

Chronological History of Chief Complaint

use as much space as you need and as much detail as possible (add pages if necessary)

Timeline is a very important tool that gives a “snapshot” of your chief complaint and other complaints that have developed since the onset of your problem. Besides the listed categories, think about the time of day your symptoms were worse in the timeline. Even if you can’t remember all the details any information is helpful. One reason for this information is to make sure tests, medications, etc. that you have already taken are not repeated. Once you start treatment Dr. Riggs will keep the timeline going for you.

Year or Age						
Symptoms						
Dr.’s seen & specialty						
Tests, Studies, Labs, MRI, CT, etc. (findings)						
Treatment, Meds, Physical therapy, Chiropractic, Splits, Dental Work, Injections, Referred to another dr.						
Duration Of TX						
Results of Treatment						