

# Lindsey's Construction

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## Welcome Baby Kaylee

We would like to Congratulate Bob & Debbie Middleton on the newest addition to their family, a grand daughter Kaylee Rae Rees. Kaylee was born on September 19, 2008 at 12:48 PM at Bloomington Hospital in Bloomington, Indiana. The newborn weighed 7lbs and was 19" long.



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## Congratulations

to Lainie Purkhiser  
2008 Orange County  
Pumpkin Festival  
Jr. Miss Cinderella

## Get to know . . . Jeff Crowder

- How long have you worked here? *10 years*
- What do you enjoy most about your job? *That the job changes*
- Where were you born? *Paoli Hospital*
- Do you have any children? *1, Bailey Crowder*
- Favorite restaurant? *Red Lobster*
- Favorite TV show? *Family Guy*
- Hobbies: *Fishing, hunting, working on the farm*
- If I didn't work here, I'd be: *doing the same thing somewhere else*
- A person in history you'd most like to have dinner with: *General Patton*
- What are you most proud of? *My daughter*
- What is one thing most people don't know about you? *In the high school year-book under what do you plan to do, I put: work at Lindsey's!*

### EMPLOYMENT ANNIVERSARIES

Cletus Rasche, Jr. -  
2 years

## Tired and cranky?

If so, you may not be getting a good night's sleep. An estimated 70 million Americans, or nearly one in every four, have trouble sleeping peacefully.

Whether we have trouble nodding off or we toss and turn, our performance and health can dramatically be affected by this loss of sleep. Ask yourself the following questions to evaluate how you are sleeping. Do you:

- Struggle to stay awake when inactive, for example watching television or reading?
- Have difficulty paying attention or concentrating at work or home?
- Have performance problems at work?
- Often get told by others that you look tired?
- Have difficulty with your memory?
- Have slowed responses?
- Have difficulty controlling your emotions?
- Feel the need to take naps

almost every day?

- Fall asleep while driving?

If you experience one or more of these characteristics, you may not be getting the proper amount of sleep at night.

Fortunately, there are some easy tips to follow to enjoy a "good night's sleep":

1. Set a schedule. Go to bed at the same time each night and get up at the same time each morning.
2. Exercise. Try to exercise 20-30 minutes a day. Daily exercise often helps people sleep. But don't exercise too close to bedtime, since that may keep you awake.
3. Avoid caffeine, nicotine and alcohol. Smokers tend to sleep lightly and often wake up in the early morning due to nicotine withdrawal.
4. Relax before bed. You can train yourself to associate certain restful activities with sleep and make them part

of your bedtime ritual.

5. Sleep until sunlight. If possible, wake up with the sun, or use very bright lights in the morning.
6. Don't lie in bed awake. If you can't get to sleep, don't just lie in bed. Do something else, like reading or listening to music, until you feel tired.
7. Control your room temperature. Extreme temperatures may disrupt sleep or prevent you from falling asleep.

Some sleep disorders may be physical, so if you still have trouble sleeping, check with your physician.



## Get to know . . . Steve Walls

1. How long have you worked here? *3 Years*
2. What do you enjoy most about your job? *The camaraderie*
3. Where were you born? *Orange County, Indiana*
4. Do you have any children?  
*5*
5. Favorite restaurant? *Miguel's*
6. Favorite TV show? *Any fishing or hunting shows*
7. Hobbies: *Fishing*
8. If I didn't work here, I'd be: *working for myself, but working.*
9. A person in history you'd most like to have dinner with: *Hank Parker*
10. What are you most proud of? *My children*
11. What is one thing most people don't know about you? *I'm actually pretty!*

# Project Updates

## French Lick Town Green

All the concrete is poured. We are starting framing and layout. Floor joist & roof joist are on site for the Town Green side but we need to verify some critical dimensions before releasing the L.V. side. Our plan is to frame the load bearing walls to get the building under roof before bad weather and drop back to interior walls.

## Orange County Courthouse

It seems we continually run into unforeseen conditions that need repaired which hinder our progress and escalates costs. We have started painting and should get started on the roof next week. I hope to have the roof & exterior painting done in mid November and start removing scaffolding.

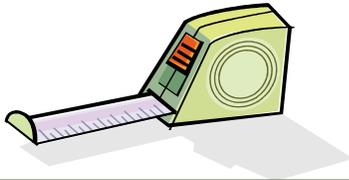
## French Lick Town Market

The job is very near completion. Black topping is scheduled for the last week of September leaving some signage and landscape work to complete.



## Denny's Restaurant

We won't start until roof is on the LV side.



## Winger Home

The job is also very near done. The interior is all but complete just granite tops, stair treads & railings. The exterior needs just a little siding & trim on the front porch.

## French Lick Casino—Addition

We poured half the walls already and have a crane scheduled for the last week of September to swing the forms down the line. We should be able to meet our Oct 15. deadline.

## Birthdays & Anniversaries

- 1 - Terry B. Dickey
- 2 - Bailey Crowder
- 6 - Bob & Betty Dickey
- 7 - Kali Walls
- 9 - Kathy Allstott
- 13 - Jeff Crowder



- 13 - Robert & Christina Temple
- 15 - Corey Dickey
- 19 - Steve Walls
- 25 - Brittany Burns
- 26 - Christy Dickey

## Russellville Project

This job is done contractually. We just have some railings & handicap approaches to do that were added to the project.



October 31st

There are three types of people in this world:

- Those who make things happen;
- Those who watch things happen;
- Those who wonder what happened.

We all have a choice. You can decide which type of person you want to be.