

COME JOIN US!!!

OCEAN CITY SENIOR CENTER



**Known also as MAC Center (Maintaining Active Citizens) located at:
104 41st. Street – Ocean City, MD 21842**

At 41st street next to the Convention Center, is one of Ocean City's best-kept secrets. Ocean City's Senior Center, maintained by the Worcester County Commission on Aging is open to seniors, age 50+.

Open Monday thru Thursday, 9 am - 3 pm, there are many activities offered daily for the enjoyment of seniors. Contact Center Director, Ann Toney [410-289-0824](tel:410-289-0824) for information and free registration.



SOCIAL EVENTS:

Fun & Games:

- Wii/Shuffleboard - Daily Mon.-
Thurs. 11 am
- Pool Tables Available Daily -
9 am - 3 pm

Personal Fitness

- Free Blood Pressure Checks,
3rd Thurs. of each month,
11am Exercise classes, Tue. &
Thur. 1:30 PM
- Free Exercise Equipment -
treadmill and stationary
bicycle, Mon. thru Thurs. 9 am -
2:30pm

Clubs :

- Mahjongg Club - Thurs. 10 am
- Pinochle Club - Mon. 10 am

Lunch is Served!

- Hot Meals provided Daily (Mon. - Thurs.) Menu
changes daily.
- Time: 12 noon
- Cost: \$2.25/per person

Creative Classes

- Art Class (Mon. 10 am) or Ceramics (Tue. 10 am).
- Registration required. Contact Northside Park.
Call **410-250-0125** to register

Bingo:

- Bingo - Mondays - 10 am
- Cards - Tue. & Wed. 10 am, Thurs. 11 am
- Dominos - Tue. & Wed. 10 am; Thurs. 11 am

VISIT US—on line at: <http://www.worcoa.org>

FREEMEMBERSHIP!

MEMBERSHIP—Membership Registration Form—See Ann at the center.

Fill out registration and mail to:

Worcester County Commission on Aging, Inc. (WORCOA)
Maintaining Active Citizens (MAC)
Ocean City Senior Center (OCSC)
PO Box 159
Snow Hill, MD 21863
410-289-0824