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"Twinkle" (orange apron) the artist and family - See more photos on page 4

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Ontario Proof of Vaccine Policy



As of, September 22, proof of vaccination will be required to enter the following Town facilities:

- Iroquois Park Sports Centre
- Brooklin Community Centre (excluding the Brooklin Branch of the Public Library)
- McKinney Centre
- Luther Vipond Arena
- Whitby Civic Recreation Complex
- Whitby 55+ Centre

All patrons 12 years and older must be fully vaccinated. This does not apply to youth 12 to 17 years old who are actively participating in organized sport (training, practices, games and competitions). Proof of ID showing name and age may be required.



Regional Councillor
Rhonda Mulcahy
mulcahyr@whitby.ca
905-706-0482



North Ward Councillor
Steve Lee
lees@whitby.ca
905-706-0214



Regional Councillor
Elizabeth Roy
roye@whitby.ca
905-706-2001

www.whitby.ca/covid

Less than half the picture by Richard Bercuson



Was that fun, or what?

Once upon a time, in a community far far away, my MP was a fellow named Trudeau. Not this one. That one.

I was too young to vote for him till a few years later, but I knew Pierre Elliott was an exciting chap because Mom said so. Which was because she once met him outside our town hall and kissed him. We have the newspaper photo to prove it. (She didn't like Robert Stanfield because of his face. Reason enough.)

Those were exciting days. I've no clue what P.E.T. did for the riding, if anything. During the 1970 October Crisis - look it up as it actually happened - military vehicles

rumbled through our streets and soldiers guarded prominent folks because the community was home to a bunch of them. The father of my brother's friend was one, a Quebec cabinet minister.

So, P.E.T. arranged that for the riding which made everyone feel safe. Since then, while I still feel safe, I'm nearly certain it isn't because of who wins the seat in my riding. Those poor dears mostly win because of the national party leader, not because they knocked on more doors, gave away candy, or promised federal gifts that will make our lives infinitely better.

Then there's the issue of beating an incumbent, whether it be the leader

or the holder (sitter?) of the seat. In Whitby, considered up for grabs leading to election day, it was going to be Ryan Turnbull, incumbent, versus Maleeha Shahid, Whitby Ward 4 councillor. Poor Brian Dias, NDP, never stood a chance probably because Jagmeet Singh didn't. Either that or no one much likes orange signs. This left Shahid with the unenviable task of knocking the Liberal off the pedestal even though one could posit an argument that, as a local councillor, she might have a better handle on Whitby's needs.

Frankly, I was disappointed the Rhinoceros Party didn't run a candidate here. They were prepared to open tax havens in each province and replace teachers on leave with photos of famous scientists. Novel ideas, eh?

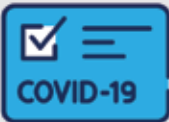
There was little compelling or inter-

esting about this election, save for the gravel throwing incident. We voted in the advance polls on the assumption that a) nothing of any real interest, short of an American invasion of Kingston, would occur in the next week to suggest we change our vote to whoever could defend that city best, and b) shorter line-ups. Voting on election day, which used to carry a tinge of excitement, has long since lost its lustre. Especially this time.

Which brings us to the 2022 provincial and municipal elections whose results will most assuredly affect our daily existence. Incumbents' actions will not be opaque. It will be so much more fun to ask candidates: What have you done for me lately and what will you do?

Now back to our regularly scheduled programming...

What You Need To Know This Week:



As part of Ontario's Proof of Vaccination Policy residents 12 years and older are now required to show proof of vaccination to enter the following Town recreation facilities:

- Brooklin Community Centre (excluding the Brooklin Branch of the Public Library)
- Iroquois Park Sports Centre
- Luther Vipond Arena
- McKinney Centre
- Whitby Civic Recreation Complex
- Whitby 55+ Centre

The provincial policy does not apply to youth 12 to 17 years old who are actively participating in indoor organized sport. Proof of ID showing name and age may be required. whitby.ca/GetActive

Creating A More Accessible Community

What accessibility improvements would you make to better serve the community if you had extra funding available? Businesses, community groups and non-profits are encouraged to submit an application to receive up to \$10,000 in matching funding from the Town under its new Accessibility Grant. For more information or to apply, visit whitby.ca/AccessibilityGrant

Doing Some Fall Clean-Up?

Leaf and yard waste is picked up every other week on the same day as your garbage collection. Acceptable waste includes: brush, leaves, branches, garden trimmings, pumpkins, fallen fruit and more: whitby.ca/Waste

Have your say on fishing in Whitby – do you love to fish? Do you have ideas to make fishing safer, or concerns with where people fish? Complete a survey between now and October 8.

Help inform the Town's Tourism Strategy – share your favourite places in Whitby and our two downtowns by completing a survey between now and September 30.



Have your say on these topics and more at ConnectWhitby.ca

Final Property Tax Bill for 2021 Due On September 24

Residents are reminded that the final instalment of the 2021 Final Tax Billing is due today. This billing applies to all residential, farmland, pipeline and managed forest properties. For more information including payment options, visit whitby.ca/Tax



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info@whitby.ca

whitby.ca



Residents invited to provide input on the 2021-2040 Long-term Waste Management Plan

From September 21 until October 25, Durham Region residents will have the opportunity to provide feedback on the draft 2021-2040 Long-term Waste Management Plan (Waste Plan) by visiting the virtual public engagement website at DurhamWasteOpenHouse.ca.

This is Durham's second phase of consultation for the Waste Plan. It will focus on the proposed targets and actions to achieve the plan's approved vision and objectives which were developed during the first phase of consultation with residents and stakeholders.

The Waste Plan is a roadmap that describes the Region's vision and objectives for waste management over the next 20 years. As part of the comprehensive consultation process, residents will be able to visit the engagement website to learn about the draft Waste Plan and Five-Year Action Plan before the new Waste Plan is finalized in 2022. Residents are encouraged to provide input by completing an on-line survey.

The Waste Plan will help the Region develop innovative ways to use waste as a resource in a circular economy while demonstrating leadership in sustainability and mitigating environmental impacts. New initiatives for using waste as a resource include anaerobic digestion to generate renewable energy from

food waste and reuse options for ash generated at the Durham York Energy Centre (DYEC).

Durham developed its first Waste Plan in 1999, which covered the period of 2000-2020. Under the first Waste Plan, the Region expanded the Green Bin, Blue Box and Hazardous Waste programs; introduced electronics, textiles, and porcelain recycling; and developed the made-in-Durham waste disposal solution in the DYEC. Through these programs, Durham has significantly increased waste diversion rates.

To learn more about Durham's Waste Plan, visit durham.ca/WastePlan, or check out the engagement website to provide feedback at DurhamWasteOpenHouse.ca.

"The feedback we received from our community during the first phase of consultation with residents has been valuable in helping us create the first draft of the Waste Plan. We encourage community members to review the draft and provide their comments again to ensure that the future of waste management in Durham continues to be innovative, sustainable and cost-effective while addressing the needs of our growing and diverse community."- Gioseph Anello, Director of Waste Management, The Regional Municipality of Durham



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Deadline: Friday, October 1, 2021

Publications dates subject to change during COVID-19 Pandemic


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Aisha makes Mala bracelets. Her company is LuLu' crafty creations.



A&A Boutique



Mathias (and his mom) is A.W. Decor



Great craft makers!

Photos by Leanne Brown

Brooklin Bafflers: by Liz Lowe

Crossword

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
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57	58	59					60				61			
62							63				64			
65							66				67			

- Across
- 1 Bypass

5 Refuse

9 Composed

14 Popular cologne

15 The ratio of the speed of a moving body to the speed of sound

16 Eyelashes

17 Boot

18 Eye layer

19 Go off script

20 An area set aside for reporters

23 Without revealing one's identity (informal)

24 Earthen pot

25 Back again

28 Having exposed wood framing with spaces filled with masonry

31 2, on an ATM

34 Flying formations

35 18-wheeler

36 An event resulting in great loss and misfortune

38 Country house in France

41 Common cat food flavor

42 Archaeological site

43 Dashboard abbr.

44 A body of inspectors

49 Camp sack

50 Dairy airs?

51 Scrabble pieces

54 Having extensive information or understanding

57 Diamond measure

60 "-zoic" things

61 Ballet attire

62 Eyes

63 Remove from a manuscript

64 Cut, maybe

65 A small three-masted vessel

66 Horace volume

67 Contradict
- Down
- 1 "Cut it out!"

2 Tall timber tree of New Zealand

3 "Ghosts" writer

4 A sudden and decisive change of government illegally or by force

5 Distributed or sold illicitly

6 Basalt source

7 Nocturnal wildcats of Central America

8 Plural of phallus

9 Sacred beetle of ancient Egypt

10 Fastidious

11 100%

12 Junior's junior

13 Apply gently

21 Italian wine

22 "Slippery" tree

25 More liberated

26 Chart anew

27 Ignominy

29 Hardly macho

30 Approx.

31 Heirloom location

32 Italian philosopher

33 Art able to

37 Interruption

38 Mangy mutt

39 Breaks

40 Bit of high jinks

42 Of a deep slightly bluish red colour

45 A medicine that induces nausea and vomiting

46 Newspaper div.

47 Holy city?

48 Jubilant

52 Chopin composition

53 Arrive, as darkness

54 Corduroy feature

55 Chip's cartoon chum

56 Obligation

The Man Who Brought Lacrosse to Brooklin

By Jennifer Hudgins



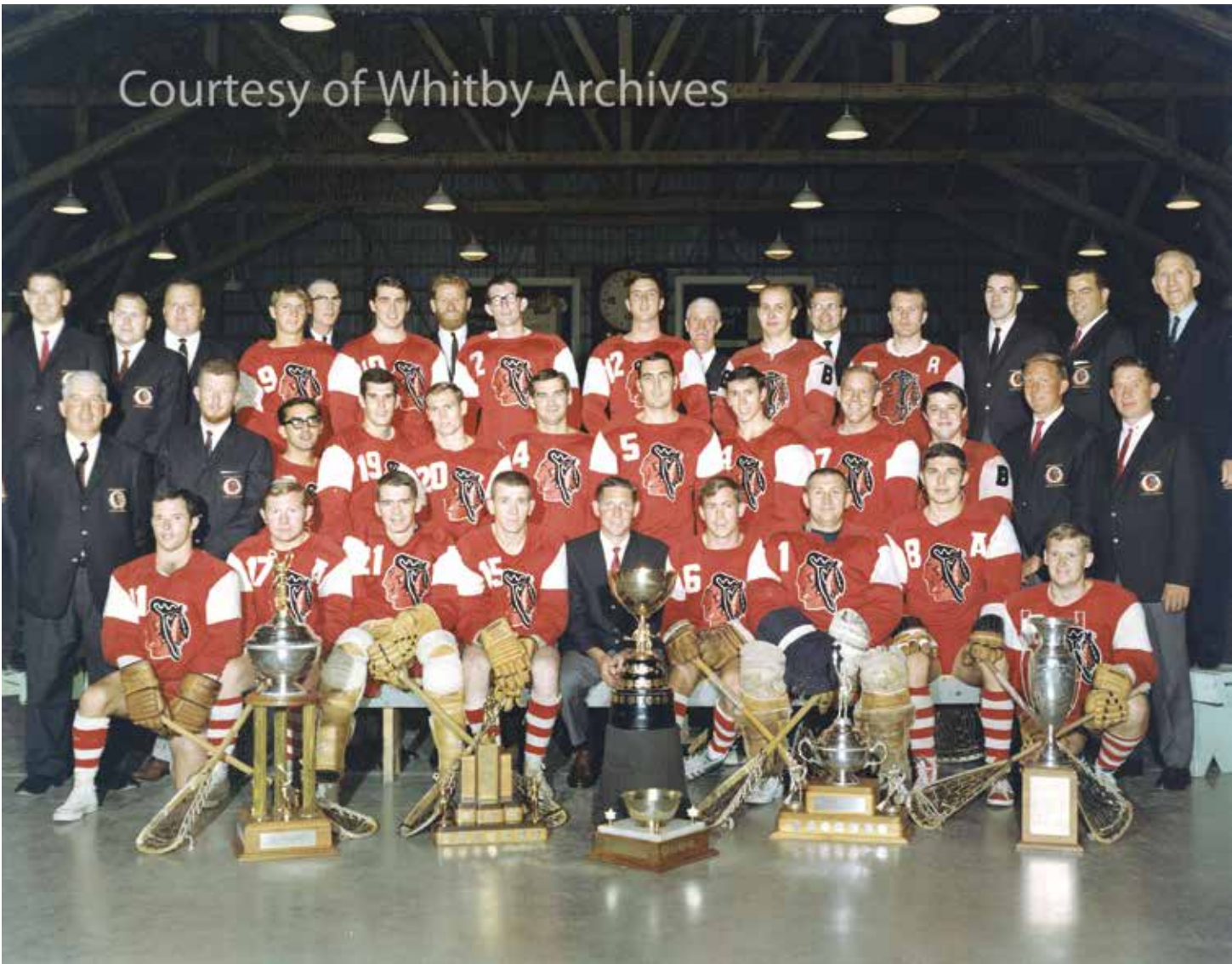
In lacrosse circles, Brooklin was once known as the smallest town in the world to possess an elite lacrosse team. A large part of this was due to the efforts of Gene Dopp who, in 1961, donated thousands of volunteer hours to help the Brooklin Hillcrest team reclassify, making the jump from tier two to Senior “A” lacrosse.

Dopp first brought lacrosse to Brooklin in the late 1930s when he bought a summer house on Baldwin Street. He mentored local players and formed a field team. But it wasn’t until he retired and moved permanently to Brooklin that he became known to the community as “Mr Lacrosse”. As the club’s first President, he organized an aggressive executive, took the team through two name changes, produced and edited the Brooklin Redmen official program and served on the board until his death on June 24, 1971.

All sports

The youngest of three children, Eugene Joseph Dopp was born in New Hamburg on October 7, 1892. As a boy he first played lacrosse in Brantford and for years afterwards worked to build up the sport without any incentive other than his love for the game. Dopp was an all-round athlete and a fierce competitor. In addition to lacrosse he played hockey with the Toronto Riverside Hockey Club as a teammate of Conn Smythe, founder of the Toronto Maple Leafs. He joined the Toronto Argonauts football team in 1915 and rowed for the Toronto Canoe Club.

At just 18 years old, Dopp was elect-



ed to the executive of the Ontario Amateur Lacrosse Association. A man of integrity and character, he held many executive positions in various national and provincial associations until 1955. He standardized play across Canada and wrote a Guide for Referees, Managers, Coaches and Players.

Started Hall of Fame

In 1956, Dopp was named honorary Secretary-Treasurer to the Canadian Lacrosse Association (CLA) and it was through his efforts that the New Westminster, B.C., Lacrosse Hall of Fame was established. He headed the Eastern Selection Committee and served as director of the Hall.

Dopp thought about the future of lacrosse and every spring provided sticks for local kids. His reasoning? “Get them started early and the game will prosper.”

The Gene Dopp Trophy has been awarded annually since 1966 to the Most Outstanding Rookie in a Major Series Lacrosse. Since 1969 and until now, seven Brooklin players have won it. Dopp’s photo hangs in the Luther Vipond arena. In recognition of his contributions to the community, Dopp

Crescent bears his name.

A 50-year member of the Knights of Columbus, Dopp, a devout Catholic, was one of two founders of St. Leo’s School and served on its first Board of Trustees. He also coached the school’s first soccer team. Gene and his wife Greta are buried at the Holy Cross Cemetery in Toronto.





THE GOVERNMENT DOESN'T CARE ABOUT YOUR EYE CARE

For over 30 years, the Ontario government has refused to formally negotiate with optometrists.

In 1989, the Ontario government paid \$39.15 for an eye exam.

In 2021, 32 years later, they pay an average of \$44.65.

That amount does not come close to covering the costs (rent, staff, utilities, equipment, taxes and supplies) to provide an eye exam.

The Ontario government has left optometrists with no choice.

On September 1st, optometrists will stop providing eye care to all patients covered by OHIP.

It is illegal for optometrists in Ontario to accept private insurance or direct payment for these exams.

Therefore, there will be no exams available for children, seniors, or adults with vision-threatening conditions.



WE NEED YOUR HELP.

Notify your MPP by signing our petition and go to www.SaveEyeCare.ca to let the Ontario government know that eye care matters to you before it disappears on September 1st.

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Havery, a graduate of Niagara College’s Landscape and Horticulture Technician program, continues to give back to the industry by hiring trades students and supporting Landscape Ontario by sitting on its board.

He also believes in helping those within the community and gives generously to SickKids, Habitat for Humanity, Simcoe Hall

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Plant-Based Eating by Sheree Nicholson



Fruits and Veggies

Did you know that grocery stores are designed for us to always walk through their high-profit areas first? I learned this in my college course Retail Marketing and it forever changed my shopping habits.

Fruits and vegetables are among those areas and we often feel guilty because we're not eating enough of them. Entering a grocery store through the produce section will often make us "over" purchase based on our desire to eat better. When I get busy, even as a vegan, I can rely too heavily on other items. I know most people think all we eat is vegetables, but our diet includes legumes, grains

and, for some plant-based eaters, a lot of meat substitutes.

American gastroenterologist Dr. Will Bulsiewicz stated on a recent podcast (Instagram: @theguthealthm-dand) that eating a wide variety of fibres is good for optimal gut health and that variety is the key.

Over-buying

If you do over-buy vegetables, there are many ways to use them. You can roast just about anything and then put the leftovers into pastas, sandwiches and salads. You can make homemade vegetable stock and freeze it for later use. If I spend an hour Sunday afternoon cleaning and prepping my vegetables for the week, I am more likely to cook them. As a plant-based nutrition coach, I receive frequent pushback when I suggest meal prep as a habit. No one wants to do it, but it saves a lot of time during the week. I use my Sunday vegetable prep time to listen to music or a great podcast. During the week, if I'm rushed and my vegetables are not prepped, I'm more likely to eat poorly.

I've purchased organic

vegetables from Connie's Organics here in Brooklin. She works from her home and supplies weekly boxes of fresh organic vegetables. You can find her on Facebook at "Connie's Organics." You can also join her Facebook group to stay in touch and share recipes.

Vertical farming

I recently discovered a vertical farm in South Oshawa called "Mighty Harvest Produce" which grows greens and microgreens on location. Vertical farming is the practice of growing vegetables in stacked containers which utilize less space and are often soilless. This farm sells some produce retail and also supplies restaurants like Mathilda's, an Oshawa plant-based restaurant. They are starting a subscription delivery service, which means you could have fresh locally grown greens delivered right to your door.

There are many different diets that people of, vegan, whole food plant-based, vegetarian, standard North American Diet, Keto, Mediterranean. One thing they agree on is eating greens is essential for

optimal health.

So, enjoy your salads, throw greens on your burgers and blend them in your smoothies.

Easy dressing

Here's my go-to easy salad dressing recipe that's ready in five minutes. It's from the "Oh She Glows" blog.

Hemp Seed Salad dressing

- 1/2 cup hulled hemp seeds
- 1/2 cup water
- 2 tablespoons nutritional yeast
- 2 tablespoons fresh lemon juice
- 1 clove garlic, peeled
- 1/4-1/2 teaspoon fine grain sea salt, to taste

Blend, until creamy. Dressing will thicken overnight in the refrigerator.

Sheree's Hack: Cut and freeze leftover lemons for use in water.



MARKETING YOUR HOME FOR ALL IT IS WORTH!

Market Remains Heated!

The housing market has been red hot throughout the pandemic, and while the number of sales is starting to slow, so far there hasn't been a sharp pullback in prices. The Toronto Regional Real Estate Board says August home sales slowed from the frenzied pace seen earlier in the year, but market conditions have tightened as supply plummeted by 43 percent and prices rose yet again.

The pace of sales slowed, but the market has remained heated with bidding wars still the norm and fewer people putting their homes up for sale. Prices have also continued to climb -- even in rural and suburban corners of the region -- as remote work became more common and the closures of many businesses during COVID-19 helped people save money for homes.

While areas surrounding Toronto, known as the 905, were once known to have slightly lower prices than the city, TRREB said the average cost of a home there hit \$1,108,981 in August, up from \$923,204 the year before. TRREB believes this pattern won't end soon and the market will remain in favour of sellers as buyers continue to take advantage of low interest rates.

"There has been no relief on the supply side for homebuyers, in fact, competition between these buyers have increased," said TRREB's chief market analyst Jason Mercer, in a statement.

As we move toward 2022, expect market conditions to become tighter as population growth in the GTA starts to trend back to pre-COVID levels. While activity has backed off from the early-year madness, this is still a very strong market characterized by elevated demand and upward price pressure. Strong demand for housing is why prices are more likely to go up than down in the near term at least.

For an update on the market and how it effects the value of your home when you sell! Call us at 905.409.6730

I just wanted to thank everyone on the King Home Team for the excellent service that was provided to us during our recent selling of our family home. Maurice & Eleanor were able to sell my home in hours! Everyone was lovely to work with and very sensitive to the emotions of selling a family home. From staging to selling, everyone gave 110%, and they were always reachable and responded back promptly. Thanks again, for making my selling experience as stress free as possible. - Susan

11 out of 10! Great team. Great service! - Ken

Maurice and Eleanor did an amazing job selling our house. They responded to all our calls/emails very quickly and we are very impressed with the staging they did for our home and their market knowledge. They were able to not only give us what we wanted for our home, they went above and beyond it. - Pauline

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