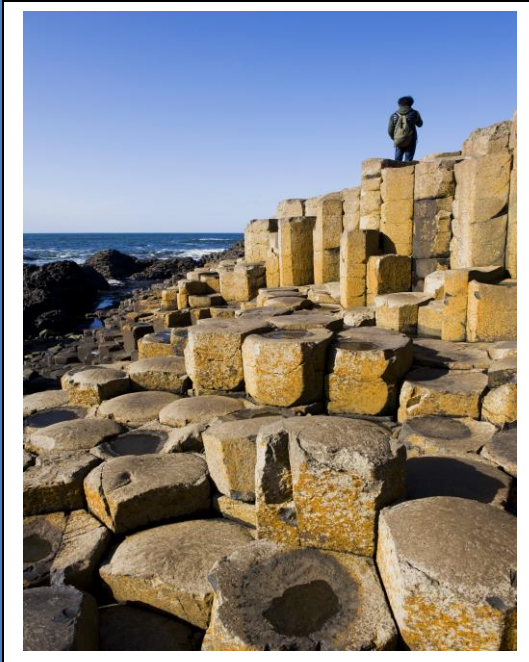


## ITINERARY | DAY-BY-DAY



JOURNEY OF PURPOSE & DISCOVERY



### Journey of Purpose and Discovery Ireland: *Uncovering Your Unique Story with Eileen Kerlin Walsh*

Dates: June 2-13, 2020

\$6,299 (based on double occupancy)

\$999 (single occupancy)

Join us in Ireland for a transformational journey across the Emerald Isle to meet local families, explore the local art, cuisine, and culture of Ireland. Spend time each day creating your own Ethical Will, your life's unique story guided by Eileen Kerlin Walsh whose life's passion is to help people leave a legacy of love behind for their families.

**BOOK NOW 888.747.7501**

#### Ireland Highlights

- ✓ Enjoy private, guided tours of various cities and villages including **Dublin, Derry, Galway, Dingle & Adare.**
- ✓ Journey back in time and learn about the Great Famine, Irish Emigration, Genealogy and rural living as you explore **The National Archives, Museum of Irish Emigration, Ulster American Folk Park and The Strokestown Famine Museum**
- ✓ Participate in a local **cooking class**; dine at a **local pub** and lunch at a **local brewery** in Derry.
- ✓ Share the craic, listen to stories and dance to your hearts content when you visit **Sheila and Barry in their home to listen to live traditional music** and learn about times gone by.

#### Cultural Immersion

- ✓ Visit some of the most incredible sites Ireland has to offer including **Giant's Causeway and Cliff's of Moher, the Gap of Dunloe and the Dingle Peninsular.**
- ✓ Visit the home of one of Ireland's greatest poets, **Seamus Heaney**. He won a Nobel Prize in Literature for his many works including plays, essays and translations.

#### Community Connections

- ✓ Give back during a community service activity at **WAVE Trauma Center**. This grass roots community organization helps bereaved families deal with the loss of a loved one due to violence during the troubles in Northern Ireland.
- ✓ Dine at the family run **Broughgammon Farm** to enjoy the fresh and local flavors, but to also learn about their sustainable food sourcing and ecofriendly farming with an aim to lead by example in the farming community.

#### What's included?

- 4 & 5\* accommodations throughout
- Private transportation and all activities as outlined in the itinerary
- International air to Dublin and returns from Shannon (gateway city tentatively New York)
- Local guide and program leader
- Meals as mentioned. Most tips
- Tutoring by Eileen Kerlin Walsh to create your own Ethical Will

#### Not included:

- Personal expenses at the hotels
- Meals not specified
- Passport renewal or issuance
- Domestic flight to gateway city
- National Guide tip, tips to your maid or porters



📍 New York, New York

### DAY 1, Tuesday, June 2, 2020

Depart from New York today make your way to Dublin.

📍 Dublin, Ireland

### DAY 2, Wednesday, June 3

Arrive in **Dublin** today. Upon arrival and after clearing Immigration and Customs procedures, the group will be met by your national guide for the transfer to city center.

On arrival enjoy a **panoramic tour of Dublin City**. Discover the north and south side of the River Liffey. This area offers great striking monuments such as the GPO (General Post Office) on the city main thoroughfare, O'Connell Street, or the Custom House along the quays, as well as the Phoenix Park, the largest public park in Europe. The south side appears more sophisticated with its vast Georgian squares, such as Merrion Square, where Oscar Wilde's House can still be found (today owned by an American College), its colorful doors, along with Grafton Street and its quality shops. Not so far from St. Stephen's Green, in Kildare St., you will see the house of Bram Stoker, the author of Dracula. This part of the city is also dominated by the students of Trinity College, where the famous book of Kells is permanently exhibited in its library. The university is facing the medieval district where Dublin Castle and the two Anglican Cathedrals can be found.

Lunch is on your own this afternoon.

Check into your local hotel this afternoon around 3:00 pm.

This evening the group will enjoy a welcome drink and briefing followed by dinner at your hotel.

**Overnight: Camden Court Hotel (or similar)**

**Included meals: Dinner**



📍 Dublin, Ireland

### DAY 3, Thursday, June 4

After breakfast, visit **EPIC, The Museum of Irish Emigration**. EPIC is a state-of-the-art interactive experience located in the beautiful vaults of the 1820 Custom House Quarter building in Dublin's Docklands, the original departure point for so many of Ireland's emigrants. It will inspire and guide you on a journey to discover the stories of Irish emigration around the world, from early times to the modern day. Over the centuries, some 10 million people have left the island of Ireland. At EPIC you can step through 20 themed galleries to find out why people left, see how they influenced the world they found, and experience the connection between their descendants and Ireland today. Immerse yourself in the stories of some of the most remarkable tales of sacrifice, endurance, adventure, and discovery the world has ever known. **You will have time this morning for an Ethical Will Session in a meeting room at EPIC.**

Lunch will be provided at a local pub or restaurant.

This afternoon visit the **National Archives**, which were established on June 1, 1988 following the amalgamation of the State Paper Office (SPO) and the Public Record Office of Ireland (PROI). The SPO was established in 1702 as a repository for records relating to the administrations of the various Lords Lieutenant (the English monarch's representative in Ireland) who until that date, had taken all of their records with them on leaving office. The SPO was situated in Dublin Castle until 1990.

Return to the hotel this evening where dinner is by individual arrangement.

**Overnight: Camden Court Hotel (or similar)**

**Included meals: Breakfast & Lunch**



📍 Derry, Ireland

## DAY 4, Friday, June 5

After breakfast, check out and depart for Derry via bus. In route the group will stop to visit **Ulster American Folk Park**. Ulster American Folk Park is an outdoor museum of emigration which tells the story of millions of people who left Irish shores. Experience the adventure that takes you from the thatched cottages of Ulster, on board a full-scale emigrant sailing ship, to the log cabins of the American frontier. Meet an array of costumed characters on your way with traditional crafts to show, tales to tell and food to share.

**You will have time this morning and throughout your program for various Ethical Will Sessions with your journey leader Eileen Kerlin Walsh.**

Enjoy lunch at the Folk Park.

Continue onward to **Derry** later this afternoon where the group will check into your local hotel. Derry is the second largest city in Northern Ireland and the fourth largest on the island of Ireland.

**City Hotel** enjoys one of the most idyllic locations; perched on the banks of the River Foyle within 5 minutes walking distance of the historic Derry Walls. They offer onsite dining, free Wi-Fi, fitness center, swimming pool and a bar.

Enjoy dinner at a local pub/restaurant.

**Overnight: City Hotel (or similar)**  
**Included meals: Breakfast & Lunch**



📍 Derry, Ireland

## DAY 5, Saturday, June 6

Begin your day with another **Ethical Will Session**. This morning it will be held at Derry Guildhall.

Experience a **CSR session at a WAVE Trauma Centre** in Northern Ireland. WAVE is a grass roots, cross community, voluntary organization formed in 1991 to support people bereaved of a spouse as a result of violence in Northern Ireland. It was expanded later to incorporate the needs of children and young people and anyone injured or traumatized through ‘the Troubles’.

Your activity lasts one hour and is conducted in a meeting room starting with an introduction into Peace Tourism and brief video about the Wave Trauma Centre. Attendees are then divided into groups to pack bags and include their own message of hope. Each bag contains a Wave magazine, mindfulness CD, aromatherapy oil, chocolate and a personal note.

Enjoy lunch and a tasting at the **Walled City Brewery**. The Walled City Brewery is a multi-award-winning restaurant and brewhouse based in Ebrington Square.

Finally enjoy **Derry Walls walking tour**. This award-winning Derry city tour showcases the only remaining completely walled city in Ireland. These famous walls, which date back to the early part of the seventeenth century, have been a place of several sieges. There are fine views from the top of the walls, which encircle the old city, a circuit of one mile. By walking on Derry’s Walls, you have splendid views of cathedrals and churches, you will learn about the historical events that shaped the city and explore attractions such as The Bogside, The People’s Gallery: The Murals, The Diamond, the Tower Museum and the Guildhall.

Return to the hotel where dinner is on your own.

**Overnight: City Hotel (or similar)**  
**Included meals: Breakfast & Lunch**



📍 Derry, Ireland

## DAY 6, Sunday, June 7

After breakfast, visit the **Seamus Heaney Homeplace**, which celebrates the life and literature of the poet and Nobel Laureate who was one of Ireland's greatest writers. Seamus Heaney Homeplace is in the village of Bellaghy, situated just 45 minutes from both Belfast and Derry City and is just off the main road which links the two cities. Seamus Heaney himself was born and raised within the area and chose Bellaghy as his final resting place. Take part in another **Ethical Will Session at Seamus Heaney Homeplace this morning.**

Enjoy a light lunch and a tour at Broughgammon Farm. The Cole family set up Broughgammon Farm in 2011, when they saw that most male kid goats born to the dairy industry were being put down at birth. They set out to take those males and rear them for delicious and healthy cabrito kid goat meat. Since then they have branched out into rearing free-range rose veal and seasonal wild game also. They now have an artisan on-site butchery, run seasonal cookery, butchery and wild game classes and have a farm shop selling the best of Northern Irish and Irish produce. The farm is situated three miles from the rugged North Antrim coastline, nestled between the towns of Ballycastle and Bushmills.

Finally, encounter Northern Ireland's favorite giant Finn McCool at the new **Giants Causeway** Visitor center on the North Antrim coast which opened in the summer of 2012. According to legend Finn McCool created the Giants Causeway by building steppingstones to Scotland to challenge the Scottish giant Benandonner! The new Visitor center explores the major themes of mythology, geology, landscape, ecology, culture and social history based on the UNESCO World Heritage site that consists of 40,000 basalt polygonal columns formed 60 million years ago after a volcanic eruption. There are various interactive exhibits and short video presentations within five designated interpretive exhibition areas and the self-guided visit will culminate with a spectacular two minutes audio-visual projection of a volcanic eruption flowing over the walls and onto the floor. Other services and facilities include a large craft and souvenir shop, Tourist Information and restaurant.

Return to Derry where dinner is by your own arrangement.

**Overnight: City Hotel (or similar)**  
**Included meals: Breakfast, Lunch**



📍 Galway, Ireland

## DAY 7, Monday, June 8

After breakfast, check out and head to Galway.

In route visit Strokestown Famine Museum for an **Ethical Will Session**. The property is the former home to the first landlord to be assassinated during the height of the Great Famine of Ireland in the 1840s. The museum is overseen by the Irish Heritage Trust, an independent non-profit.

Lunch will be provided this afternoon.

On arrival in **Galway** enjoy a walking tour. The city center of Galway is mainly pedestrian, so a walking tour is the best way to enjoy its atmosphere and discover some of its most important monument. The tour starts on Eyre Square and finishes at the Claddagh. During the tour you will see Lynch Castle, home to the mayors of Galway, Saint Nicholas Church founded in the 13th century, and the famous Spanish Arch. You can walk along the Corrib river to the Claddagh village or to the majestic Cathedral.

Check into your hotel with dinner on own this evening. Formerly a country mansion, the 4\* Ardilaun Hotel boasts luxury bedrooms with a superb conference center and leisure club facilities. It's independently owned and operated by the Ryan family who will celebrate 58 years in business in 2020.

**Overnight: Ardilaun Hotel (or similar)**  
**Included meals: Breakfast & Lunch**



📍 Killarney, Ireland

## DAY 8, Tuesday, June 9

Say goodbye to Galway and head to Killarney this morning.

In route enjoy the **Cliffs of Moher**, which are situated on the Atlantic Ocean and bordering the Burren region, the Cliffs of Moher are one of Ireland's most spectacular sights. Standing 230 meters above the ground at their highest point and 8 km long, the cliffs boast one of the most amazing views in Ireland. On a clear day, the Aran Islands are visible in Galway Bay as well as the valleys and hills of Connemara. The cliffs reach their highest point just north of O' Brien's Tower built by Cornelius O' Brien, a descendant of Brian Boru, to entertain his lady friends. A visit of the tower is also possible. The sweeping view across the Atlantic has recently been ranked the best 'cliff-view' on the planet. The visitor center has a restaurant, shop facilities and ample coach and car parking. A spectacular upgraded 13 km of scenic coastal pathway along the Cliffs of Moher links Doolin to Hags Head.

Enjoy an Irish music session with light lunch at the **Doolin Music House**. You will enjoy the experience of visiting a local home, enjoying local company and listening to a good traditional music session around the fire. Sheila is an artist and her works surround the rooms in the house creating a truly at-home atmosphere. A light lunch is included during your visit: smoked salmon and brown bread, Irish cheeses accompanied by a glass of wine or a soft drink.

Take the Shannon Car Ferry and continue to **Killarney**. This evening enjoy dinner at your hotel after check-in.

**Overnight: Great Southern (or similar)**  
**Included meals: Breakfast, Lunch & Dinner**



📍 Killarney, Ireland

## DAY 9, Wednesday, June 10

This morning the group will take a **Gap of Dunloe Tour** including a jaunting car ride and open boat trip. The Gap of Dunloe is a narrow mountain pass forged between the MacGillycuddy Reeks and Purple Mountain by glacial flows. The river running through the gap is the river Loe from where the Gap gets its name. The Gap begins at Kate Kearney's Cottage. The road narrows in many places, winds through the pass and descends into The Black Valley passing five lakes: Coosaun Lough, Black Lake, Cushnavally Lake, Auger Lake and Black Lough. Within easy walking distance from Kate Kearney's cottage is a picturesque old bridge known as the 'Wishing Bridge'. It is said that wishes made here really do come true!

Stop for lunch and an **Ethical Will Session** at Lord Brandon's Cottage. \*Seating will be reserved, and the session will be conducted during lunch.

Return to Killarney for the balance of the day at leisure with dinner on your own.

Enjoy a **public Ceili Night at Killarney Grand**.  
\* As this is a public Ceilidh it is out of our control if they decide to cancel or move this event.

**Overnight: Great Southern (or similar)**  
**Included meals: Breakfast & Lunch**



📍 Dingle, Ireland

## DAY 10, Thursday, June 11

This morning the group will depart Killarney and journey to **Dingle**. In route enjoy touring the **Dingle Peninsula**. Some of the finest coastal scenery to be seen in Ireland can be found in West Kerry, on the Dingle Peninsula, the most northern of the Kerry Peninsulas. This peninsula is famous for its Celtic, pre-Christian monuments and Christian churches. It is also a 'Gaeltacht' (Irish speaking) area, where the Irish language and traditional ways of life are preserved. Dingle town itself is a thriving fishing town and offers plenty of opportunity for shopping or simply savoring the atmosphere of a typical country Irish town with its plentiful pubs, narrow streets and busy harbor. The road around the Peninsula is truly spectacular. It passes through a chain of Mountains, called Slieve Mish. From Inch, a long beach bordered by dunes and made famous by David Lean's movie "Ryan's daughter," admire the Iveragh Peninsula and Rossbeigh Beach. From Dingle, drive around the coast to Sleah Head.

Enjoy a cooking demonstration and lunch at **Dingle Cookery School** this afternoon. Mark Murphy and Muireann Nic Giolla Ruaidh run the School and both have a love for Irish food and are passionate about hospitality. They love to see people succeed and learn, and with the teaching and mentoring methods provided, this becomes a reality. Using local quality ingredients in a comfortable purpose-built space makes Dingle Cookery School a fantastic place to learn how to cook or to perfect a craft.

Enjoy another **Ethical Will Session** at your hotel this afternoon. Dinner is on your own.

**Overnight: Dingle Skellig Hotel (or similar)**  
**Included meals: Breakfast & Lunch**



📍 Clare, Ireland

## DAY 11, Friday, June 12

This morning the group will depart Dingle and journey to **County Clare**. In route stop in the pretty village of Adare for time at leisure.

**Adare**, regarded as one of Ireland's most picturesque villages, is a small village with thatched cottages dotted throughout the town. These were created by the 3rd Earl of Dunraven in the 1820's for his estate workers. Today they are mostly used as craft shops or restaurants. A small town, it offers a lot. No visitor should leave without a visit to the Trinitarian Abbey, The Wishing Pools or partaking of a drink in the famous Dunraven Arms hotel. The village has a Desmond castle and a Manor, once the home of Lord Dunraven ~ today it is the 5-star Adare Manor Hotel. The heritage site in the center of town is a useful source of information.

Then enjoy a tour and talk at **Glenstal Abbey**, a Benedictine monastery in County Limerick. The estate has streams, lakes and woodland paths, surrounds a castle built in Norman style. The abbey, which is dedicated to Saints Joseph and Columba, is home to a community of monks. Prayer and liturgical celebration combine with managing a boarding school for boys, a farm, and a guest house. Enjoy lunch at Glenstal Abbey as well as your last **Ethical Will Session** in the O'Brien Room.

Check into your local hotel and enjoy the rest of the day at leisure. This evening's farewell dinner will be at a local restaurant.

**Overnight: Savoy Hotel (or similar)**  
**Included meals: Breakfast, Lunch & Dinner**

## DAY 12, Saturday, June 13

Check out of your hotel this morning and transfer to the Shannon airport for your flight back to New York today (flight time pending).

**Included meals: Breakfast**



## A NOTE FROM EILEEN KERLIN WALSH

*Join me on a journey of self discovery to mystical Ireland. We will immerse ourselves in traditional music, art and storytelling. While there, we will follow the ancient tradition of creating our "Ethical Will".*

*An Ethical Will is a legacy letter on the meaning and purpose of our life. It is a pilgrimage to self, a gathering of the stories that made us who we are and taught us what we believe. The creation is healing and life affirming for the writer and a priceless gift for loved ones.*

*Each day, in an inspirational setting, we will journey into memory to reveal the experiences; failure and loss as well as success and achievement, that shaped our worldview.*

*When we are not writing, we fire our imagination journeying through medieval towns, picturesque villages and majestic haunting landscapes. We visit museums, galleries and historical sites. We listen to local experts on genealogy, as well as philosophers, writers and poets.*

*Our nights will be filled with fun, music, laughter, singing and dancing, togetherness and solitude.*

*As our journey progresses, we return daily to our writing with heightened clarity. We write to be heard, to belong, to be remembered, to make a difference. We celebrate our lives and pass our wisdom to the next generation.*

*My award winning program will guide you through memories, values, beliefs, gratitude, grace, hopes and blessings. I give you prompts, samples, quotes and suggestions to keep you moving through the process with ease. In seven short steps, your life's essence is captured. You will create a unique blend of ancestry, storytelling, memoir and inspirational guide. It will capture forever your place in history and enrich the lives of your readers.*

*Upon completion, we will transcribe your Ethical Will to beautiful archival paper and our final step will be sharing, if we are comfortable, with each other. By listening to and learning from each other's story, we affirm "our little human lives matter cosmically, that they are not irrelevant"*

***"After nourishment, shelter, and companionship, stories are the thing we need most in the world"***

***-Philip Pullman***

## MEET EILEEN

Eileen Kerlin Walsh grew up on a small farm in Ireland. She came to the U.S. in 1989 and fell in love with Chicago and the American dream. She received her law degree from Loyola University Chicago School of Law. Eileen worked in both the private and government sectors before establishing her own practice in 2002.

Eileen is a curious, enthusiastic lifelong learner. She loves travel, stories and theater. She keeps fit with Tibata interval training and unwinds with yoga. Eileen is married to her darling Tom. They have four noisy, delightful young boys and a golden doodle named Sailor.

Eileen serves her local and business community on the Oak Lawn Chamber Board and Legislative Committee. She also sits on the Board of Directors for the Children's Museum of Oak Lawn. She provides mentoring for local students through the Moraine Valley Community College Job Resource Center.





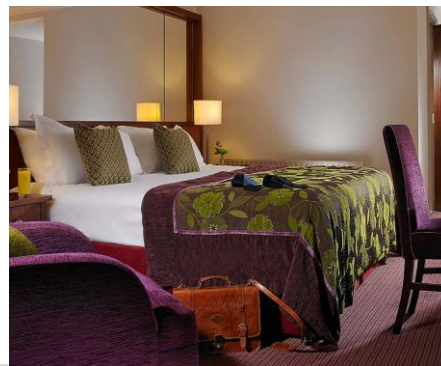
📍 Dublin, Ireland

### Camden Court Hotel 4\*

Camden Street  
Dublin, Ireland

**Telephone:** +353-1-475-9666

<http://www.camdencourthotel.com>



📍 Derry, Ireland

### City Hotel 4\*

Queens Quay, County Londonderry  
Derry, Ireland BT48 7AS

**Telephone:** +44-2871 365 800

<https://www.cityhotelderry.com/>



📍 Galway, Ireland

### Ardilaun Hotel 4\*

Taylor's Hill  
Galway, Ireland H91 H29F

**Telephone:** +353-91 521 433

<https://www.theardilaunhotel.ie>



📍 Killarney, Ireland

### Great Southern Hotel 4\*

Town Centre, Killarney  
Co. Killarney, Ireland, V93 R866

**Telephone:** +353 64 663 8000

<https://www.greatsouthernkillarney.com>







📍 Dingle, Ireland

### **Dingle Skellig Hotel 4\***

Emlagh West  
Dingle, Ireland

**Telephone:** +353-66-915-0200  
<https://www.dingleskellig.com>



📍 County Clare, Ireland

### **Savoy Hotel 5\***

22 Henry Street, Limerick, Ireland,  
V94 EY2P

**Telephone:** +353 61 448 700  
<https://www.savoylimerick.com/>

