

Both / And
vs.
Either / Or

Both / and
incorporates and includes;
either / or
isolates and excludes.
Both / and
enriches and empowers;
either / or
impoverishes and enervates.
Both / and
is conciliatory and irenic;
either / or
is antagonistic and pugnacious.

Both / and
is respectful and welcoming;
either / or
is abrasive and inhospitable.
Both / and
is creative and fertile;
either / or
is stagnant and unproductive.
Both / and
is resilient and expansive;
either / or
is unyielding and constricted.

Either / or
will seek out
facile solutions;
both / and
will discern and study
complexity.
Either / or
will concentrate on
and demonize the negative;
both / and
will search for
and honor the positive.
Either / or
will fortify itself
by its intransigence;
both / and
is prepared to suffer
because of its tolerance.

Both / and
will form partners
in dialogue;
either / or
will create opponents
in combat.

When conflicts arise,
therefore,
do not recede
into the fortress of
either / or
but rather go out
into the plain of
both / and.