

WPFGB ABRIDGED RULES - BIATHLON - Page 1

World Police and Fire Games Federation (WPFGB)
8304 Clairemont Mesa Blvd., # 107, San Diego, CA 92111 USA
Tele. (858) 571-9919 FAX: (858) 571-1641 E-MAIL: 4info@cpaf.org

Guidelines (Only) from: National Rifle Association, (NRA) (Police Pistol
Combat Rules)

To order rules: 11250 Waples Mills Rd., Fairfax VA 22031 USA.

Guidelines (Only) from: International Amateur Athletic Federation
(IAAF)

17 rue Princesse Florestine,

BP 359; MC 98007 Monaco

Tele: +37.7.93.10.88.88 FAX: +37.7.93.15.95.15

Web-Site: www.iaaf.org E-Mail: headquarters@iaaf.org

PLEASE NOTE: WPFGB Rules supersede NRA and IAAF Rules.

EVENTS

This sport combines two events; Pistol and Cross Country Running.

INDIVIDUAL: MEN and WOMEN

Men's and Women's Individual events will be offered in the following age categories:

18 - 29	50 - 54
30 - 34	55 - 59
35 - 39	60 - 64
40 - 44	65 & over
45 - 49	

2-PERSON TEAM: MEN, WOMEN and MIXED

Team events will be offered in the following age categories:

18+	40+
30+	50+

Team members must compete in Individual competition to be eligible to compete on a Team. A competitor may enter both same gender and mixed team events.

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Sequence of running and shooting

Start

1. One mile run
2. 12 rounds standing without support (Body target)
3. One mile run
4. 12 rounds standing without support (Body target)
5. One mile run

Finish

Total course: 3 miles and 24 rounds.

Pistol Range:

All firing shall be done from the 25 meter/yard line of a P.P.C. or from a standard 25 meter/yard pistol range.

One mile cross country course:

The course may be run on street pavement and may be hilly with mud, sand, dirt or other hazards but shall be approved by the WPGF Director for the Biathlon.

Starting Area:

The starting area and finish area of the running course shall be at the pistol range and shall be laid out in as close proximity as possible to the range so that it is easily visible to competitors and officials.

EQUIPMENT: (For both Range and Cross Country)

Biathlon Target Description:

The WPGF Biathlon Pistol Target is a full torso silhouette, black in color. There is a light colored body target 4 inches (10 cm) wide, at the widest part; and 1 3/4 inches (4.45 cm) wide, at the narrowest part; and is 30 inches (76 cm) high, this light colored area is shaped like a British Cricket Bat and is the actual target. The thinnest portion of the target is in the head area. In the center of the head area is an X-Ring 1 3/4 inches (4.45 cm) wide.

Competitors Running Gear: All competitors shall bring their own running gear.

BRACKETING

Point System Bracketing: Competitor time, plus/minus bonus or penalty points.

GENERAL SPORT RULES for Biathlon

Equipment Check

All weapons and shooting equipment shall be inspected by the Equipment Control Official prior to the start of each relay.

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Disqualification:

A competitor who arrives late for his/her relay or after the event is over shall be disqualified, unless there is an open relay at a later time. No extra relay shall be set up for late entries or arrivals.

FIREARM AND AMMUNITION SPECIFICATIONS

The WPFGB intends to organize shooting competitions that will not turn into an equipment race. WPFGB shooting events require use of practical handguns and holsters that are truly suitable for police duty. No “competition” equipment is permitted in WPFGB matches since the main goal is to test the skill and ability of the individual, not equipment or gamesmanship.

1. WEAPONS: NO MODIFIED WEAPONS CAN BE USED IN THIS EVENT IT MUST BE A FACTORY MANUFACTURED WEAPON WITH NO INTERNAL OR EXTERNAL MODIFICATIONS.

- A. Be semi-automatic for pistols; revolvers trigger must have a single and double action capability
- B. Can be single action, double action, double action only, or safe action (when the trigger is pulled, the hammer/striker is cocked and then released).
- C. Be 9mm (9x19) .38 special or larger caliber.
- D. Barrel length not to exceed 5 inches (127 mm)
- E. Fit in the IDPA gun test box measuring 8 3/4" x 6" x 1 5/8" with an empty magazine inserted.
- F. Trigger pull must be 3.5 pounds (1.5 kg) for first shot
- G. Only rear sight may be adjustable; adjustable front sights are not authorized. Specifically prohibited: Bo-Mar type ribs on the slide, trigger shoe, tape on grips, extended slide release, extended magazine well funnel, any system of recoil control based on compensators, barrel venting or porting, weighted grips or grip panels, thumb rest or grips flared at the base and any substance which results in a sticky surface to the grips or hand. No internal modifications may be made that would render the pistol less safe than originally designed by the manufacturer.
- H. Seven and eight shot revolvers are permitted, but may only load six (6) rounds.

2. AMMUNITION

THE COMPETITOR PROVIDES THE REQUIRED AMMUNITION.

REVOLVERS AND SEMI-AUTOMATICS MAY USE FACTORY OR RELOADED AMMO, WITH EITHER ROUND NOSE LEAD, SEMI-WADCUTTER, JACKETED HOLLOW POINTS OR JACKETED SOFT-POINT BULLETS, NO WAD-CUTTERS OR MID-RANGE (REDUCED ENERGY) AMMO CAN BE USED. RELOADED AMMUNITION SHALL CONFORM TO THE REQUIREMENTS OF FACTORY AMMUNITION.

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ALIBIS:

THIS IS A NO ALIBI MATCH (such as misfires, malfunctions of the weapon or firing on the wrong target).

EXCEPTION: If another competitor fires on your target, the line judge shall give you the lowest score.

Loaning equipment: No competitor shall loan equipment if it will cause any type of delay.

SHOOTING SEQUENCE:

ALL COMPETITORS SHALL FIRE IN THIS SEQUENCE AND NO OTHER SEQUENCE

FIRST PHASE: 12 ROUNDS

A competitor SHALL fire 6 rounds at the TARGET then reload with 6 rounds and fire again. After firing this phase, they SHALL return to the running course for their second mile run.

SECOND PHASE: 12 ROUNDS

A competitor SHALL fire 6 rounds at the TARGET then reload with 6 rounds and fire again. After firing this final phase they SHALL return to the running course for their 3rd and final mile run.

If a competitor fails to fire all 12 rounds of the first or second phase of the shooting sequence and leaves their firing position to start their next mile run they may return to their firing position (except if they have run past the FIRST or LAST numbered target on the range). If that happens they must continue on the running course and shall receive penalty time for the rounds left in the gun (fired or not fired) during each phase.

SHOOTING PHASE ONE:

COMPETITORS' SAFETY EQUIPMENT, EYE AND EAR PROTECTION

No competitor will be allowed on the firing range without ear and eye protection authorized by the Equipment Control Official. Each competitor shall bring their own ear and eye protection and they shall be checked at the same time that their triggers are weighed and tagged by the Equipment Control Official. Each competitor shall wear their ear and eye protectors during each 12 shot phase of the shooting portion of the Biathlon.

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Penalty time for not using ear and eye protection

If a competitor is found not wearing their ear and eye protectors during any portion of a shooting phase of the Biathlon, they shall receive a 60 second penalty for each infraction.

Loading and Unloading:

As a competitor arrives at the designated shooting position, he/she SHALL, WITHOUT COMMAND, and with total safety, with the barrel pointed down range at all times, load 6 rounds and fire at will. Upon completion of the first string of 6 rounds, he/she again SHALL load with 6 rounds and complete the second string. This SHALL end the first phase of the shooting portion of the Biathlon. At this time the competitor SHALL open the cylinder of their revolver, emptying the cases into a can or on a bench and with the barrel pointed down range and the cylinder open, he/she SHALL place the weapon on the bench or ground and WITHOUT COMMAND continue on the next one mile leg of competition. If the competitor has a semi-automatic, he or she SHALL make sure the weapon is clear with the slide back and the magazine out and empty and placed on the bench or ground with the barrel down range and then continue on the next one mile leg.

Penalty time for unsafe loading and unloading, and/or the taking of shooting gear onto the running portion of the Biathlon: Competitor failing to adhere to any of the loading and unloading rules and/or take shooting gear (such as ammo and/or speed loaders, etc.) onto the running portion of the Biathlon, SHALL receive a 60 second penalty. This SHALL be added to their overall time, for each violation.

Speedy Loaders and Magazines:

Speedy loaders may be used for revolvers and a person with a semi-auto may have extra loaded magazines at their shooting position. All speed loaders and magazines SHALL have NO more than 6 rounds in each at any one time.

Penalty time for speedy loaders, magazines and hand loading: If a competitor is found to have loaded or is loading more than 6 rounds at any one time, a 60 second penalty SHALL be added to their overall time for each violation.

Shooting one hand or two: A competitor may shoot either way.

Shooting Stance:

All shots shall be fired from a standing position with both ARMS EXTENDED and NO support, EXCEPT if a competitor wishes to shoot one handed they then MAY rest one elbow against the stomach and chest cradling their shooting arm.

Penalty time for taking the wrong shooting stance: If a competitor shoots from the wrong stance at any time during the shooting portion of the Biathlon, such as (prone, sitting, kneeling) or use of support other than their elbow while shooting one handed, they SHALL receive a 60 second penalty for EACH VIOLATION.

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Total Rounds Fired Per Competitor:

No competitor SHALL fire MORE OR LESS than 12 rounds during each of the 2 phases of the shooting portion in the Biathlon. **No competitors shall have more than 24 rounds at their shooting position or on their person during any portion of their relay.**

Penalty time for firing more or less rounds: If a competitor fires more or less than 12 rounds during each of the two phases of the shooting portion of the Biathlon, they SHALL have a 60 second penalty added to their overall time for each phase.

SHOOTING PHASE TWO:

Loading and Unloading:

As a competitor returns to the designated shooting position for the second and final time, he/she SHALL WITHOUT COMMAND and with total safety load 6 rounds. Following all safety rules of PHASE ONE and all guidelines of the NRA he/she SHALL fire at will. Upon completion of the first string of 6 rounds, he/she again SHALL load 6 rounds and complete the second string of fire. After firing their final 12 rounds and before returning to the final running phase of the Biathlon, all competitors SHALL adhere to all safety rules as described above.

SHOOTING PENALTIES AND BONUSES FOR PHASE ONE AND PHASE TWO ARE IDENTICAL

SCORING

Placing Individual and Team Winners:

The fastest overall elapsed time (after penalty and bonus time) in each category shall determine first through third place.

Team:

The team event shall consist of 2 persons. Individual scores are used to determine team scores. Each team member must compete in the Individual event of the Biathlon to be eligible for the Team event. The aggregate time of both team members will determine each team's placement, after penalty and bonus time.

Scoring Shooting Portion of the Biathlon:

1. For EACH round outside of the body target, (light area, paddle shape) but still inside the torso area of the silhouette, (black area) a 10 second penalty SHALL be added to the overall time.
2. A round missing the BLACK AREA of the full silhouette OR an unaccountable round SHALL have a 30 second penalty per round added to the overall time.
3. For EACH round inside or breaking the line around the HEAD X-RING a 30 second deduction SHALL be taken from the overall time.