














SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>OCTOBER</b>		1) 10:00 Fun and Fitness 11:00 Creative Time 1:30 News and Views 1:30 Cards with Ted	2) 10:00 Morning Social 11:15 Morning Stretches 1:30 Donna Plays Guitar 2:30 Tea & Social	3) 10:00 Fun and Fitness 11:15 Big Crossword 1:30 Bell Choir/Bridge 2:30 Tea & Social	4)  1:45 with Sylvia	5) 
6) 1:30 Jammin with John	7) 11:15 Morning Discussion with Nikki 2:30 Painting with Heidi 5:40 Piano Tunes with Janette	8) 10:00 Fun and Fitness 11:00 Creative Time 1:30 Scenic Drive  1:30 Cards with Ted	9) 10:00 Morning Social 11:00 Game Time 1:30 Music & Movement 2:30 Hot Chocolate Social	10) 10:00 Fun and Fitness 11:15 Creative Time 1:30 Bell Choir /Bridge 2:30 Tea & Social <b>5:00 Breakfast For Dinner</b> 	11) Intergeneratioal Mother Goose Program  1:45  with Sylvia	12) 11:15 Bell Choir With Linda
13) 1:30 Jammin with John	14) <b>HAPPY THANKSGIVING</b> 2:30 Painting with Heidi 5:40 Piano Tunes with Janette	15) 10:00 Fun and Fitness 11:00 Creative Time 1:30 Louis Plays the Accordion 1:30 Cards with Ted	16) 10:00 Morning Social 11:00 Word Games 1:30 Donna plays Guitar 2:30 Tea & Social	17) 10:00 Fun and Fitness 11:15 Reminiscing 1:30 Bell Choir/Bridge 2:30 Tea & Social	18) Intergeneratioal Mother Goose Program  1:45  with Sylvia	19) <u>2:30 Birthday Party!</u> 
20) 1:30 Jammin with John	21) 11:15 Morning Discussion with Nikki 2:30 Painting with Heidi 5:40 Piano Tunes with Janette	22) 10:00 Fun and Fitness 11:00 Creative Time 11:15 Readers Theatre 1:30 Music Trivia 1:30 Cards with Ted	23) 10:00 Morning Social 11:00 Big Crossword 1:30 Music & Movement 2:30 Hot Chocolate Social	24) 10:00 Fun and Fitness 11:15 Halloween Crafts 1:30 Bell Choir/Bridge 2:30 Tea & Social	25) Intergeneratioal Mother Goose Program  1:45  with Sylvia	26) 11:15 Bell Choir With Linda
27) 1:30 Jammin with John	28) 11:15 <u>Resident Council Meeting</u> 2:30 Painting with Heidi 5:40 Piano Tunes with Janette	29) 10:00 Fun and Fitness 1:30 Cards with Ted/Legion Social 2:00 Music with Christy	30) 10:00 Morning Social 11:00 Word Games <b>1:30 Octoberfest &amp; Pumpkin Pie Party</b> 	31) <b>HAPPY HALLOWEEN</b> 10:00 Fun and Fitness 11:15 Ghost Stories 1:30 Bell Choir/Bridge 2:30 Tea & Social	<b>2019</b>	

# BRAEHAVEN'S MONTHLY CALENDAR