

WaMaC Conference Super Meet - 5/8/2014

Benton Community High School

Van Horne, IA

Results

Event 1 Girls 3000 Meter Run HS

Name	Yr	School	Finals
Finals			
1 Horst, Lily	10	Vinton-Shell	11:06.41 10
2 Conroy, Lucy	11	Mount Vernon	11:34.94 8
3 Mullnix, Shannon	12	Williamsburg	11:38.79 6
4 Dougherty, Alyssa	10	Epworth, Wes	11:54.67 5
5 Snyder, Laura	10	Epworth, Wes	11:59.00 4
6 Sams, Bailey	11	Anamosa High	12:07.51 3
7 Doehrmann, Miranda	11	Williamsburg	12:08.00 2
8 Haas, Carlyn	11	Solon High S	12:12.46 1

Event 3 Girls 4x800 Meter Relay HS

Team	Relay	Finals
Finals		
1 Mount Vernon	A	9:55.87 10
1) Meeker, Sydney 9	2) Hartl, Mckayla 10	
3) Anton, Faith 9	4) Jeppson, Maren 10	
2 Central Clinton	A	10:10.05 8
1) Mcnamara, Brittany 10	2) Coyle, Mikayla 12	
3) O'Neil, Lauren 9	4) Schoel, Sarah 12	
3 Benton Community	A	10:12.97 6
1) Armstrong, Carma 9	2) Bartelt, Victoria 12	
3) Hammes, Miranda 12	4) Parizek, Natalie 11	
4 Solon	A	10:19.75 5
1) Coberly, Trisha 10	2) Platz, Eva 10	
3) Folkerts, Katie 11	4) Walkner, Molly 11	
5 West Delaware	A	10:24.66 4
6 Williamsburg	A	10:25.96 3
1) Schlabaugh, Carly 10	2) Walters, Kiaya 9	
3) Zuber, Dana 9	4) Hollensbe, Julie 10	
7 Vinton-Shellsburg	A	10:26.63 2
8 Epworth, Wes	A	10:29.87 1
1) Kluesner, Sarah 10	2) Nieman, Claire 10	
3) Savolt, Brittany 9	4) Lembezeder, Molly 12	

Event 6 Girls 4x100 Meter Shuttle Hurdle HS

Team	Relay	Finals
Finals		
1 Clear Creek-Amana	A	1:06.75 10
1) Smith, Mia 11	2) Fender, Celine 12	
3) Schwarting, Corrine 10	4) Brimeyer, Natalie 11	
2 Maquoketa	A	1:08.43 8
1) Saunders, Janey 9	2) Schwenker, Hailey 9	
3) Pettyjohn, Shelby 9	4) Taylor, Aubree 12	
3 Central Clinton	A	1:08.65 6
1) Barr, Sam 12	2) Templeton, Adrian 12	
3) Henningsen, Gretchen 12	4) Saunders, Hailey 10	
4 Solon	A	1:10.33 5
1) Moss, Emma 11	2) Sands, Alexis 9	
3) Folkerts, Katie 11	4) Lester, Audrey 10	
5 Mount Vernon	A	1:13.13 4
1) Erlandson, Lyz 9	2) Ruden, Ashley 12	
3) Dahlstrom, Lily 10	4) Ebel, Maddie 12	

6 Marion	A	1:13.46 3
1) Kolarick, Abby 11	2) Seger, Bailee 12	
3) Mohr, Michalyn 11	4) Brase, Sydney 9	
7 Beckman Catholic	A	1:14.16 2
8 Epworth, Wes	A	1:14.46 1
1) Tentis, Sierra 10	2) Elgin, Kendra 9	
3) Frommelt, Megan 9	4) Bockenstedt, Kennadee 10	
9 Williamsburg	A	1:14.53
1) Adamson, Cassandra 12	2) Christenson, River 10	
3) Timm, Hope 12	4) Houlihan, Savannah 10	
10 Center Point-Urbana	A	1:15.53
1) Hite, Corissa 10	2) Osborne, Ashlyn 9	
3) Fink, Taegen 9	4) Cox, Olivia 10	
11 Independence	A	1:20.55
1) Lang, Becca 9	2) Main, Courtney 9	
3) Eilers, Kaylee 10	4) VanDeWalle, Sarah 10	
--- West Delaware	A	DQ

Event 7 Girls 100 Meter Dash HS

Name	Yr	School	Finals
Finals			
1 Loy, Olivia	12	Anamosa High	13.09 10
2 Dellamuth, Brianna	10	Williamsburg	13.34 8
3 Thole, Emily	11	West Delawar	13.36 6
4 Whitman, Mi Kayla	10	Anamosa High	13.77 5
5 Davis, Maggie	9	Mount Vernon	13.83 4
6 Mull, Ladorshae	9	Vinton-Shell	13.84 3
7 Schwenker, Hailey	9	Maquoketa Hi	14.01 2
8 Gilbert, Brittini	9	Williamsburg	14.08 1
9 Fischer, Cierra	12	West Delawar	14.09
10 Hall, Megan	11	Clear Creek-	14.17
11 Coder, Gloria	10	Marion High	14.21
12 Prybil, Alli	9	Solon High S	14.27
13 Wessels, Shalyn	10	Beckman Cath	14.32
14 Koerperich, Abbey	11	Epworth, Wes	14.34
15 Holst, Paige	11	Center Point	14.41
16 Holtz, Jenna	11	Maquoketa Hi	14.50
17 Blume, Julia	12	Central Clin	14.52
18 Ernst, Katlyn	9	Clear Creek-	14.57
19 Demmer, Rachel A.	12	Epworth, Wes	14.58
20 Ramsey, Jylian	11	Center Point	14.72
21 Binsfield, Nicole	9	Mount Vernon	14.76
22 Shelman, Kristina	10	Solon High S	14.78
23 Hiner, Dakota	12	Benton Commu	14.78
24 Heggebo, Leah	11	Benton Commu	14.83
25 Nebel, Grace	10	Beckman Cath	14.87
26 Kirk, Kelsey	11	Marion High	14.89
27 Cummings, Devan	12	Independence	15.04
28 Lohse, Caitlin	10	Central Clin	15.21
29 Staker, Hope	10	Independence	15.51

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Event 9 Girls Distance Medley HS

Team	Relay	Finals
Finals		
1 Central Clinton	A	4:26.50 10
1) Seitz, Haley 10	2) Watson, Sarah 9	
3) Mcnamara, Brittany 10	4) Schoel, Sarah 12	
2 Mount Vernon	A	4:27.89 8
1) Sherman, Taylor 10	2) Chapman, Miranda 12	
3) Walters, Samantha 11	4) Cochrane, Emma 11	
3 Epworth, Wes	A	4:28.58 6
1) Hoefler, Raegan 12	2) Clark, Maddy 11	
3) Mahoney, Abigail 12	4) Demmer, Rachel M. 12	
4 Independence	A	4:30.01 5
1) Morris, Quinci 12	2) Cummings, Devan 12	
3) Niedert, Karlie 12	4) Mcenany, Shae 11	
5 Solon	A	4:30.89 4
1) Heick, Jessica 9	2) Ira, Emily 11	
3) Shafer, Madi 11	4) Walkner, Molly 11	
6 Marion	A	4:33.92 3
1) Steggall, Johanna 11	2) Kolarick, Abby 11	
3) Draeger, Jamie 11	4) Livingston, Sam 11	
7 Center Point-Urbana	A	4:35.48 2
1) Kramer, Emily 12	2) Salow, Kennedy 12	
3) Kinsella, Keely 10	4) Hasleiet, Payton 10	
8 Benton Community	A	4:48.29 1
1) Winter, Skylar 11	2) Rohlena, Amber 9	
3) Schulte, Haley 11	4) Wiebel, Alyssa 10	
9 West Delaware	A	4:52.77

Event 10 Girls 400 Meter Dash HS

Name	Yr	School	Finals
Finals			
1 Loy, Olivia	12	Anamosa High	57.34 10
2 Thole, Emily	11	West Delawar	59.15 8
3 Maahs, Megan	10	Epworth, Wes	59.35 6
4 Smith, Jordan	11	Solon High S	59.80 5
5 Leonard, Payton	11	Vinton-Shell	1:00.66 4
6 Davis, Maggie	9	Mount Vernon	1:00.72 3
7 Gaffney, Hannah	11	West Delawar	1:01.04 2
8 Niedert, Kaitlin	9	Independence	1:01.48 1
9 Newlin, Alexis	11	Center Point	1:04.58
10 Pitz, Morgan	9	Epworth, Wes	1:06.12
11 Gerber, Bristi	10	Vinton-Shell	1:06.69
12 Jaynes, Karley	11	Center Point	1:07.05
13 Gleason, Libby	11	Benton Commu	1:07.08
14 Shelman, Kristina	10	Solon High S	1:07.40
15 Arndt, Courtney	12	Central Clin	1:07.90
16 Cannoy, Camryn	9	Marion High	1:08.42
17 Dahlstrom, Lily	10	Mount Vernon	1:08.48
18 O'Neil, Lauren	9	Central Clin	1:08.65
19 Draves, Avery	11	Marion High	1:09.66
20 Zweigart, Makayla	11	Benton Commu	1:10.88
21 Johnson, Edaasha	10	Clear Creek-	1:11.17
22 Bunch, Jacquelyn	9	Clear Creek-	1:11.34

23 Kremer, Briana 9 Independence 1:11.96

24 Tegeler, Sarah 10 Beckman Cath 1:15.96

Event 12 Girls 4x200 Meter Relay HS

Team	Relay	Finals
Finals		
1 Clear Creek-Amama	A	1:49.68 10
1) Fender, Celine 12	2) Brant, Amy 12	
3) Schwarting, Corrine 10	4) Brimeyer, Natalie 11	
2 Maquoketa	A	1:50.53 8
1) Gruenwald, Hannah 11	2) Schwenker, Hailey 9	
3) Holtz, Jenna 11	4) Taylor, Aubree 12	
3 Mount Vernon	A	1:51.09 6
1) Chapman, Miranda 12	2) Ryan, Libby 9	
3) Walters, Samantha 11	4) Cochrane, Emma 11	
4 Solon	A	1:51.28 5
1) Moss, Emma 11	2) Heick, Jessica 9	
3) Bell, Haley 11	4) Lawson, Sydney 10	
5 Benton Community	A	1:52.04 4
1) Brunssen, Lea 10	2) Bartelt, Victoria 12	
3) Hammes, Miranda 12	4) Nolan, Marissa 10	
6 West Delaware	A	1:52.22 3
7 Marion	A	1:52.42 2
1) Draeger, Jamie 11	2) Kolarick, Abby 11	
3) Miller, Skylar 10	4) Steggall, Johanna 11	
8 Beckman Catholic	A	1:52.46 1
9 Williamsburg	A	1:53.38
1) Gilbert, Brittni 9	2) Simmons, Claire 11	
3) Doehrmann, Olivia 11	4) Broeg, Maeve 12	
10 Vinton-Shellsburg	A	1:53.87
11 Central Clinton	A	1:53.96
1) Seitz, Haley 10	2) Machovec, Jessica 10	
3) Burmeister, Courtney 12	4) Watson, Sarah 9	
12 Epworth, Wes	A	1:54.17
1) Clark, Maddy 11	2) Demmer, Rachel A. 12	
3) Koerperich, Abbey 11	4) Burds, Maggie 9	
13 Center Point-Urbana	A	1:55.53
1) Kramer, Emily 12	2) Salow, Kennedy 12	
3) Holst, Paige 11	4) Banning, Katelyn 9	
14 Independence	A	2:07.80
1) Trumblee, Jasmine 9	2) Goedken, Abigail 12	
3) Martin, Brynn 9	4) Matteson, Jade 9	

Event 14 Girls 100 Meter Hurdles HS

Name	Yr	School	Finals
Finals			
1 Dudak, Jessie	11	West Delawar	16.19 10
2 Taylor, Aubree	12	Maquoketa Hi	16.41 8
3 Brimeyer, Natalie	11	Clear Creek-	16.51 6
4 Gaffney, Hannah	11	West Delawar	17.01 5
5 Saunders, Hailey	10	Central Clin	17.08 4
6 Henningsen, Gretchen	12	Central Clin	17.13 3
7 Brehm, Isabel	10	Beckman Cath	17.20 2
8 Smith, Mia	11	Clear Creek-	17.45 1
9 Bockenstedt, Kennadee	10	Epworth, Wes	17.53

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Finals ... (Event 14 Girls 100 Meter Hurdles HS)

Name	Yr	School	Finals
10 Sands, Alexis	9	Solon High S	17.59
11 VanDeWalle, Sarah	10	Independence	17.69
12 Hite, Corissa	10	Center Point	17.87
13 Lester, Audrey	10	Solon High S	17.99
14 Tentis, Sierra	10	Epworth, Wes	18.00
15 Ebel, Maddie	12	Mount Vernon	18.06
16 Atienza, Catia	9	Maquoketa Hi	18.13
17 Brase, Sydney	9	Marion High	18.13
18 Root, Alyssa	9	Vinton-Shell	18.14
19 Seger, Bailee	12	Marion High	18.49
20 Ruden, Ashley	12	Mount Vernon	18.79
21 Cox, Olivia	10	Center Point	18.95
22 Troutman, Lexie	11	Beckman Cath	19.30
23 Landuyt, Caitlyn	11	Benton Commu	19.40
24 Bridgewater, Deziray	10	Benton Commu	19.71
25 Adamson, Cassandra	12	Williamsburg	19.82
26 Carney, Cheyenne	11	Williamsburg	20.38
27 Breashears, Brittney	12	Anamosa High	20.43
28 Kirby, Shyanne	12	Anamosa High	20.60

Event 17 Girls 800 Meter Run HS

Name	Yr	School	Finals
Finals			
1 Mccarty, Reeann	12	West Delawar	2:27.94 10
2 Jeppson, Maren	10	Mount Vernon	2:28.27 8
3 Mcnamara, Brittany	10	Central Clin	2:28.68 6
4 Coberly, Trisha	10	Solon High S	2:31.11 5
5 Anton, Faith	9	Mount Vernon	2:31.17 4
6 Gerber, Bristi	10	Vinton-Shell	2:31.50 3
7 Gerardy, Jessica	11	Maquoketa Hi	2:33.16 2
8 Walkner, Molly	11	Solon High S	2:35.17 1
9 Armstrong, Carma	9	Benton Commu	2:35.81
10 Schlabaugh, Carly	10	Williamsburg	2:37.33
11 Zuber, Dana	9	Williamsburg	2:37.36
12 Demmer, Rachel M.	12	Epworth, Wes	2:39.88
13 Roling, Kali	9	Central Clin	2:40.89
14 Pauls, Kaitlin	11	West Delawar	2:41.89
15 Ertz, Andrea	10	Marion High	2:45.42
16 Bolken, Megann	9	Independence	2:47.38
17 Abodeely, Jewel	10	Center Point	2:48.57
18 Oldham, Alex	11	Anamosa High	2:50.83
19 Smith, Kasi	9	Clear Creek-	2:51.11
20 Lyons, Jaicee	9	Benton Commu	2:51.14
21 Decker, Becky	9	Beckman Cath	2:54.34
22 Kennedy, Becca	10	Beckman Cath	2:55.61
23 Becker, Ashley	12	Maquoketa Hi	2:59.34
24 Banning, Katelyn	9	Center Point	2:59.45
25 Drake, Lori	10	Clear Creek-	2:59.67
26 Bertelli, Grace	9	Independence	3:01.17

Event 18 Girls 200 Meter Dash HS

Name	Yr	School	Finals
Finals			
1 Loy, Olivia	12	Anamosa High	25.66 10
2 Thole, Emily	11	West Delawar	26.30 8
3 Dellamuth, Brianna	10	Williamsburg	26.47 6
4 Lawson, Sydney	10	Solon High S	26.97 5
5 Leonard, Payton	11	Vinton-Shell	27.27 4
6 Brant, Amy	12	Clear Creek-	27.30 3
7 Dudak, Jessie	11	West Delawar	27.50 2
8 Gruenwald, Hannah	11	Maquoketa Hi	27.94 1
9 Taylor, Aubree	12	Maquoketa Hi	27.97
10 Newlin, Alexis	11	Center Point	28.33
11 Kolarick, Abby	11	Marion High	28.42
12 Wagner, Mallory	12	Anamosa High	28.55
13 Erlandson, Lyz	9	Mount Vernon	28.77
14 Rosalez, Reagan	9	Epworth, Wes	28.88
15 Morris, Quinci	12	Independence	29.13
16 Coder, Gloria	10	Marion High	29.29
17 Womochil, Devin	12	Vinton-Shell	29.43
18 Lukas, Megan	10	Clear Creek-	29.65
19 Shelman, Kristina	10	Solon High S	29.71
20 Winter, Skylar	11	Benton Commu	29.87
21 Cummings, Devan	12	Independence	29.90
22 Wiebel, Alyssa	10	Benton Commu	29.98
23 Kinney, Callaway	10	Central Clin	30.34

Event 20 Girls 400 Meter Hurdles HS

Name	Yr	School	Finals
Finals			
1 Schwenker, Hailey	9	Maquoketa Hi	1:08.38 10
2 Kinsella, Keely	10	Center Point	1:09.10 8
3 Parizek, Natalie	11	Benton Commu	1:09.44 6
4 Hartl, Mckayla	10	Mount Vernon	1:09.78 5
5 Cochrane, Emma	11	Mount Vernon	1:09.79 4
6 Moss, Emma	11	Solon High S	1:09.99 3
7 Mangold, Katelyn	9	West Delawar	1:10.31 2
8 Brown, Maria	12	Beckman Cath	1:10.48 1
9 Saunders, Hailey	10	Central Clin	1:10.69
10 Mattice, Ellen	11	West Delawar	1:11.44
11 Brase, Sydney	9	Marion High	1:11.94
12 Lembezeder, Molly	12	Epworth, Wes	1:12.67
13 Folkerts, Katie	11	Solon High S	1:12.91
14 Root, Alyssa	9	Vinton-Shell	1:13.26
15 Frommelt, Megan	9	Epworth, Wes	1:14.24
16 Atienza, Catia	9	Maquoketa Hi	1:17.65

Event 23 Girls 800 Sprint Medley HS

Team	Relay	Finals
Finals		
1 Anamosa	A	1:53.48 10
1) Menster, Tawny 11	2) Whitman, Mi Kayla 10	
3) Wagner, Mallory 12	4) Loy, Olivia 12	

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Finals ... (Event 23 Girls 800 Sprint Medley HS)

Team	Relay	Finals	
2 Solon	A	1:53.98	8
1) Bell, Haley 11	2) Ira, Emily 11		
3) Lawson, Sydney 10	4) Smith, Jordan 11		
3 Clear Creek-Amana	A	1:54.19	6
1) Smith, Mia 11	2) Fender, Celine 12		
3) Brant, Amy 12	4) Brimeyer, Natalie 11		
4 Epworth, Wes	A	1:54.60	5
1) Hoefler, Raegan 12	2) Tentis, Sierra 10		
3) Mahoney, Abigail 12	4) Maahs, Megan 10		
5 Mount Vernon	A	1:54.84	4
1) Walters, Samantha 11	2) Chapman, Miranda 12		
3) Ryan, Libby 9	4) Davis, Maggie 9		
6 Center Point-Urbana	A	1:58.05	3
1) Kramer, Emily 12	2) Jaynes, Karley 11		
3) Kinsella, Keely 10	4) Hasleiet, Payton 10		
7 Independence	A	1:58.36	2
1) Morris, Quinci 12	2) VanDeWalle, Sarah 10		
3) Niedert, Karlie 12	4) Niedert, Kaitlin 9		
8 Vinton-Shellsburg	A	1:59.04	1
9 Marion	A	1:59.45	
1) Draves, Avery 11	2) Miller, Skylar 10		
3) Steggall, Johanna 11	4) Draeger, Jamie 11		
10 Williamsburg	A	2:00.41	
1) Doehrmann, Olivia 11	2) Simmons, Claire 11		
3) Gilbert, Brittni 9	4) Walters, Kiaya 9		
11 Benton Community	A	2:00.83	
1) Halstead, Savannah 12	2) Rohlena, Amber 9		
3) Nolan, Marissa 10	4) Brunssen, Lea 10		
12 West Delaware	A	2:01.59	
13 Central Clinton	A	2:03.00	
1) Seitz, Haley 10	2) Burmeister, Courtney 12		
3) Machovec, Jessica 10	4) Arndt, Courtney 12		
14 Beckman Catholic	A	2:15.03	

Event 24 Girls 1500 Meter Run HS

Name	Yr	School	Finals	
Finals				
1 Mcenany, Shae	11	Independence	5:16.81	10
2 Mccarty, Reeann	12	West Delawar	5:17.52	8
3 Hartl, Mckayla	10	Mount Vernon	5:17.56	6
4 Horst, Lily	10	Vinton-Shell	5:17.69	5
5 Jeppson, Maren	10	Mount Vernon	5:18.09	4
6 Hollensbe, Julie	10	Williamsburg	5:24.90	3
7 Mullnix, Shannon	12	Williamsburg	5:28.51	2
8 Walkner, Molly	11	Solon High S	5:30.02	1
9 Armstrong, Carma	9	Benton Commu	5:30.16	
10 Dougherty, Alyssa	10	Epworth, Wes	5:30.90	
11 Coberly, Trisha	10	Solon High S	5:30.96	
12 Coyle, Mikayla	12	Central Clin	5:32.38	
13 Saunders, Janey	9	Maquoketa Hi	5:34.16	
14 Roeder, Jackii	12	West Delawar	5:35.36	
15 Woods, Allison	10	Center Point	5:35.66	
16 Grant, Bryanna	9	Center Point	5:36.74	

17 O'Neil, Lauren	9	Central Clin	5:45.48
18 Jensen, Allison	9	Benton Commu	5:46.33
19 Snyder, Laura	10	Epworth, Wes	5:48.30
20 Kenney, Karley	12	Vinton-Shell	5:49.12
21 Oldham, Alex	11	Anamosa High	5:54.66
22 Conzett, Ellie	11	Marion High	5:55.63
23 Klingenberg, Felicia	12	Maquoketa Hi	6:02.51
24 Williams, Kyla	10	Clear Creek-	6:14.45
25 Vanderlinden, Hannah	10	Marion High	6:16.64
26 Harder, Emilie	9	Clear Creek-	6:17.10

Event 26 Girls 4x100 Meter Relay HS

Team	Relay	Finals	
Finals			
1 Solon	A	52.54	10
1) Moss, Emma 11	2) Ira, Emily 11		
3) Sands, Alexis 9	4) Lawson, Sydney 10		
2 Williamsburg	A	52.63	8
1) Simmons, Claire 11	2) Gilbert, Brittni 9		
3) Doehrmann, Olivia 11	4) Dellamuth, Brianna 10		
3 Epworth, Wes	A	53.17	6
1) Hoefler, Raegan 12	2) Demmer, Rachel A. 12		
3) Koerperich, Abbey 11	4) Clark, Maddy 11		
4 Clear Creek-Amana	A	53.82	5
1) Smith, Mia 11	2) Fender, Celine 12		
3) Simpson, Tyhesia 12	4) Bolenga, Karen 9		
5 West Delaware	A	53.84	4
6 Marion	A	53.99	3
1) Draeger, Jamie 11	2) Draves, Avery 11		
3) Miller, Skylar 10	4) Steggall, Johanna 11		
7 Beckman Catholic	A	54.15	2
8 Vinton-Shellsburg	A	54.21	1
9 Center Point-Urbana	A	54.30	
1) Kramer, Emily 12	2) Ramsey, Jylian 11		
3) Holst, Paige 11	4) Newlin, Alexis 11		
10 Mount Vernon	A	54.59	
1) Erlandson, Lyz 9	2) Chapman, Miranda 12		
3) Melchert, Morgan 11	4) Binsfield, Nicole 9		
11 Central Clinton	A	55.01	
1) Blume, Julia 12	2) Burmeister, Courtney 12		
3) Gassmann, Jaide 12	4) Kinney, Callaway 10		
12 Benton Community	A	55.07	
1) Halstead, Savannah 12	2) Heggebo, Leah 11		
3) Hiner, Dakota 12	4) Rohlena, Amber 9		
13 Independence	A	56.77	
1) VanDeWalle, Sarah 10	2) Goedken, Abigail 12		
3) Staker, Hope 10	4) Cummings, Devan 12		
14 Anamosa	A	57.75	
1) Kirby, Shyanne 12	2) Whitman, Mikayla 10		
3) Breashears, Brittney 12	4) Wagner, Mallory 12		

Event 28 Girls 4x400 Meter Relay HS

Team	Relay	Finals	
Finals			
1 West Delaware	A	4:10.17	10

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Finals ... (Event 28 Girls 4x400 Meter Relay HS)

Team	Relay	Finals	
2 Mount Vernon	A	4:10.73	8
1) Cochrane, Emma 11	2) Ryan, Libby 9		
3) Walters, Samantha 11	4) Davis, Maggie 9		
3 Central Clinton	A	4:16.11	6
1) Mcnamara, Brittany 10	2) Seitz, Haley 10		
3) Watson, Sarah 9	4) Schoel, Sarah 12		
4 Epworth, Wes	A	4:16.83	5
1) Pitz, Morgan 9	2) Lembezeder, Molly 12		
3) Mahoney, Abigail 12	4) Maahs, Megan 10		
5 Benton Community	A	4:17.44	4
1) Hammes, Miranda 12	2) Bartelt, Victoria 12		
3) Nolan, Marissa 10	4) Parizek, Natalie 11		
6 Beckman Catholic	A	4:19.45	3
7 Solon	A	4:21.17	2
1) Platz, Eva 10	2) Bell, Haley 11		
3) Shafer, Madi 11	4) Smith, Jordan 11		
8 Independence	A	4:25.49	1
1) Niedert, Karlie 12	2) Mcmillan, Stephanie 12		
3) Morris, Quinci 12	4) Niedert, Kaitlin 9		
9 Clear Creek-Amana	A	4:25.80	
1) Schwarting, Corrine 10	2) Lukas, Megan 10		
3) Hall, Megan 11	4) Brant, Amy 12		
10 Marion	A	4:28.84	
1) Seger, Bailee 12	2) Cannoy, Camryn 9		
3) Miller, Skylar 10	4) Livingston, Sam 11		
11 Williamsburg	A	4:31.68	
1) Walters, Kiaya 9	2) Broeg, Maeve 12		
3) Hollensbe, Julie 10	4) Schlabaugh, Carly 10		
12 Center Point-Urbana	A	4:42.92	
1) Salow, Kennedy 12	2) Jaynes, Karley 11		
3) Hasleiet, Payton 10	4) Kinsella, Keely 10		
13 Vinton-Shellsburg	A	4:49.24	

Event 30 Girls Shot Put HS

Name	Yr	School	Finals
Finals			
1 Gunnells, Shelby	11	Solon High S	41-01.00 10
2 Ratchford, Kelsey	12	Independence	40-02.50 8
3 Villhauer, Molly	12	Clear Creek-	39-04.00 6
4 Willson, Brooke	12	Center Point	37-03.50 5
5 Brown, Mahlia	10	Marion High	37-00.00 4
6 Misel, Katy	10	Solon High S	36-11.50 3
7 Kelchen, Regan	11	Epworth, Wes	35-09.00 2
8 Tucker, Allison	10	Epworth, Wes	33-04.00 1

Event 33 Girls Discus Throw HS

Name	Yr	School	Finals
Finals			
1 Ratchford, Kelsey	12	Independence	129-11 10
2 Salow, Kennedy	12	Center Point	119-08 8
3 Rahe, Morgan	11	Beckman Cath	115-02.50 6
4 Gunnells, Shelby	11	Solon High S	114-06.50 5
5 Willis, Abby	12	Central Clin	113-02 4

6 Misel, Katy	10	Solon High S	110-06 3
7 Ludwig, Tristin	10	Independence	110-03 2
8 Marbach, Hailey	12	West Delawar	110-02 1

Event 35 Girls High Jump HS

Name	Yr	School	Finals
Finals			
1 Courneya, Caley	9	Williamsburg	5-02.00 10
2 Mcmillan, Stephanie	12	Independence	5-02.00 8
3 Griffith, Maci	10	Vinton-Shell	4-10.00 6
4 Hoffmann, Bridget	10	West Delawar	4-10.00 5
5 Frazier, Olivia	10	Marion High	4-10.00 3.5
5 Bruce, Margaret	12	Center Point	4-10.00 3.5
7 Barr, Sam	12	Central Clin	4-10.00 2
8 Niedert, Kaitlin	9	Independence	4-08.00 1

Event 36 Girls Long Jump HS

Name	Yr	School	Finals
Finals			
1 Jaynes, Karley	11	Center Point	16-05.00 10
2 Schoel, Sarah	12	Central Clin	16-04.50 8
3 Ryan, Libby	9	Mount Vernon	16-04.00 6
4 Griffith, Maci	10	Vinton-Shell	16-00.50 5
5 Wessels, Shalyn	10	Beckman Cath	15-09.00 4
6 Smith, Jordan	11	Solon High S	15-08.00 3
7 Rohlena, Amber	9	Benton Commu	15-07.00 2
8 Schwarting, Corrine	10	Clear Creek-	15-05.00 1
9 Hoefler, Raegan	12	Epworth, Wes	15-03.50
10 Pitz, Morgan	9	Epworth, Wes	15-00.00
11 Simpson, Tyhesia	12	Clear Creek-	14-09.50
12 Baker, Haley	9	Mount Vernon	14-08.00
13 Watson, Sarah	9	Central Clin	14-07.50
14 Heick, Jessica	9	Solon High S	14-05.50
15 Keeton, Jami	10	Marion High	13-08.00
16 Jacobs, Michaela	11	Marion High	13-07.50
17 Yonkovic, Heidi	9	West Delawar	13-05.00
18 Zieser, Taylor	10	West Delawar	13-04.00
19 Houlihan, Jody	10	Williamsburg	11-02.50

Women - HS - Team Rankings - 19 Events Scored

1) Mount Vernon	92
2) West Delaware	88
3) Solon	84
4) Central Clinton	57
5) Williamsburg	49
6) Independence	48
6) Anamosa	48
6) Clear Creek-Amana	48
9) Vinton-Shellsburg	44
10) Epworth, Western Dubuque	42
11) Center Point-Urbana	39.5
12) Maquoketa	39
13) Benton Community	23
14) Beckman Catholic	21
15) Marion	18.5