/catalog/187413>
All ESD123 trainings can be found at www.esd123.org/learn

*Josie Garcia, CASP (Community Autism Support Partners): 509-792-2392 Josie created this parent support group after recognizing there was a need in the community and parent support. Every Friday evening at Pasco Library (by memorial pool) and all families are invited. 1st Friday of month is for “English speaking” and 2nd Friday is for “Spanish speaking” families, with the goal for parents to talk about what they want without pressure of agenda. 3rd Friday is “Teens and Young Adult Social Hour”- teens can connect and play games/crafts. Last Friday of month focuses on “Kids and Parents Social Hour” -games, crafts, play with other kids.

WSU WISE survey team presenting in November’s FYSPRT meeting.

FYSPRT Updates

FYSPRT Events: Attended Take Strides on 9/24/25. We handed out lock boxes, medication bags, and lots of FYSPRT swag. Below are the number of Lock boxes and med bags handed out in the month of September.

	Lock Boxes	Med Bags
Sept. 2025	11	8

Standing Items

211- Joyce: The WA211 board of directors voted earlier this year to move to a single consolidated call center model. Through an RFP and interview process, Crisis Connections, the operator of King County 2-1-1, was selected to become the single 2-1-1 call center for WA state. The system is under transition as Crisis Connections prepares to take the majority of 2-1-1 calls for the state effective 10/1, while allowing legacy call centers to continue to utilize the 2-1-1 number for existing contract work through 12/31/25. Individuals throughout WA state should still be able to call into 2-1-1 to receive Basic Food application assistance, eligibility screening, and assistance.

MCOs- n/a

Alyssa- open house coming up, you are all invited

SPARK- hybrid youth class for peer support specialist this winter, stay tuned for dates. SPARK will connect with Josie for future support and networking with CASP.

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	Jose is interested in the youth Tri Lead position with FYSPRT. Alyssa will send him information and Salomon to follow up. YARP: Tabling events coming up, taking referrals Charlie Health: Now support eating disorders and Emily is the dietitian Schools/ESD: Ongoing classes DSHS/DCYF/DDA: N/A Other: Cindy A.- Day 4 of retirement and providing positive feedback to all
FYSPRT Evaluation Survey	All Members – Please complete during meeting if possible https://www.surveymonkey.com/r/DJLWGX6
Closing Announcements	Southeast FSYPRRT Continues to look for a Youth Tri-Lead and opportunities for events in the following counties: Asotin, Columbia, Garfield, Kittitas, and Whitman.
Regional FYSPRT meeting dates 	Thursday, October 2, 2025, 3:30-5pm Meeting ID: 893 4070 2913 Passcode: 114818 https://us06web.zoom.us/j/89340702913?pwd=aacacgy9rf95HQJP3Eu6tFNP0cGhmz.1&from=addon
State FYSPRT meeting dates/Updates	Tuesday October 7, 2025 via zoom from 3 p.m. - 5 p.m All are welcome to attend the State FYSPRT meetings! https://us02web.zoom.us/j/86733013495 or call in 1-253-215-8782, Meeting ID: 867 3301 3495
Work Plan	Goal 1: Have adequate representation of youth and family partners on the Regional FYSPRT. Goal 2: Decrease stigma surrounding behavioral health and obtaining behavioral health care in our Region Goal 3: Prioritize a spending budget each quarter for items such as medication bags, lock boxes, gun safes to promote safety and awareness. Goal 4: Continue to Provide outreach to our Bi-POC and LGBTQIA+ communities to participate in the Regional FYSPRT and provide information and education to FYSPRT members on inclusion and support for those in the Bi-POC and LGBTQIA+ communities