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INSTRUCTIONS FOR PATIENTS HAVING PORCELAIN LAMINATE VENEERS -- LUMINEERS

1. Porcelain Laminate Veneers are very thin Porcelain covers designed to bond (adhere) to the front surface of teeth. Typically, they overlap the biting edge onto the backside of the teeth.
2. They are constructed for the following Dental Conditions:
 - (1) Fractured / Broken Natural Teeth
 - (2) Discolored Natural Teeth
 - (3) Natural teeth that are in poor esthetic position
3. The front surface of the Natural Teeth may be adjusted. Then accurate impressions and bite registration are taken.
4. If Adjustment to the tooth surface is necessary, only a thin amount of the Enamel (outer surface of the tooth) is reduced and there is usually no need for Anesthetic or Temporary Covers. There will be a slight visible change in the esthetic appearance of the tooth or teeth.
5. **You should be a meticulous maintainer (Brush and Floss) after the first appointment to remove any debris and keep the teeth and gums healthy.**
6. The second appointment (Laminate Placement) is usually a longer, but not uncomfortable appointment.
7. The teeth are cleaned and the Porcelain Laminate Veneers are adjusted and bonded onto the teeth.
8. There is typically no pain associated with any of these appointments and if requested, a short lasting local anesthetic may be used.
9. A short third appointment, within 1 week, is for "fine-tuning" adjustments to the bite and finish. Please call us if you require any additional adjustments.
10. Once the Veneers are bonded, the teeth should be routinely professionally cleaned, along with good home care.
11. A Soft Bite Guard is usually constructed to help protect your new Laminate Veneers.
12. Care must be used as to not accidentally bite into hard foods such as: Chicken Bones, Ribs, Pits in Fruit, etc. Also, do not bite on pens, pencils, ice or your fingernails.
13. Fracture / Breakage of any Porcelain in the mouth is always possible (similar to tooth fracture or breakage), but is not common.
14. Once the Laminates are bonded into place, they are on very tight and cannot be removed easily, except for grinding them off.
15. After Placement -- If you plan on Driving home, for safety sake, please do not constantly look in the mirror at your new smile!