



Denver Police Department Newsletter

October 2019

FROM CHIEF PAZEN:

In this newsletter, you will see that this month we not only promoted 17 officers to the ranks of Lieutenant and Sergeant, but that we also added 48 new officers to our department. I recognize the effort both these groups put forth to achieve their new jobs and I commend them for their service to others over self.

I also recognize the impact these additions have on the department as a whole. I not only encourage those new to their roles to serve with empathy and duty, but also those who will work directly with our newly promoted command staff and officers to give them our support as together, we continue moving our department forward.

Be safe and take care of one another.

FOR YOUR BENEFIT:



Do you have an “Action Addiction”? Do you feel uncomfortable with stillness in your life? Oftentimes we feel if we are not stressed, overworked, and overwhelmed that we aren’t doing enough. We don’t have to be “on” all the time. We must make the time for “Slow Living”, by taking time to pause, breathe, think, and recover so we can show up recharged. When we recover, we arrive with more presence, creativity, and energy.

Time is finite, but energy needs to be replenished. Prioritize yourself and allow time to disconnect from stress. Time and health are our two most precious assets that often go unrecognized or unappreciated until depleted. Don’t wait until your tank is on empty - fill up your mind, body, and brain with positive energy to enhance your resiliency. And remember, “It is not about what we can do, it is about what we can recover from.” – Matt Wennig.

OFFICERS BEING AWESOME:

On Oct. 18, the Denver Police Department promoted 17 officers – five to the rank of lieutenant and 12 to the rank of sergeant. Congratulations to the following officers on this achievement and wish them much success in their new roles:

Lieutenants David Timmerman, Aaron Rebeterano, Kim Lovato, Julie Wheaton, Sam Stigler
Sergeants Daniel Politica, Clifford Barnes, Christopher Blanchard, Lane Gardner, Sherikera Heflin Herrera, Jeff Carrigan, John Nelson, G. Scott Riggs, Jeffrey A. Heinis, Carlos Castillo, Matthew Mallo, Stacy Schantz



Also, on Oct. 18, our Department welcomed 48 new police recruits to our team. Welcome to the family and be safe out there!



UPCOMING EVENTS:

~ **DPD sponsored Halloween Parties** - Oct. 31 (except D3, which was Oct. 28) - contact CRO for specific district details

~ **DPD Employee Appreciation Luncheon - Sponsored by the Denver Police Foundation and Occasions Catering**
Nov. 6, 11:00 a.m. - 2:00 p.m. at the Mile High Station at 2027 West Colfax Ave