

***Community Resources For  
Overton County-Livingston  
Head Start Center  
2024-2025***



To locate additional information on Community Resources access:

<https://empoweruppercumberland.org/discoverresources/>.

Or <https://ucassist.org/search/>

***Developed and Distributed by L.B.J. & C. Head Start***

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## **Adult Education:**

**Empower Upper Cumberland**  
106 Henson St. Livingston, TN 38570  
931-357-0602

**Middle Tennessee School of  
Cosmetology**  
880-A East 10<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 526-8735

**Cookeville Higher Learning Campus**  
1000 Neal Street  
Cookeville, TN. 38501  
(931) 526-2211 or (931) 520-0551

**Overton County Adult Basic  
Education**  
112 Bussell Street  
Livingston, TN. 38570  
(931) 823-7761

**Roane State Community College**  
Crossville, TN 38555  
931-456-9880

**Tennessee Technology Center**  
Livingston, TN. 38570  
(931) 823-5525

**Tennessee Technological University**  
Cookeville, Tennessee 38505  
(800) 255-8881 or (931) 372-3888

**Volunteer State Community College**  
Livingston, TN 38570  
931-8235-7065

**UCReconnect.com**  
931-526-2211

**Youth CAN**  
580 S Jefferson Ave, Suite A  
Cookeville, TN 38501  
931-520-9538

## **Adult Job Training Services:**

**American Job Center**  
931-520-9502  
Anthony.scionti@tn.gov

**AMERICAN MANUFACTURING &  
PACKAGING (AMP)**  
435 Gould Drive  
Cookeville, TN. 38506  
(931) 432-5981

**Career Center**  
3300 Williams Enterprise Drive  
Cookeville, TN. 38501  
(931) 520-8733

**Career Specialist**  
206 W Henson St Livingston, TN 38570  
931-303-6823

**Families First**  
Livingston, TN. 38570  
Contact: Ralph Robbins  
(931) 823-5525

**Family Resource Center**  
Cookeville, TN. 38501  
Contact: Beverly Dronebarger  
(931) 537-6135

**Goodwill Industries**  
575 South Jefferson  
Cookeville, TN. 38501  
(931) 520-8969

**Genesis Career College**  
880-A East 10<sup>th</sup> Street  
Cookeville, TN 38501  
(931) 526-8735

**Fortis Institute**  
Highway 111  
Cookeville, TN.  
(931) 526-3660

**Mr. Wayne's School of Hair Design**  
Willow Tree Shopping Mall

Cookeville, TN. 38501  
(931) 526-1478

**Nashville State Community College**  
1000 Neal Street  
Cookeville, TN. 38501  
(931) 526-2211  
(931) 520-0551

**Social Security Administration - SSI Program**  
Cookeville, TN 38501  
931-528-9765 & *Hotline:* 800-347-4501

**Tennessee Department of Human Services - Overton County**  
411 W. Main St  
Livingston, TN 38570  
931-823-5695

**Tennessee Technology Center**  
Livingston, TN. 38570  
(931) 823-5525

**UCHRA**  
Livingston, TN  
931-823-7323

### **Resources for Bereavement:**

**Hospice Grief Recovery Group**  
Sponsored by: Lazarus House Hospice  
851 South Willow Ave Ste 102  
Cookeville, TN.  
931-520-1705  
931-528-5133

**Heart of the Cumberland**  
P.O. Box 717,  
Cookeville, TN 38503  
Phone: 931-525-2600  
heartofthecumberland@gmail.com

### **Childcare:**

**Wonder Bees**  
1008 E Main St  
Livingston, TN 38570  
931-823-2782

**Christine's Day Care**  
124 Boot Hill Road  
Allons, TN 38541-0000  
(931) 823-4763

**Crayon Club House**  
1576 Hanging Limb Hwy  
Monterey, TN 38574  
(931) 839-2329

**First Skool**  
111 Gore Ave  
Livingston, TN 38570  
931-510-1025

**Livingston Head Start Center**  
480 Cross Ave  
Livingston, TN 38570-1038  
(931) 450-8253 (*Free Service*)

**Ma-Ma's Kiddie Poohs**  
208 Zion Hill Rd  
Cookeville, TN 38506  
931-265-0865

**Ms Angie's Playhouse**  
Livingston, TN 38570  
(931) 823-7070

**Only Little Once**  
2837 Celina Hwy  
Allons, TN 38541  
931-403-1963

**Patsy Ann's Childcare**  
115 McAlpin Rd  
Livingston, TN 38570  
931-403-5950

**Resources to help in Child Abuse Situations:**

**Child Abuse Hotline**  
900 2nd Avenue North  
Nashville, TN 37201  
877-237-0004

**Department Of Children's Services**  
600 Hearthwood Ct  
Cookeville, TN 38506  
(931) 646-3000

**District Attorney General**  
1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-5015

**Omni Community Health**  
Cookeville, TN. 38501  
(931) 528-0051  
1-800- 881-0359 & (615) 781-0688

**Livingston City Police Department**  
North Church St  
Livingston, TN. 38570  
(931) 823-6496 & 911 Emergencies

**Overton County Branch  
Department Of Children's Services**  
Livingston, TN. 38570  
(931) 823-5890

**Overton County Sheriff's Department**  
1010 John Poindexter Drive  
Livingston, TN. 38570  
(931) 823-5635 & 911 Emergencies

**The Exchange Club/Stephens Center  
for the Prevention of Child Abuse**  
616-B North Church Street  
Livingston, TN 38570  
931-823-6432 & 800-635-5199

**Tennessee Commission on  
Children/Youth**

1000 Neal Street  
Cookeville, TN 38501  
(931) 520-4445

**Livingston Chamber of Commerce**  
222 East Main Street  
Livingston, TN 38570  
(931) 823-6422

**CASA /Court Appointed Special  
Advocates**  
106 West Henson Street  
Livingston, TN 38570  
Contact = Sara Hogue  
(931) 823-7479

**Dental Providers who take  
TennCare:**

**Cavity Commando**  
1265 Interstate Dr. Cookeville, TN  
38501  
931-783-1491

**Castle Dental**  
787 B South Willow Ave  
Cookeville, TN 38501  
931-528-2324  
Murfreesboro, TN  
615-867-6360

**Catherine Phillips, DDS**  
200 W 10<sup>th</sup> St  
Cookeville, TN 38501  
(931) 646-7506

**Cookeville Regional Dental Clinic**  
327 North Cedar Street  
Cookeville, TN 38501  
(931) 528-5105

**Crossville Dental Clinic**  
1720 West Avenue Suite # 6  
Crossville, TN. 38555  
(931) 484-3007

**Dr. Steven Ellis –Livingston Family Dentistry**  
Livingston, TN. 38570  
(931) 823-5517

**Dr. Buckie Parsons - Livingston Family Dentistry**  
Livingston, TN. 38570  
(931) 823-5517

**Hermitage**  
4761 Andrew Jackson Pkwy  
Hermitage, TN 37076  
615-885-3525  
**Hermitage Dental Clinic //Dr. Charles Burdeshaw**  
107 Bonnahbrook Drive  
Hermitage, TN 37076  
1-800-373-3330

**Providence**  
5000 Crossings Circle, Suite 301  
Mt. Juliet, TN 37122  
615-754-4444

**Overton County Health Department**  
5880 Bradford Hicks Dr.  
Livingston, TN. 38570  
931-823-6260  
Pickett Co 931-864-3178  
Putnam Co (931) 528-2531

**Snodgrass-King Pediatric Dentistry**  
Gateway Medical Plaza II  
1747 Medical Ctr. Parkway Suite 300  
Murfreesboro, TN 37129  
615-225-0700

**Wild About Smiles**  
614- E Clark Blvd  
Murfreesboro, TN 37130  
615-890-0885

**Zoo Crew**  
1100 Neal St  
Cookeville, TN 38501  
931-349-7807

**Cumberland Pediatric Dentistry & Orthodontic**  
Bryan Burnside, DMD  
510 S. Jefferson Ave  
Cookeville, TN 38501  
931-854-1200

**Dental Providers, who may not take TennCare, but offer services to low-income families:**

**Bread of Life Homeless Shelter and Clinic**  
281 4th Street  
Crossville, TN 38555  
931-707-0569

**Cookeville Rescue Mission**  
1331 S Jefferson Ave  
Cookeville, TN 38506  
931-528-5819

**Dr. Manish Rana**  
400 West Crawford Ave  
Monterey, TN 38574  
(931) 839-8684

**Overton County Health Department**  
5880 Bradford Hicks Drive  
Livingston, TN 38570  
931-823-6260

**Resources for Persons with Disabilities:**

**Access Program**  
225 N Willow Ave  
Cookeville, TN 38501  
(931) 520-8465

**American Manufacturing & Packaging (AMP)**  
Cookeville, TN. 38506  
(931) 432-6997

**Project Affirm**

501 Spruce Street  
Dale Hollow Mental Health Center  
Livingston, TN 38570  
931-432-5590 & **Hotline:** 931-823—  
5678

**Children's Special Services**

Overton County Health Department  
Bradford Hicks Drive  
Livingston, TN 38570  
931-823-6260

**Friends of T.I.P.S.**

P.O. Box 5095  
Tennessee Tech University  
Cookeville, TN 38505  
931-372-6247

**Independent Opportunities Inc.  
(I.O.I.)**

25 West Broad Street  
Suite # 8  
Cookeville, TN. 38501  
(931) 528-7701

**KIDS Putnam**

Cookeville, TN 38501  
931-526-5437

**Social Security Administration - SSI  
Program**

Cookeville, TN 38501  
931-528-9765 & **Hotline:** 800-347-4501

**TN Early Intervention System (TEIS)**

Education/training  
(931) 372-3561 or 1-800-852-7157

**Upper Cumberland Human Resource  
Agency - Overton County**

106 West Henson Street  
Livingston, TN 38570  
931-823-7323

**Vocational Rehabilitation**

Cookeville, TN. 38501  
(931) 526-9783

**Vocational Training Center**

1605 Brown Ave.  
Cookeville, TN. 38501  
(931) 526-4721

**Resources to help in Domestic  
Violence Situations:**

**Alliance Against Domestic Violence**

Cookeville TN 38501  
(931) 526-4730  
(931) 526-5197

**Domestic Violence Support Group**

Sponsored by Genesis House:

**District Attorney General**

1519-East Spring Street  
Cookeville, TN. 38501  
(931) 528-5015

**Genesis House**

Street location is confidential  
Cookeville, TN N/A  
(931) 526-4730  
**Hotline:** 800-707-5197

**Omni Community Health**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Livingston City Police Department**

North Church St  
Livingston, TN. 38570  
(931) 823-6496  
911 Emergencies

**New Life Church**

**931-397-9500**

**Overton County Sheriff's Department**

1010 John Poindexter Drive  
Livingston, TN. 38570  
(931) 823-5635  
911 Emergencies

**Alcohol and Drug Abuse**

*All Local Churches in Area*

**Hopes Ministry**

1543 Tommy Dodson Hwy.  
Cookeville, TN 38501  
[admissions@hopecm.com](mailto:admissions@hopecm.com)  
1-740-516-3019

**Bradford Health Center @ Cookeville  
Outreach Office**

320 East Broad Street  
Suite 1-A  
Cookeville, TN 38501  
931-646-4674

**Bradford Health Center @ Cookeville  
Regional Office**

1330 Neal Street, Suite D  
Cookeville, TN 38501  
931-528-6803

**Dale Hollow Mental Health Center**

501 Spruce Street  
Livingston, TN 38570  
(931) 823-5678

**Drug Abuse Hotline**

1-800-888-9383

**Drug Coalition Task Force**

Court Annex Building  
Livingston, TN 38570  
931-823-3797

**Omni Community Health**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688

**Livingston City Police Department**

North Church St  
Livingston, TN. 38570  
(931) 823-6496 Drug Hotline: 931-  
783-3743  
911 Emergencies

**Manna House**

326 White Oak Rd  
Jamestown, TN  
(931) 752-7075

**Meth Hotline**

Spring Street  
Cookeville, TN.  
38501

(931) 525-6384

**Meth Hotline/Statewide**

1-877-866-6384

**Mothers Against Drunk Driving  
/Support Group Meetings**

18 N. Madison Ave  
Cookeville, TN. 38501  
931-520-6233

**Overton County Sheriff's Department**

1010 John Poindexter Drive  
Livingston, TN. 38570  
(931) 823-5635 New Tips Hotline 931-  
823-4631  
911 Emergencies

**Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue  
Cookeville TN 38502  
Phone: (931) 432-4123 Hotline: (877)  
567-6051

**Thirteenth Judicial Task Force**

Cookeville, TN. 38501  
(931) 528-5400



**Teen & Adult Challenge**

200 Freedom Ln  
Livingston, TN 38570  
1-888-688-0470

**Upper Cumberland-Community Services Agency**

417 East Broad Street  
Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Overton County**

106 West Henson Street  
Livingston, TN 38570  
931-823-7323

**Assistance in the event of an Emergency Situation:**

**Alpine Fire Department & Rescue**

(931) 823-3422 911 Emergencies

**Allons Fire Department & Rescue**

(931) 823-9638 911 Emergencies

**Air Evac Life Team**

106 Emergency Services Dive  
Albany, KY 42602  
(606) 387-9099 Emergency = 911

**Disaster Assistance**

DisasterAssistance.gov

**Hilham Fire Department & Rescue**

(931) 823-5635 911 Emergencies

**Livingston City Police Department**

North Church St  
Livingston, TN. 38570  
(931) 823-6496 911 Emergencies

**Livingston Regional Hospital**

315 Oak Street  
Livingston, TN.  
931-823-5611

**Muddy Pond Fire Department & Rescue**

Muddy Pond  
Crawford, TN. 38554  
(931) 445-3036  
911 Emergencies

**Monroe Fire Department & Rescue**

Monroe, TN. 38573  
(931) 823-4667 911 Emergencies

**Overton County Rural Fire Department**

332 Civil Defense  
Livingston, TN. 38570  
(931) 823-1133

**Overton County Rescue Squad**

125 Johnson Speck Lane  
Livingston, TN 38570  
(931) 823-5404

**Overton County Sheriff's Department**

1010 John Poindexter Drive  
Livingston, TN. 38570  
(931) 823-5635  
911 Emergencies

**Poison Control**

**1-800-288-9999**

**Rickman Fire Department & Rescue**

(931) 498-4357 911 Emergencies

**Shriners of Tennessee**

1354 Brick Church Pike  
Nashville, TN. 37207  
(615) 226-7676

**TEMA**

[www.tn.gov/tema](http://www.tn.gov/tema)

**Taylor's Crossroads Fire Department**  
Old Stover RD  
Monroe, TN  
931-823-9396

**Thirteenth Judicial Task Force**  
Cookeville, TN. 38501  
(931) 528-5400

**Assistance with  
Food/Clothing/Utilities Needs:**

**Allons Baptist Church**  
2505 Celina Livingston Hwy  
Livingston TN 38578  
(931) 823-8613

**Allons Church of Christ**  
Allons, TN.  
(931) 823-4145

**Community Education Office for the  
Food Stamp Program**  
*Legal Aid Society of Middle Tennessee  
and the Cumberland*  
9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817

**Department of Human Services**  
616 North Church St  
Livingston TN 38578  
(931) 823-5695

**Fellowship Baptist Church**  
2810 Willow Grove Hwy  
Allons TN 38541  
(931) 823-4552

**Livingston First Church**  
104 Robert Street  
Livingston, TN 38570  
(931) 823-6445

**Monterey Church of God**  
Industrial Drive  
Monterey, TN 38574  
*(Assist with food and other needs)*

**Monterey Food Bank**  
Sponsored by: First Baptist Church  
106 North Chestnut Street  
Monterey, TN 38574  
(931) 839-2971

**Mineral Springs Missionary Baptist  
Church**  
Hanging Limb Hwy  
Monterey, TN 38574  
(931) 839-3538

**Muddy Pond Baptist Church**  
Muddy Pond Community

**Widow Barrel**  
713 E Main St.  
Livingston, TN 38570  
931-403-4038

**TennCare Transportation - Cookeville**  
417 East Broad Street  
Cookeville, TN 38501  
931-372-8719 & **Hotline:** 800-483-6743

**Upper Cumberland Human Resource  
Agency - Overton County**  
106 West Henson Street  
Livingston, TN 38570  
931-823-7323

**Women of the Well**  
Food Pantry  
Joe L Evins Community Center  
Livingston, TN 38570

**Resources to assist with  
Housing/Homeless Needs:**

**Bread of Life Homeless Shelter and Clinic**

281 4th Street  
Crossville, TN 38555  
931-707-0569

**Cookeville Rescue Mission**

1331 S Jefferson Ave  
Cookeville, TN 38506  
(931) 528-5819

**Habitat for Humanity – Active in Overton County**

9-4pm  
931-528-1711

**HART**

Homeless Advocacy for Rural Tennessee  
Grant based program, which allocates homeless assistance  
P.O. Box 3311  
Crossville, TN 38557  
931-484-3207

**Holly Hill's**

15 Holly Dr  
Livingston, TN 38570  
931-823-1118

**Livingston Housing Authority**

620 E 7Th Street  
Livingston, TN 38570-1204  
(931) 823-6423  
(Income Based)

**M&E Rentals**

550 N Church St. Livingston, TN 38570  
931-498-2338

**Mt Gove Apts (Seniors)**

940 N Spring St  
Livingston, TN 931-823-6626

**Upper Cumberland Homeless Shelter**

15 Division Street

Crossville, TN. 38555  
(931) 456-8172

**Upper Cumberland Human Resource Agency - Overton County**

106 West Henson Street  
Livingston, TN 38570  
931-823-7323

**United States Department of Agriculture**

Rural Development  
390 South Lowe Avenue Suite K  
Cookeville, TN 38501  
(931) 528-6539

**41 Villa Court**

Livingston, TN 38570  
931-823-2164 (Tuesday/Thursday only)  
(Income Based)

**Willow Place**

216 Fair St  
Livingston, TN 38570  
931-823-5290

**Assistance with Insurance Needs:**

**Blue Cross Blue Shield**

(865) 588-4612 Group Insurance  
1-800-845-2738

**Cotton States**

107 East Broad Street  
Livingston, TN 38570 (931) 823-2885

**Farm Bureau**

410 Veterans Drive  
Cookeville, TN 38501  
(931) 528-1571

**Farm Bureau**

7486 Bradford Hicks Drive  
Livingston, TN 38570  
(931) 823-1322

**Gary Maxwell Insurance**

420 East Main Street  
Livingston, TN 38570  
(931) 823-1251

**Tennessee Justice Center**

Nashville, TN  
615-255-0331

**Upper Cumberland Human Resource Agency - Overton County  
Coverkids**

106 West Henson Street  
Livingston, TN 38570  
931-823-7323

**Legal/Governmental Assistance:**

**Child Support Services of Tennessee -  
Cookeville**

1525 East Spring Street  
Suite G  
Cookeville, TN 38506  
931-528-8598

**Livingston Housing Authority**

620 E 7Th Street  
Livingston, TN 38570-1204  
(931) 823-6423

**Legal Aid Society of Middle Tennessee  
and the Cumberlands**

9 South Jefferson Avenue  
Cookeville, Tennessee 38501  
Phone: 931.528.7436  
Toll Free: 800.262.6817

**Rape and Sexual Assault Response  
Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation: 24 hrs. /day, 7 days  
a week  
Phone: 931-526-5197  
Hotline: 800-707-5197

Translation services offered: Yes

**Tennessee 211**

1-800-318-9335

**Upper Cumberland-Community  
Services Agency**

1000 England Dr. #F  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource  
Agency - Overton County**

106 West Henson Street  
Livingston, TN 38570  
931-823-7323

**Resources to Strengthen  
Marriages:**

**Assessment/Counseling/training  
Services (ACTS)**

Cookeville, TN 38501  
(931) 528-9399

**Three Forks Baptist Church**

Hanging Limb Rd.  
Monterey, TN 38574  
(931) 839-3734

**The Exchange Club/Stephens Center  
for the Prevention of Child Abuse**

Livingston, TN 38570  
Contact: Carolyn Isbell, Executive  
Director  
931-823-6432 & 800-635-5199

**Upper Cumberland Development  
District**

1104 England Dr.  
Cookeville, TN 38501  
(931) 432-4111

**Pre- Marriage Counselors:**

**Assessment/Counseling/training Services (ACTS)**  
Cookeville, TN. 38501  
(931) 528-9399

**Three Forks Baptist Church**  
Hanging Limb Rd.  
Monterey, TN 38574  
(931) 839-3734

**Dale Hollow Mental Health Center**  
Telephone = 1-877-567-6051

**The River Community Church**  
1200 Miracle Road  
Cookeville, TN 38501  
931-528-3660

**Volunteer**  
**Dale Hollow Mental Health Center**  
501 Spruce Street  
Livingston, TN 38570  
Telephone = 1-800-299-6197  
931-823-5678

**Medical Providers who take TennCare:**

**Ashley Allred O.D**  
**In Focus Eye Care**  
Livingston, TN. 38570  
(931) 403-3937

**Byrdstown Medical Center**  
8401 Hwy 111  
Byrdstown, TN.  
(931) 864-3187

**Children's Special Services**  
Livingston, TN  
931-823-6260

**Cookeville Pediatrics Associates**  
345 West Broad Street  
Cookeville, TN. 38501  
(931) 528-1485

**Cookeville Regional Medical Center**  
142 West 5<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2541

**Cumberland Physicians Group**  
305 South Holly Street  
Monterey, TN. 38574  
(931) 839-6005

**Dr. Chakrabarty**  
225 North Willow Ave.  
Cookeville, TN. 38501  
(931) 528-8899

**Kids Kare /Dr. Climico**  
758 South Willow Ave.  
Cookeville, TN. 38501  
(931) 526-6173

**Livingston Regional Hospital**  
315 Oak Street  
Livingston, TN. 38570  
931-823-5939

**Livingston Family Healthcare**  
403 University Street  
Livingston, TN.  
931-403-5939

**Mid-South Allergies, Asthma & Sinus Center**  
220 N. Oak Street  
Cookeville, TN. 38501  
(931) 520-1010

**Oasis Medical Clinic**  
Dr. Kenneth Colburn MD  
FNP-Joshua Cooper  
FNP- Jessica Randolph  
4120 Bradford-Hicks Drive  
Livingston, TN 38570-2301  
(931) 823-5603

**Overton County Health Department**  
1080 Bradford-Hicks Drive  
Livingston, TN 38570-2301

(931) 823-6260

**Pearson Family Medical Clinic**  
305 South Holly St/ Suite A  
Monterey, TN. 38574  
(931) 839-3041

**Primary Care Clinic/Dr. Clough**  
5751 Bradford Hicks DR  
Livingston, TN 38570  
(931) 823-3030

**Tennessee Pediatrics**  
435 North Cedar Street  
Cookeville, TN. 38501  
(931) 526-6100

**The Livingston Clinic (Dr. Langenburg)**  
500 West Main Street  
Livingston, TN. 38570  
(931) 823-5681

**Dr. Collin Smith**  
316 Oak St  
Livingston, TN 38570  
931-823-1266

**Medical Providers, who may not take TennCare, but offer services to low-income families:**

**Baxter Medical Clinic**  
319 West Broad Street  
Baxter, TN.38544  
(931) 858-2116

**Bread of Life Homeless Shelter and Clinic**  
281 4th Street  
Crossville, TN 38555  
931-707-0569

**Children's Special Services**  
Livingston, TN  
931-823-6260

**Cookeville Regional Medical Center**  
142 West 5<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 528-2541

**Lion's Club**  
Moodyville Rd.  
Byrdstown, TN. 38549  
(931) 864-7342

**Livingston Regional Hospital**  
315 Oak Street  
Livingston, TN.  
931-823-5611

**Lion's Club- Optical Assistance**  
(931) 823-4724

**Overton County Health Department**  
1080 Bradford-Hicks Drive  
Livingston, TN 38570-2301  
(931) 823-6260

**Partnership for Prescription Assistance**  
Phone: 1-888-477-2669  
[www.pparx.org](http://www.pparx.org)

**Mental Health Providers who take TennCare:**

**Cumberland Plateau Recovery**  
550 North Church Street Livingston,  
TN. 38570  
(931) 403-3577 and (931) 265-5382

**Dale Hollow Mental Health Center**  
501 Spruce Street Livingston, TN.  
38570  
(931) 823-5678

**Personal Growth and Learning Center**  
509 North Cedar Avenue  
Cookeville, TN 38501  
931-520-8435

**Rape and Sexual Assault Response Center**

1519 East Spring, Suite F  
Cookeville, TN 38506  
Hours of operation 24 hrs. /day, 7 days a week  
Phone: 931-526-5197 **Hotline:** 800-707-5197

**Team Evaluation Center**

600 North Holtzclaw Avenue  
Chattanooga, TN 37404-1220  
(423)-622-0500

**Volunteer Behavioral Health Care System - Plateau Mental Health Center**

1200 South Willow or PO Box 3165  
Cookeville, TN 38502  
931-432-4123 **Hotline:** 1-800-281-4943

**Mental Health Providers, who do not take TennCare, but offer services to low-income families:**

**Assessment/Counseling/training Services (ACTS)**

Cookeville, TN. 38501  
(931) 528-9399

**Omni Community Health**

Cookeville, TN. 38501  
(931) 528-0051  
(615) 781-0688 *(A community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; **Child & adolescent counseling:** intensive and therapeutic case management: and family preservation.)*

**Plateau Mental Health Center**

Substance Abuse Services  
1200 South Willow Avenue Cookeville  
TN 38502  
Phone: (931) 432-4123 **Hotline:** (877)

567-6051

**Pacesetters Inc.**

2511 HWY 111 North  
Algood, TN. 38506  
(931) 537-9100

**Upper Cumberland-Community Services Agency**

417 East Broad Street Suite A.200  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource Agency - Overton County**

106 West Henson Street  
Livingston, TN 38570  
931-823-7323

**Quit Tobacco Resources**

**Tennessee Tobacco Quitline:** 1-800-784-8669

**Cumberland County Health Department**

Smoking Cessation  
Ruth Lucas  
131 South Webb  
Crossville, TN 931-484-6196

**White County Hospital**

Quit 4 Life Smoking Cessation  
Greg Williams  
931-738-9211

**Cookeville Regional Medical Center- Algood Room**

Quit 4 Life Smoking Cessation  
Tandy Todd  
142 W. 5<sup>th</sup> St.  
Cookeville, TN 38501  
931-646-2693

**Tennessee Department of Health,  
WIC Program**

S.M.A.R.T. – Smart Mothers are  
Resisting Tobacco  
1-800-942-5942

**Nicotine Anonymous**

800-642-0666

**American Lung Association**

Freedom from Smoking  
info@lung.org  
800-586-4872

**American Lung Association of  
Tennessee**

212 S. Peters Rd Suite 106  
Knoxville, TN 37923  
865-691-7228  
www.lungusa.org

**Former Smokers**

The No Smoke Café  
<http://clever.net/chrisco/nosmoke/stop.html>

**Resources to assist persons  
raising children possibly other  
than their own:**

**Agricultural Extension Service -  
Overton County**

317 East University Street  
Suite 131  
Livingston, TN 38570

**Adapt Program**

Cookeville, TN.  
(931) 432-5966

**Cumberland Counseling Services**

931-528-2378

**Department Of Children's Services**

1300 Salem Road  
Cookeville, TN 38506

(931) 646-3002

**CHANT**

Upper Cumberland  
Regional Office  
1000 England Dr.  
Cookeville, TN 38501  
931-528-7531  
931-520-4202

**Parent's Encouraging Parents**

**Support Group**

200 Wets 10<sup>th</sup> Street  
Cookeville, TN. 38501  
(931) 646-7510

**Relative Caregiver Program-UCDD**

1104 England Dr.  
Cookeville, TN. 38501  
(931) 432-4111

**The Exchange Club/Stephens Center  
for the Prevention of Child Abuse**

Livingston, TN 38570  
Contact: Carolyn Isbell, Executive  
Director  
931-823-6432 & 800-635-5199

**Upper Cumberland-Community  
Services Agency**

1000 England Dr. #F  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource  
Agency - Overton County**

106 West Henson Street  
Livingston, TN 38570  
931-823-7323

**Youth Villages**

1420 Neal Street  
Cookeville, TN. 38501  
(931) 525-6905



**Resources to assist with  
Transportation Needs:**

**A-1 Auto**

Monterey, TN. 38574  
(931) 839-3013  
Contact: Bill Norrod or Tim Anderson

**Arney Wrecker**

701 W Main St  
Livingston, TN 38570  
931-397-8813  
931-644-2103

**Richard Pryor**

388 Old Neal Rd  
Livingston, TN. 38570  
(931) 397-0957

**TennCare Transportation - Cookeville**

417 East Broad Street  
Cookeville, TN 38501  
931-372-8719 & **Hotline:** 800-483-6743

**Upper Cumberland-Community**

**Services Agency**  
1000 England Dr.  
Cookeville, TN 38501  
(931) 520-0200

**Upper Cumberland Human Resource  
Agency - Overton County**

106 West Henson Street  
Livingston, TN 38570  
931-823-7323

**Upper Cumberland Development  
District**

1104 England Dr.  
Cookeville, TN 38501  
(931) 432-4111

**Promoting Youth Involvement:**

**I Am Kids Connect**

Sunday nights-Food, games,  
entertainment, held @ First Methodist  
Life Center Gym. All youth are  
welcome. Buses will pick up and return  
children.  
Ashley 931-498-1426

**4-H Youth Development Programs**

Sponsored by: U.T. Extension Office  
317 East University Street  
Livingston, TN. 38570  
(931) 823-2735

**Upper Cumberland-Community  
Services Agency**

1000 England Dr.  
Cookeville, TN 38501  
931-520-0200

**Young Life for Teens**

Livingston TN 38570

**Youth Leadership Overton**

Sponsored by: U.T. Extension Office  
317 East University Street  
Livingston, TN. 38570  
(931) 823-2735

**WCTE American Graduate & Ready  
To Learn**

LWray@wcte.org  
CPutman@wcte.org  
931-528-2222

**Language Assistance  
(All Counties)**

**County Health Depts. - Primary  
Health Care Services**

*County operated outpatient health care  
facilities that provide a broad range of  
diagnostic and treatment services  
including primary adult and pediatric  
care, prenatal care, dental care and  
specialty medicine as well as laboratory  
and radiological services and allied*

*support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)*

**Department of Human Services,  
Counties**

*A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request*

**Hispanic Family Resource Center**

(615) 227-7500  
(800) 280-8682

**Hispanic Association**

732 Lafayette Rd Red Boiling Spgs, TN  
37150  
(615) 699-6279

**Hispanic Service Ebenezer**

PO Box 712  
McMinnville, TN 37111  
Phone: 9314741551

**Omni Community Health**

665 South Jefferson Avenue  
Cookeville, TN 38501  
(931) 528-0051

*Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)*