



# THE HIBISCUS LEAFLET

Publication of the Coral Gables Garden Club

February 2016

## Eliminate “Hurry”... take time and smell the roses

At the January general meeting, I heard conversations...”Where did January go?” “Time flies.” Someone wrote - ”Yesterday went in a flash... Today, with a blink of an eye – Yet tomorrow will go just the same...” Wow, how quickly life passes by!

As we all would like to manage our time better, maybe we could also concentrate on eliminating HURRY from our lives. Hurry is an enemy of living the life you’ve always wanted...says John Orteberg in his book. He speaks of the “hurry sickness” such as: Shampoo and conditioner in one container; the quick delivery of the pizza man; hospital emergency rooms offering assistance without a wait; the Drive-Thru at the Golden Arches...so we can eat on the run, etc. People are constantly speeding up their daily activities. Multi tasking is the norm. Just think of all the activities people engage in while driving their vehicles.



Mr. Ortberg talks about cures for HURRY: deliberately choosing to place ourselves in positions where we simply have to wait:

- Deliberately drive in the slow lane
- Declare a fast from honking
- For one week, chew your food 15 times before swallowing.
- At the grocery store, check to see which line is the longest; get into it and let one person go ahead of you
- Also practice solitude; allow yourself moments without music, books, newspapers, television, the internet, the phone, friends... just you.

Food for thought! Let’s all take a deep breath and try to slow down. Stop and smell the roses. Cherish each day remembering that the greatest gift you can give someone is your time; giving your attention, love and concern.

Speaking of time...what a wonderful time everyone had at the January Art Show. Thanks to Shirley Anderson, Garden Club members who showered us with their talent were Ruth Biel, Anna Louise Fulks, Sherry Jordan, Ana Lam, Aimee Perez, Susan Rodriguez and Susan Thomas. Also eight guest artists participated. The art, the food, the flowers and the friends made for a spectacular day. Thanks to all who attended.



The nominating committee will be meeting soon to select the slate of officers for the next year. If you receive a call please think twice before saying no. The future of this club depends upon you.

We have much to look forward to in the days, weeks and months ahead. Please read this Leaflet carefully to find out all about these “coming attractions.”

- Jana White, President

Sherry Jordan and Ruth Biel exhibited at our successful Art Show

## CGGC brings sunshine to Fairchild Gardens project

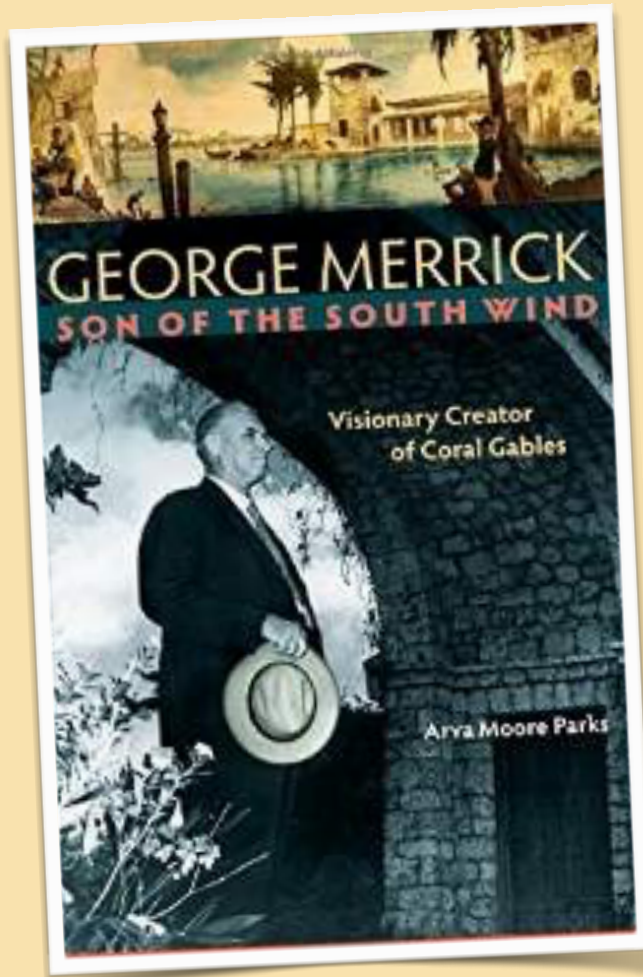


On a very dark and rainy morning, our garden club provided a moment of enjoyment and pleasure - sunshine!

A \$5,000 check from our club was presented to Dr. Carl Lewis, Director of Fairchild Tropical Garden, to benefit the Million Orchid Project in our city.

We were warmly greeted and joined by Mayor Cason and City Commissioners Jeannett Slesnick, Vince Lago and Pat Keon and enjoyed a tour of the orchid lab and facilities. A memorable occasion.

## February Fundraiser: Art Among the Flowers



**Sunday, February 28, from 5-7PM at Coral Gables Congregational Church 3010 De Soto Blvd : Tickets are \$40 in advance and \$50 at the door.**

Buy and Sell tickets to the **Art Among the Flowers** event. Bring your spouse and friends. (For additional tickets, contact Betsy Tilghman 305-443-7692). This is the Coral Gables Garden Club's major fundraiser for the year. In addition to works of art from local artists and flower designs by our members, **Arva Moore Parks** will present her new book, **George Merrick Son of the South Wind** and the Fair Trade Shop will be open.

**Bring a bottle of wine to donate to the February meeting.** Someone will be in the garden house to collect it. Nancy Gray and Denise West will also collect wine at their homes. Sign up to bring an appetizer and work a shift at the bar pouring wine. If you and/or your spouse are willing to work a shift, contact Ruth Markham 305-666-2403.

Sharon Trbovich is seeking members to be flower designers, call her at 305-443-1498 and volunteer.

The Garden Club always pulls together to make these great events happen and we can hardly wait to share the fun and excitement of this event with everyone. The success of the event depends on your support and participation. *-Teresa Zohn, Mari Arnold, Co-Chairs*

## Bulbophyllum Orchids: A Wonderful addition for any plant lover

This month's topic is Bulbophyllum orchids. These orchids are primarily from SE Asia and are wonderful additions for any plant lover.

Bulbophyllum is one of the largest genera in the orchid family Orchidaceae. With more than 2,000 species, it is also one of the largest genera of flowering plants, exceeded only by Astragalus. It is the third largest genus of plants of any kind. Species of this genus are distributed worldwide, with the greatest diversity in Papua, New Guinea, where they are thought to have originated. These [sympodial](#) plants have conspicuous [pseudobulbs](#) with a single, folded leaf at the top. They are [epiphytic](#) and lithophytic. Flower stems emerge from the base of the pseudobulb, and have a mobile [labellum](#) ("lip") that can rock back and forth.

Most species are "[fragrant](#)" orchids, by which I mean that they're *pungent*: many smell like rotting carcasses or dung, as they are pollinated by flies. The smell might not be pleasant, but it is a good conversation-starter! Fortunately, there are plenty of species that don't stink, also.

Many species form clusters of flowers arranged in a semicircular pattern; this makes them look totally different from the species that emphasize a single, large flower! Other species arrange their flowers sequentially along the stem.

They prefer growing on, not in tree fern baskets or pieces of wood. They like to be watered, but as with many orchids, must dry out between waterings. They bloom once a year, sometimes for several weeks. They tend to be small and like good sunlight. Many of these are low-light requirement plants, but use our rule of thumb regarding leaf size. The wider the leaves, the less light they will require.

Mine are growing in a tree on the south side of my house. They have unusual flowers, guaranteed to make you smile.

*-Susan Thomas, Nomenclature Chairman*



### New Members Wanted!

Please help us keep our membership up by inviting your friend or neighbor to become a member. We are looking for active people whom you think will be interested in participating in our varied activities. In order to propose a person, you must have been a active member of the club for one full year. The prospective member must be a resident of Coral Gables and have come to one of our meetings. The last meeting available is our February meeting. As a Sponsor you will submit the application and a letter of recommendation, along with 2 letters from the endorsers by February 24. Full details are on page 23 of the yearbook. Please call with any questions. Kay Lores [305-667-4299](tel:305-667-4299)

### Fun With Flowers:

Come and have Fun With Flowers on 2/19/2016 at 10:00 AM at the Garden Center. We will focus on "Winter White" that you can use in your home. Oasis, small dish container and flowers will be provided. Bring your clippers and some greens .... and your creativity!

*- Sharon Trbovich, Chairman*

# CGGC: Wonderful “Coming Attractions” for YOU

## Monthly Flower Show News: - Donna Box, Monthly Flower Show Chairman and MMFS

**February 18 -20** , the **Metropolitan Miami Flower Show** will be having a standard flower show at Simpson Park entitled "Great American Cities." There are still opportunities to enter in several of the classes. There is a novice class for those who would like to start participating in one of the activities that make garden clubs special. Please see me for a schedule and sign up for either a design or enter a wonderful plant into the horticulture section. For horticulture entries please call Sallye Jude at 305-667-3233 or Mayfair Hydro at 305-378-1775.

**February 19, MMFS Reception** for all garden club members at Simpson Park, 55 S.W. 17 Road on Friday, February 19, 11:00am - 1:00pm. Please come, enjoy the flower show, refreshments and your fellow garden club members.

**February 22**, the Club Flower Show is entitled "Mid Winter" and the Design Division classes are "Be My Valentine", "Winter White" ( featuring all white flowers) and "Entry Hall Table Design" reflecting the theme Mid Winter. We also have a Horticulture Division for entries from your patio or garden. Please have your plants identified for the benefit of the viewers.

We can always have a plant exchange for those who would like to share.

## Crime Watch - Dorothy Thompson, Chairman

Identity theft is always a concern, but according to the police this crime is most prevalent during the months of January and February. Avoid using a debit card, but if you do, never let it be taken out of sight when purchasing or paying a restaurant bill, for instance. It is suggested that a bank debit card should never leave your hand. A credit card is a better choice.

To thwart home burglary, leaving elegant costume jewelry in a bathroom soap dish oftentimes fools the burglar, thus overlooking the expensive cherished items. Also, the police suggest that aside from a hefty lock box, the safest place to hide things is in the kitchen. Thieves invariably search bedrooms first for their prey.

## FFGC/NGC Gardening School: - Kay Murff, Registrar

The next FFGC/NGC Gardening School in Miramar on April 12 & 13. Registration is now open. Cost is \$70 for two day course plus \$8 exam fee (optional). Registration forms are available online at [www.districtx.org](http://www.districtx.org). click on "educational opportunities", scroll down to April, click on interactive form, mail to me with check. I'll be going and welcome anyone needing a ride.

*-Judy Mangasarian at “Cuttings” Workshop in November*



## February 22, 2016 - Biltmore, Danielson Gallery

**Workshop 10:30 am:** Mossballs - The Japanese art of Kokedama with Julia Quinn, of the Miami Beach Garden Club

**Program:** Mastery of Container Gardening, Pamela Crawford MA, pioneering designer of landscapes and garden products. Author of 4 best selling national container gardening books.

**Lunch Committee:** Ana Lam\*, Susie Salerno, Haydee Pichardo, Sandra Murado, Derita Downey

**Buffet Centerpiece:** Suzuyo Fox