

Fargo South v Bismarck v Bismarck Legacy - 9/30/2022

Results

Event 1 Women 200 Yard Medley Relay

Pool-South: 1:54.57 P 9/16/2005 Williston High School

B Bolinske, C Gormally, A Maxwell, A Weisz

Team-South: 1:52.19 T 10/27/2001 Fargo South High School

H Harris, E Wessman, B Anderson, L Watkins

<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Legacy High School	A	2:00.91	2:06.08	
1) Blikre, Tova 10	2) Gruman, Katie 11	3) Steele, Brinley 7	4) McKenzie, Emma 12	
34.13 33.69 29.85	28.41			
2 Fargo South High School	A	2:00.29	2:08.83	
1) Becker, Nora 11	2) Mehl, Bethany 8	3) Martin, Sierra 12	4) Becker, Elsie 9	
39.40 30.02 30.51	28.90			
3 Legacy High School	B	2:15.00	2:12.50	
1) Schick, Jillian 10	2) Zimmer, Jewel 11	3) Ellefson, Elizabeth 10	4) Lacher, Ellie 7	
34.47 37.15 31.08	29.80			
4 Legacy High School	C	NT	x2:20.50	
1) Bergrud, Samantha 12	2) Freborg, Piper 9	3) Brousseau, Avery 11	4) Kobes, Olivia 8	
35.45 37.00 35.29	32.76			
--- Legacy High School	D	NT	X2:37.59	
1) Koppang, Lily 8	2) McKenzie, Kadee 9	3) Noonan, Morgan 8	4) Fischer, Belle 7	
36.65 41.16 40.63	39.15			
--- Bismarck High School	D	NT	X2:48.51	
1) Bondley, Brooke 11	2) Geerdes, Olyvia 8	3) Anderson, Cambree 8	4) Klautdt, Jorja 8	
42.93 41.86 52.89	30.83			
--- Bismarck High School	B	NT	DQ	
1) Geerdes, Addy 11	2) Traynor, Nora 8	3) Jahner, Jocelyn 9	4) Kummer, Riley 10	
36.08	32.45			
--- Bismarck High School	C	NT	DQ	
1) Kemmer, Jordyn 12	2) Sikes, Elizabeth 9	3) Hintz, Kallen 10	4) Koch, Addi 10	
40.09 45.71 44.66	28.27			
--- Fargo South High School	C	2:32.33	DQ	
1) Sivers, Samantha 7	2) Lee, Vivienne 7	3) Guttormson, Abby 11	4) Martin, Ava 10	
43.72 56.88 35.74	36.61			
--- Fargo South High School	B	2:18.32	DQ	
1) Mahli, Katherine 8	2) Miller, Hannah 10	3) Owens, Ava 11	4) Miller, Ava 8	
38.40 44.37 31.98	32.10			
--- Bismarck High School	A	2:04.06	DQ	
1) Traynor, Keelin 11	2) VerDouw, Madeline 8	3) Forde, Isabelle 12	4) Duckwitz, Anna 11	
35.49 32.89 28.64	27.46			

Event 2 Women 200 Yard Freestyle

Pool-South: 1:57.01 P 9/20/2001 Heather Harris

Fargo South

Team-South: 1:51.78 T 1999 Heather Harris

Fargo South

2:11.19 Q State Qualifying

<u>Name</u>	<u>Yr</u>	<u>School</u>	<u>Seed Time</u>	<u>Finals Time</u>	<u>Points</u>
1 Blikre, Tova	10	Legacy High School	2:05.46	2:08.02	Q
29.24 32.17 33.47	33.14				
2 Hochhalter, Lilyana	7	Legacy High School	2:13.85	2:12.43	
29.92 33.31 35.28	33.92				
3 Ellefson, Elizabeth	10	Legacy High School	2:15.00	2:15.63	
31.34 34.36 35.31	34.62				
4 Sharbono, Abigail	11	Fargo South High School	2:19.60	2:16.25	
30.43 33.81 35.82	36.19				
5 Sease, Kya	11	Bismarck High School	2:26.66	2:20.50	
31.84 35.79 37.01	35.86				

Fargo South v Bismarck v Bismarck Legacy - 9/30/2022

Results

(Event 2 Women 200 Yard Freestyle)

	Name	Yr	School	Seed Time	Finals Time	Points
6	Schmitz, Hailey	11	Fargo South High School	2:28.64	2:20.96	
	32.83 36.47 36.60		35.06			
7	Komrosky, Audrey	10	Fargo South High School	2:24.10	2:26.21	
	32.06 36.79 39.45		37.91			
8	Kerzman, Lizzy	10	Bismarck High School	2:38.83	2:36.84	
	34.90 38.48 39.23		44.23			
9	Traynor, Nora	8	Bismarck High School	2:39.72	2:43.85	
	35.97 40.35 43.44		44.09			
---	Schick, Grace	11	Legacy High School	2:20.00	X2:22.77	
	31.78 35.57 37.52		37.90			
---	Brousseau, Avery	11	Legacy High School	2:25.00	X2:23.14	
	32.94 36.52 37.38		36.30			
---	Bourke, Ella	9	Fargo South High School	2:31.81	X2:29.31	
	33.20 37.77 40.32		38.02			
---	Kvas, Mia	7	Legacy High School	2:31.59	X2:31.01	
	34.12 38.70 40.41		37.78			
---	Sutheimer, Brynlee	7	Legacy High School	2:35.72	X2:35.32	
	1:19.94					
---	Hoss, Madelyn	12	Fargo South High School	2:44.30	X2:38.84	
	36.30 40.43 42.02		40.09			
---	Fehr, Catherine	12	Fargo South High School	2:53.28	X2:55.19	
	36.78 43.25 47.17		47.99			

Event 3 Women 200 Yard IM

Pool-South: 2:08.07 P 9/12/2006 Hannah Whitehead

GF Central

Team-South: 2:15.09 T 1997 Heather Harris

Fargo South

2:30.27 Q State Qualifying

	Name	Yr	School	Seed Time	Finals Time	Points
1	VerDouw, Madeline	8	Bismarck High School	2:23.98	2:26.46	Q
	34.23 38.49 40.22		33.52			
2	Martin, Sierra	12	Fargo South High School	2:34.82	2:34.70	
	32.59 42.71 46.79		32.61			
3	Schick, Jillian	10	Legacy High School	2:34.95	2:36.07	
	33.92 38.65 48.90		34.60			
4	Gruman, Katie	11	Legacy High School	2:34.92	2:41.84	
	35.77 44.41 44.64		37.02			
5	Zimmer, Jewel	11	Legacy High School	2:41.11	2:43.22	
	36.69 42.96 46.74		36.83			
6	Becker, Elsie	9	Fargo South High School	2:53.19	2:44.74	
	35.64 41.82 50.20		37.08			
7	Duckwitz, Anna	11	Bismarck High School	2:49.00	2:45.42	
	35.80 42.42 49.59		37.61			
8	Vatnsdal, Aubrey	8	Bismarck High School	3:02.89	3:00.87	
	43.17 46.24 52.36		39.10			
---	Noonan, Morgan	8	Legacy High School	3:11.72	X3:11.89	
	43.56 43.82 1:03.46		41.05			
---	Klaudt, Jorja	8	Bismarck High School	NT	X3:50.59	
	55.56 57.62 1:09.47		47.94			
---	Sikes, Elizabeth	9	Bismarck High School	NT	XDQ	
	43.45 50.07 57.81		43.34			
---	Hintz, Kallen	10	Bismarck High School	NT	XDQ	
	43.42 51.84 57.78		45.63			
---	Koppang, Lily	8	Legacy High School	NT	XDQ	
	38.45 43.31 53.32		43.74			

Fargo South v Bismarck v Bismarck Legacy - 9/30/2022

Results

Event 4 Women 50 Yard Freestyle

Pool-South: 24.71 P 9/26/2009 Lexie Halberstadt

Shanley

Team-South: 24.73 T 2007 Jesica Tauber

Fargo South

27.48 Q State Qualifying

Name	Yr	School	Seed Time	Finals Time	Points
1 Erickson, Abby	10	Legacy High School	25.50	25.82	Q
2 Donat, McKayla	12	Legacy High School	26.11	26.70	Q
3 Forde, Isabelle	12	Bismarck High School	26.67	27.30	Q
4 Mehl, Bethany	8	Fargo South High School	28.85	28.05	
5 Upgren, Grace	7	Legacy High School	28.24	28.47	
6 Owens, Ava	11	Fargo South High School	30.28	29.48	
7 Geerdes, Addy	11	Bismarck High School	30.44	30.50	
8 Koch, Addi	10	Bismarck High School	31.60	31.08	
9 Guttormson, Abby	11	Fargo South High School	32.30	32.37	
--- Bergrud, Samantha	12	Legacy High School	30.52	X31.35	
--- McKenzie, Kadee	9	Legacy High School	30.13	X31.39	
--- Fiedler, Avery	9	Legacy High School	33.13	X31.93	
--- Brendel, Ashlyn	8	Legacy High School	33.13	X32.08	
--- Betsill, Jerni	10	Bismarck High School	34.65	X32.93	
--- Kobes, Olivia	8	Legacy High School	32.74	X33.27	
--- Kemmer, Jordyn	12	Bismarck High School	33.46	X33.60	
--- Geerdes, Olyvia	8	Bismarck High School	35.00	X33.90	
--- Sivers, Kylee	9	Fargo South High School	33.17	X34.22	
--- Bondley, Brooke	11	Bismarck High School	37.05	X34.98	
--- Martin, Ava	10	Fargo South High School	36.72	X36.90	
--- Fischer, Belle	7	Legacy High School	40.27	X37.56	
--- Munns, Kadence	7	Fargo South High School	39.02	X37.63	
--- Sivers, Samantha	7	Fargo South High School	40.38	X38.33	
--- Lee, Vivienne	7	Fargo South High School	44.79	X41.04	
--- Eagle, Nico	7	Fargo South High School	48.98	X46.25	
--- Anderson, Cambree	8	Bismarck High School	34.92	XDQ	

Event 5 Women 1 mtr Diving

Pool-South: 377.15 P 9/26/2009 Mairin Jameson

Shanley

Team-South: 261.80 T 1997 Crystal Cummings

Fargo South

Name	Yr	School	Finals Score	Points
1 Larson, Camie	11	Legacy High School	159.35	102.80
2 Lacher, Ellie	7	Legacy High School	107.55	99.70
3 Brousseau, Emersen	9	Legacy High School	120.85	98.85

Event 6 Women 100 Yard Butterfly

Pool-South: 57.96 P 9/26/2009 Lexie Halberstadt

Shanley

Team-South: 59.65 T 11/12/2011 Madeline Smith

Fargo South

1:08.98 Q State Qualifying

Name	Yr	School	Seed Time	Finals Time	Points
1 Mehl, Bethany	8	Fargo South High School	1:08.07	1:06.96	Q
32.15 34.81					
2 Steele, Brinley	7	Legacy High School	1:07.44	1:07.83	Q
31.34 36.49					
3 Forde, Isabelle	12	Bismarck High School	1:10.00	1:08.12	Q
31.88 36.24					
4 Ellefson, Elizabeth	10	Legacy High School	1:10.00	1:10.04	
32.27 37.77					

Fargo South v Bismarck v Bismarck Legacy - 9/30/2022**Results****(Event 6 Women 100 Yard Butterfly)**

	Name	Yr	School	Seed Time	Finals Time	Points
5	Sharbono, Abigail 33.58 39.76	11	Fargo South High School	NT	1:13.34	
6	McKenzie, Emma 34.61 40.17	12	Legacy High School	1:12.00	1:14.78	
7	Jahner, Jocelyn 36.56 42.09	9	Bismarck High School	1:19.77	1:18.65	
8	Becker, Nora 37.94 43.36	11	Fargo South High School	NT	1:21.30	
9	Sikes, Elizabeth 42.58 51.54	9	Bismarck High School	1:37.66	1:34.12	
---	Sutheimer, Brynlee 38.12 42.46	7	Legacy High School	1:18.69	X1:20.58	
---	Freborg, Piper 37.04 47.91	9	Legacy High School	1:32.40	X1:24.95	
---	Mahli, Katherine 41.53 50.30	8	Fargo South High School	NT	X1:31.83	
---	Kvas, Mia 40.65 52.86	7	Legacy High School	NT	X1:33.51	
---	Fiedler, Avery 39.79 45.52	9	Legacy High School	NT	XDQ	

Event 7 Women 100 Yard Freestyle

Pool-South: 52.52 P 9/21/2018 Gracie Lingle Fargo Davies
Team-South: 51.75 T 1999 Heather Harris Fargo South
1:00.59 Q State Qualifying

	Name	Yr	School	Seed Time	Finals Time	Points
1	Erickson, Abby 26.85 29.86	10	Legacy High School	55.05	56.71	Q
2	Sease, Kya 30.03 33.90	11	Bismarck High School	1:03.87	1:03.93	
3	Schmitz, Hailey 30.73 33.33	11	Fargo South High School	1:04.77	1:04.06	
4	Schick, Grace 31.13 33.31	11	Legacy High School	1:05.00	1:04.44	
5	Upgren, Grace 30.99 33.84	7	Legacy High School	1:04.68	1:04.83	
6	Owens, Ava 31.00 35.60	11	Fargo South High School	1:11.05	1:06.60	
7	Kerzman, Lizzy 33.72 37.23	10	Bismarck High School	1:12.63	1:10.95	
8	Kummer, Riley 34.57 38.83	10	Bismarck High School	1:13.95	1:13.40	
9	Hoss, Madelyn 36.21 38.45	12	Fargo South High School	1:15.48	1:14.66	
---	Brousseau, Avery 32.30 35.04	11	Legacy High School	1:08.00	X1:07.34	
---	Brendel, Ashlyn 33.96 36.18	8	Legacy High School	1:15.00	X1:10.14	
---	Miller, Ava 33.40 38.82	8	Fargo South High School	1:16.29	X1:12.22	
---	Fehr, Catherine 34.06 38.72	12	Fargo South High School	1:16.85	X1:12.78	
---	Miller, Hannah 35.32 38.02	10	Fargo South High School	1:19.02	X1:13.34	

Fargo South v Bismarck v Bismarck Legacy - 9/30/2022**Results****(Event 7 Women 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Finals Time	Points
--- Geerdes, Olyvia 37.47 38.25	8	Bismarck High School	1:18.24	X1:15.72	
--- Noonan, Morgan 37.70 38.91	8	Legacy High School	1:13.60	X1:16.61	
--- Wiedmeier, Erin 36.84 40.01	8	Legacy High School	1:23.31	X1:16.85	
--- Sivers, Kylee 38.60 40.40	9	Fargo South High School	1:19.31	X1:19.00	
--- Anderson, Cambree 38.33 43.03	8	Bismarck High School	1:19.98	X1:21.36	
--- Martin, Ava 40.03 44.31	10	Fargo South High School	1:22.26	X1:24.34	
--- Sivers, Samantha 46.06 46.74	7	Fargo South High School	1:40.62	X1:32.80	

Event 8 Women 500 Yard Freestyle

Pool-South: 5:17.92 P 10/2/2009 Lexie Halberstadt

Shanley

Team-South: 5:06.50 T 10/26/2001 Heather Harris

Fargo South

5:59.70 Q State Qualifying

Name	Yr	School	Seed Time	Finals Time	Points
1 VerDouw, Madeline 30.58 34.79 34.95 34.98 35.11 35.65 35.43 35.13 33.93	8	Bismarck High School	5:42.39 35.78	5:46.33	Q
2 Schick, Jillian 31.98 36.13 36.56 36.81 36.58 36.77 36.51 35.16 35.38	10	Legacy High School	5:59.00 35.97	5:57.85	Q
3 Hochhalter, Lilyana 31.85 36.69 36.84 37.09 36.74 36.95 37.28 37.03 34.54	7	Legacy High School	6:07.73 37.30	6:02.31	
4 Martin, Sierra 32.18 36.69 37.83 34.64	12	Fargo South High School	6:02.00	6:06.82	
5 Zimmer, Jewel 33.61 37.23 37.93 37.31 37.36 37.71 37.95 36.77 35.90	11	Legacy High School	6:09.00 37.44	6:09.21	
6 Traynor, Keelin 32.65 36.53 37.17 38.26 39.09 39.12 39.77 40.92 38.29	11	Bismarck High School	6:20.99 40.48	6:22.28	
7 Komrosky, Audrey 33.47 38.51 39.92 40.54 40.50 41.47 41.53 41.37 37.90	10	Fargo South High School	6:49.59 41.90	6:37.11	
8 Vatnsdal, Aubrey 37.17 41.48 42.51 42.94 42.06 42.11 41.61 41.34 37.38	8	Bismarck High School	6:48.17 40.84	6:49.44	
9 Guttormson, Abby 36.97 41.12 42.35 42.60 43.38 43.63 43.27 1:24.62	11	Fargo South High School	NT 43.99	7:01.93	
--- Bergrud, Samantha 34.73 38.37 38.66 39.15 38.46 39.06 38.43 37.97 37.86	12	Legacy High School	6:40.00 37.50	X6:20.19	
--- McKenzie, Kadee 36.00 40.92 42.10 42.62 43.38 42.03 42.52 42.34 37.67	9	Legacy High School	7:08.75 42.66	X6:52.24	

Fargo South v Bismarck v Bismarck Legacy - 9/30/2022

Results

(Event 8 Women 500 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
--- Hintz, Kallen	10	Bismarck High School	NT	X8:01.19	
41.72 44.82 48.25	49.11	50.89 50.20	50.06 51.19		
1:34.95					

Event 9 Women 200 Yard Freestyle Relay

Pool-South: 1:43.05 P 10/2/2009 Century High School
C Walth, L Engberg, J Fallgatter, K Kemmesat

Team-South: 1:43.78 T 10/16/2007 Fargo South High School
J Fellbaum, R Erickson, N Koehn, J Tauber

Team	Relay	Seed Time	Finals Time	Points
1 Legacy High School	A	1:46.00	1:47.91	
1) Donat, McKayla 12	2) Hochhalter, Lilyana 7	3) Steele, Brinley 7	4) Erickson, Abby 10	
26.91 27.63 27.42	25.95			
2 Fargo South High School	A	1:47.86	1:57.04	
1) Becker, Nora 11	2) Komrosky, Audrey 10	3) Schmitz, Hailey 11	4) Sharbono, Abigail 11	
30.34 29.16 29.65	27.89			
3 Legacy High School	B	1:53.56	1:58.33	
1) Gruman, Katie 11	2) Uppgren, Grace 7	3) McKenzie, Emma 12	4) Lacher, Ellie 7	
30.21 29.36 28.96	29.80			
4 Legacy High School	C	1:58.76	x2:04.51	
1) Schick, Grace 11	2) Sutheimer, Brynlee 7	3) Kvas, Mia 7	4) Brousseau, Avery 11	
30.10 30.69 31.95	31.77			
5 Fargo South High School	B	2:03.60	2:06.73	
1) Fehr, Catherine 12	2) Miller, Hannah 10	3) Mahli, Katherine 8	4) Bourke, Ella 9	
32.27 32.55 31.12	30.79			
6 Bismarck High School	B	2:09.94	2:10.52	
1) Kummer, Riley 10	2) Kerzman, Lizzy 10	3) Traynor, Nora 8	4) Vatnsdal, Aubrey 8	
34.17 32.64 1:03.71				
7 Fargo South High School	C	2:11.97	x2:14.63	
1) Miller, Ava 8	2) Hoss, Madelyn 12	3) Sivers, Kylee 9	4) Guttormson, Abby 11	
32.50 34.20 33.61	34.32			
--- Legacy High School	D	2:07.62	X2:07.67	
1) McKenzie, Kadee 9	2) Freborg, Piper 9	3) Kobes, Olivia 8	4) Fiedler, Avery 9	
31.62 31.10 32.82	32.13			
--- Legacy High School	E	2:20.13	X2:22.03	
1) Brendel, Ashlyn 8	2) Wiedmeier, Erin 8	3) Noonan, Morgan 8	4) Fischer, Belle 7	
38.16 29.48 38.68	35.71			
--- Fargo South High School	D	2:26.53	X2:49.17	
1) Sivers, Samantha 7	2) Munns, Kadence 7	3) Lee, Vivienne 7	4) Eagle, Nico 7	
40.60 40.58 41.00	46.99			
--- Bismarck High School	C	2:17.57	DQ	
1) Betsill, Jerni 10	2) Sikes, Elizabeth 9	3) Kemmer, Jordyn 12	4) Anderson, Cambree 8	
33.92 33.50 34.03	33.91			
--- Bismarck High School	A	1:51.40	DQ	
1) Forde, Isabelle 12	2) Duckwitz, Anna 11	3) Sease, Kya 11	4) Jahner, Jocelyn 9	
27.33 29.20 30.24	27.17			

Event 10 Women 100 Yard Backstroke

Pool-South: 58.70 P 10/25/2005 Kelsey Schoonhoven

Team-South: 59.91 T 10/27/2001 Heather Harris

West Fargo
Fargo South

1:09.24 Q State Qualifying

Name	Yr	School	Seed Time	Finals Time	Points
1 Donat, McKayla	12	Legacy High School	1:03.75	1:03.48	Q
31.07 32.41					

Fargo South v Bismarck v Bismarck Legacy - 9/30/2022**Results****(Event 10 Women 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Finals Time	Points
2 Blikre, Tova 31.60 32.53	10	Legacy High School	1:03.14	1:04.13	Q
3 Steele, Brinley 34.05 35.08	7	Legacy High School	1:07.44	1:09.13	Q
4 Geerdes, Addy 37.43 39.30	11	Bismarck High School	1:16.88	1:16.73	
5 Becker, Elsie 38.27 39.65	9	Fargo South High School	1:20.27	1:17.92	
6 Koch, Addi 37.48 42.34	10	Bismarck High School	1:21.70	1:19.82	
7 Jahner, Jocelyn 39.99 41.25	9	Bismarck High School	1:21.02	1:21.24	
--- Kobes, Olivia 38.72 41.55	8	Legacy High School	1:22.34	X1:20.27	
--- Kemmer, Jordyn	12	Bismarck High School	1:29.34	X1:32.49	
--- Betsill, Jerni	10	Bismarck High School	1:33.67	X1:33.16	
--- Bondley, Brooke 45.03 51.41	11	Bismarck High School	1:35.31	X1:36.44	
--- Klaudt, Jorja	8	Bismarck High School	1:54.26	X1:46.06	
--- Koppang, Lily	8	Legacy High School	1:25.14	XDQ	
--- Lacher, Ellie 37.59 40.33	7	Legacy High School	NT	XDQ	
--- Fischer, Belle 50.59 51.78	7	Legacy High School	NT	XDQ	

Event 11 Women 100 Yard Breaststroke

Pool-South: 1:07.72 P 9/27/2007 Ashley Reiter

West Fargo

Team-South: 1:09.21 T 11/12/2011 Laura Schott

Fargo South

1:18.65 Q State Qualifying

Name	Yr	School	Seed Time	Finals Time	Points
1 Traynor, Keelin	11	Bismarck High School	1:19.42	1:19.69	
2 Gruman, Katie	11	Legacy High School	1:18.09	1:19.83	
3 McKenzie, Emma	12	Legacy High School	1:20.00	1:21.67	
4 Freborg, Piper	9	Legacy High School	1:26.03	1:24.39	
5 Becker, Nora	11	Fargo South High School	1:29.05	1:25.84	
6 Duckwitz, Anna	11	Bismarck High School	1:22.70	1:26.08	
7 Traynor, Nora 42.61 47.47	8	Bismarck High School	1:31.41	1:30.08	
8 Miller, Ava 44.30 47.95	8	Fargo South High School	1:35.25	1:32.25	
9 Miller, Hannah 46.00 51.76	10	Fargo South High School	1:40.48	1:37.76	
--- Wiedmeier, Erin 46.04 50.11	8	Legacy High School	1:38.42	X1:36.15	
--- Bourke, Ella 45.81 51.02	9	Fargo South High School	1:41.29	X1:36.83	
--- Mahli, Katherine 49.11 50.06	8	Fargo South High School	1:45.18	X1:39.17	

Fargo South v Bismarck v Bismarck Legacy - 9/30/2022

Results

Event 12 Women 400 Yard Freestyle Relay

Pool-South: 3:45.46 P 10/27/2001 Fargo South High School

J Buskohl, L Watkins, C Burd, H Harris

Team-South: 3:40.01 T 10/27/2001 Fargo South High School

C Burd, J Buskohl, H Harris, L Watkins

Team	Relay	Seed Time	Finals Time	Points
1 Fargo South High School	A	4:09.20	4:09.36	
1) Mehl, Bethany 8	2) Schmitz, Hailey 11	3) Sharbono, Abigail 11	4) Martin, Sierra 12	
29.51 1:01.12 29.71	1:03.19 29.04 1:02.19	29.67 1:02.86		
2 Bismarck High School	A	4:06.17	4:16.08	
1) VerDouw, Madeline 8	2) Traynor, Keelin 11	3) Sease, Kya 11	4) Geerdes, Addy 11	
29.04 1:00.06 31.23	1:05.17 30.17 1:04.19	31.45 1:06.66		
3 Fargo South High School	B	4:32.65	4:32.17	
1) Komrosky, Audrey 10	2) Owens, Ava 11	3) Bourke, Ella 9	4) Becker, Elsie 9	
31.73 1:07.29 31.17		25.35 1:00.00		
4 Bismarck High School	B	4:54.04	4:54.86	
1) Vatnsdal, Aubrey 8	2) Koch, Addi 10	3) Kummer, Riley 10	4) Kerzman, Lizzy 10	
36.02 1:15.00 33.40	1:12.76 35.64 1:15.98	34.33 1:11.12		
5 Fargo South High School	C	5:17.57	x5:14.14	
1) Sivers, Kylee 9	2) Hoss, Madelyn 12	3) Martin, Ava 10	4) Fehr, Catherine 12	
39.20 1:19.48 36.54	1:16.02 39.05 1:24.77	32.82 1:13.87		
--- Legacy High School	A	3:52.00	X3:59.16	
1) Donat, McKayla 12	2) Hochhalter, Lilyana 7	3) Blikre, Tova 10	4) Erickson, Abby 10	
29.45 1:00.29 29.73	1:01.76 28.37 59.87	26.77 57.24		
--- Legacy High School	B	4:12.27	X4:22.78	
1) Schick, Jillian 10	2) Ellefson, Elizabeth 10	3) Uppgren, Grace 7	4) Zimmer, Jewel 11	
31.03 1:04.94 30.96	1:03.90 32.65 1:07.87	31.41 1:06.07		
--- Legacy High School	C	4:25.47	X4:42.39	
1) Schick, Grace 11	2) Bergrud, Samantha 12	3) Sutheimer, Brynlee 7	4) Kvas, Mia 7	
31.89 1:05.81 34.84	1:13.91 34.20 1:11.81	34.51 1:10.86		
--- Legacy High School	D	5:01.54	X5:00.64	
1) Koppang, Lily 8	2) Wiedmeier, Erin 8	3) Fiedler, Avery 9	4) Brendel, Ashlyn 8	
1:16.75 38.21 1:18.94	35.17 1:13.58	33.89 1:11.37		
--- Bismarck High School	C	5:29.94	DQ	
1) Geerdes, Olyvia 8	2) Hintz, Kallen 10	3) Klaudt, Jorja 8	4) Bondley, Brooke 11	
1:17.56 36.86 1:18.22	42.95 1:29.96	39.11 1:21.35		