

CDL/DOT Physical Process

- Schedule an appointment with a certified CDL/DOT provider.
- Complete the physical form in advance of the appointment by either:
 - Asking registration for the form to be mailed to the patient in advance of the scheduled appointment.
 - Downloading the form from the DOT website (MCSA-5875 form) and completing prior to scheduled appointment.
 - Arrive early to scheduled appointment to complete form prior to being evaluated by clinic staff.
 - Patients who do not have form completed at time of scheduled appointment, may expect their appointment to be rescheduled, as this delays the clinic staff while waiting on the patient to complete the form.
- Bring an accurate list of current medications taken from all providers and over the counter medications.
- Expect to provide a urine specimen during the physical
- Expect to undergo a hearing and vision evaluation along with their physical evaluation.
- Patients are encouraged to see their Primary Care Provider (PCP) who manages their general care, at least 2 weeks prior to their CDL/DOT physical, and provide a note statement from their PCP of the status of their chronic medical conditions (examples: Hypertension, Diabetes, Heart Conditions, Neurologic Conditions, etc). As, uncontrolled chronic medical problems/conditions can affect the length of renewal date of the patient's CDL/DOT physical certificate.
- Federal guidelines are in place that the certified providers must follow in order for patients to successfully pass a CDL/DOT physical.
- Following the CDL/DOT physical exam, the general results of the exam is entered into a federal DOT electronic database.
- The original completed exam form and patient/driver certification are provided directly to the patient.