

**SILVER LAKE EXPERIENCE 2024**  
**SATURDAY, AUGUST 3, 2024 SCHEDULE**  
**SUBJECT TO CHANGE**

**7:30-8:00 S1 -DAILY DEVOTION -REV. DON WEAVER LIMIT 20**  
**“THE CALLING” SCRIPTURE MARK 1:13-30 NRSV**

**7:30-8:45 CHECK IN/ON SITE REGISTRATION/ CONTINENTAL BREAKFAST**  
**(EPWORTH)**

**OS = OFF SITE, MT = MAKE & TAKE**

**9:00-10:30 SESSION VIII**

**S2 - "CRUMBLING TO CHARMING": A HISTORICAL COTTAGE RENOVATION-**  
**BY BRAD HUBER LIMIT 10**  
**NEW!**

Join our guided tour and discover the enchanting transformation of a neglected cottage into a scenic lakeside retreat, skillfully restored 'DIY' style by an Institute resident. Explore how each step of the process paid homage to the structure's century-long history, while still seamlessly blending historic charm with modern comfort. Finally, we'll wrap up with a behind-the-scenes look at the filming process of Season 4, Episode 4 of 'In With The Old' which documented the restoration for TV audiences near and far and premiered last fall on Magnolia Network.

**S3 – THREE-TO-SEE COTTAGE TOUR BY SHARON PRATT LIMIT 10**

Sharon always gives a lovely tour of unique cottages while giving a bit of history of the Silver Lake Institute along the way. Each tour given this year will include cottages new to the SLE program.

**S4 - THE REAL STORY OF THE MONUMENT MEN AND WOMEN**  
**BY DR. PATRICK MCGRADY. LIMIT 40**  
**BACK BY POPULAR DEMAND-ONE SESSION ONLY!**

Many may recall the 2014 film, *The Monument Men*, directed by George Clooney and starring Clooney together with a host of other Hollywood greats. The movie was fine entertainment, but its two-hour length hardly sufficed for telling the accurate story of how the men and women of the Allies' Monuments, Fine Arts, and Archives section rescued and then protected hundred of thousands of works of art that were stolen by the Nazis during World War II. This program discusses the almost inconceivable breadth of cultural theft that began to occur immediately following the Nazis' ascendancy to power, and presents the true identities of some of those individuals who struggled to locate and return looted items as the war ended. We will focus in particular on one of the lesser known individuals of the Monument Men, Kenneth Lindsey, who was not portrayed in the film but who nonetheless witnessed acts of courage that helped to ensure a significant portion of Europe's cultural heritage remained with the its rightful owners.

**S5 - UNANCHORED-FINDING YOUR BLISS IN LETTING GO BY KATE WELSHOFER  
NEW! UNLIMITED**

After 27 years in the television news business, former news anchor Kate Welshofer called it a career at the end of 2023, excited to embark on a new adventure. There was just one minor detail: she had no idea what she would do next. For Kate, though, navigating the unknown is familiar territory. For anyone who has ever considered taking a chance on themselves but worried about what might happen or what people might think comes this honest and uplifting presentation by the two-time National Edward R. Murrow award-winning writer, co-creator of WGRZ-TV's Most Buffalo, sometimes YouTuber and forever weird kid. Join Kate as she shares her biggest takeaways from behind-the-scenes including: easy confidence tricks to get you started, foolproof tips to tame trolls and the one big piece of practical advice she believes can help anyone live a happier, more fulfilling life right now.

**S6 - 3D PRINTING BY RAY LIA LIMIT 20  
NEW!**

3D printing uses computer-aided design to create three-dimensional objects through a layering method. Learn how to design software found online to create parts of your own design. Several printers will be set up and demonstrations of 3D objects made during this session.

**S7 - SEX TRAFFICKING DOESN'T HAPPEN HERE...DOES IT?  
BY KELLY NICKERSON. LIMIT 40  
NEW!**

The Wyoming County Youth Bureau and its Safe Harbour Program have been working in Wyoming County for the past three years to educate and inform the general public as well as our schools, law enforcement, medical professionals and other agencies working with youth, that Child Sexual Exploitation and Human Trafficking is happening right here in Wyoming County. Oftentimes, when people first learn about child trafficking, the first thing that comes to mind is "it only happens in movies". They do not think about their child or grandchildren becoming a victim. They are recruited through social media apps, games and websites. Victims frequently fall prey to traffickers who lure them in with an offer of food, clothes, expensive gifts, drugs, attention, friendship, love, and a seemingly safe place to sleep. Kelly Nickerson, Wyoming County Youth Program Coordinator, offers an eye-opening presentation.

**S8 - SLE BOOK CLUB DISCUSSION BY TRACY BREWSTER LIMIT 15  
NEW!**

Have you ever wanted to participate in a Book Club or wanted to organize one? Join us for our SLE Book Club where you can participate in the discussion of the book *All The Light We Cannot See* by Anthony Doerr. Following the book discussion, we will provide tips on how to organize and lead a Book Club. Lessons learned will be shared by a former Book Club participant turned leader. Participants are encouraged to provide their own input and ask questions. The book we will be discussing is set during World War II. It revolves around a blind French girl who takes refuge in her great-uncle's house in Saint-Malo after Paris is invaded by Nazi Germany and a bright German boy who is accepted into military school because of his skills in radio technology. At the core, it's a story of being good to one another. We encourage

people to read the book prior to the session to be able to get the full experience of participating in a Book Club.

**S9 - BOAT TOUR OF SILVER LAKE BY ASBURY STAFF**

**LIMIT 10**

Always a favorite! Enjoy a slow and easy boat ride on Silver Lake. Take in the views from the lake while listening to the legend of the sea serpent and other long and short tales.

**S10 - YOUNG AT ART: PAINTING A SILVER LAKE SUNSET MT.  
BY LORIE LONGHANY**

**LIMIT 10**

**NEW!**

For this session, Lorie will be teaching a step-by-step acrylic painting of the most beautiful sunsets on Earth --Silver Lake -- by using several photograph references. Artists will explore color mixing, gradation, creating distance, balance, and perspective.

**S11 - TOUR OF THE STAINED GLASS WINDOWS OF ST. JOSEPH'S  
CATHOLIC CHURCH IN PERRY. OS**

**LIMIT 20**

**NEW!** Dennis Crowley will speak on the fascinating history and unique qualities of this beautiful church, which has a cornerstone dated 1906. The pastor and architect, Fr. Thomas Caraher, put a great deal of love and care into it's construction. He used connections from outside the diocese to enhance the spaces within the church, such as the Last Supper found in the High Altar, coming from friends in New York City. Upon completion of the building, only the Sanctuary, Apse, and Choir windows were stained glass. The windows for the nave of the church remained clear until the mid 30's, thus making Fr. Caraher's vision for the church more complete

**11:00AM-12:30PM SESSION IX**

**S12 - "CRUMBLING to CHARMING": A HISTORICAL COTTAGE RENOVATION-  
BY BRAD HUBER**

**LIMIT 10**

**NEW!** Join our guided tour and discover the enchanting transformation of a neglected cottage into a scenic lakeside retreat, skillfully restored 'DIY' style by an Institute resident. Explore how each step of the process paid homage to the structure's century-long history, while still seamlessly blending historic charm with modern comfort. Finally, we'll wrap up with a behind the scenes look at the filming process of Season 4 of "In With The Old" which documented the restoration for TV audiences near and far and premiered last fall on Magnolia Network.

**S13 - SYMBOLS IN CHRISTIANITY: THEIR ORIGINS AND MEANINGS.      LIMIT 40**  
**BY DENNIS WIMER, PH.D (WILLMOTT)**  
**NEW!**

By using actual artifacts and images, explore and discover the origins and meanings numerous symbols used in Christianity throughout history

**S14 - LAKE BLISS VINYASA YOGA BY AMANDA GANGULY      LIMIT 15**

**NEW!** Lake Bliss will feature vinyasa yoga, an active and creative form of yoga where each pose is linked to the breath. Dynamic yoga poses will be paired with breath awareness to promote building strength, flexibility, and mindfulness. The class will feature many fluid transitions between poses. The class will end with a short offering of yin yoga, a slow-paced practice that incorporates deep breathing and relaxation techniques. Both vinyasa and yin yoga are suitable for individuals of all ages and abilities. Please bring a yoga mat and a water bottle to maintain hydration. I will have additional yoga mats available if needed.

Following our session of yoga practice, immerse yourself in a guided meditation session outdoors, basking in the warmth of the sun and the tranquility of nature.

**S15 - COCA-COLA MUSEUM TOUR BY DAVID PHILLIPS SR OS      LIMIT 20**  
**INCLUDES LUNCH!!!!!!**

**NEW!** Would you like to take a small step back in time? Dave Phillips has reimagined his garage into a Coca-Cola Museum after years and years of collecting Coke memorabilia that started with a single pitcher. Travel up into the hills on the opposite side of the lake to find this hidden gem. Dave and his museum were highlighted in the December, 2022 55 Plus Magazine. NOTE: there are stairs to the upper loft to the second half of his collection.

The museum houses 3-4 thousand items, the oldest dating back to about 1905, covers two floors, and also has a small Coca Cola Cafe that offers a typical Coca Cola lunch from back in the day! A hot dog, a Coke (or other beverage hot and cold), chips and a cookie. The museum has on display several historic pieces from the Silver Lake area: a poster which at one time hung in The Silver Lake Grove Hotel and an old Coke machine which used to be in Jake's Barber Shop in Perry; Also two antique lights that hung in the original Silver Lake Drive In Snack Bar. The collection consists of everything from tins to Barbie Dolls. A must see collection.

**S16 - FOREST THERAPY BY CHIP MATTHEWS      LIMIT 40**  
**NEW!**

Get outside. It's good for you! Enjoy a Forest Therapy Experience with Certified Forest Therapy Guide, Chip Matthews. Did you know you can reduce stress, improve your attention, boost your immunity and lift your mood all with a walk in the woods? Research shows time in nature can do all of these things without huffing, puffing or climbing up mountains but simply by slowing down, noticing what's around you and reconnecting with the natural world. It's called Forest Therapy and certified guide Chip Matthews invites participants to learn more about the benefits of this gentle practice and leads a brief Forest Therapy experience. Breathe deep, slow down and see what inner peace you might find in the great outdoors.

**S17 - THE ESCAPE: ABOLITIONISM IN WYOMING COUNTY BY ERIC SZUCS**

**LIMIT 40**

**NEW!** In February 2023, Wyoming County Chamber & Tourism and the Wyoming County Historian released the History of the Underground Railroad in Wyoming County. Our community was a thoroughfare for escaping slaves into Canada, and this brochure shares stories and locations about the anti-slavery movement. This session will discuss the inspiration and development of this piece, the significance Wyoming County played in the Underground Railroad and the abolitionist movement, and why it's important we share this story to residents and visitors.

**S18 - MAKE ME AN AUTHOR-SIX PATHS TO BEING PUBLISHED  
BY CREEKSIDE PUBLISHING (LINDA HOTCHKISS, BRANDON ALLERS)**

**LIMIT 40**

“We are all born storytellers. We are as a species drawn to story”  
What steps are you missing that keep you from reaching your author goals? Each Path offers a unique opportunity for development into your next author level. This is an active step by step workshop which includes each participant receiving a 20 page workbook.

**S19 - HERBAL DISH GARDEN ARRANGING BY BARBARA AKER**

**MT**

**LIMIT 15**

Barbara Aker, a master gardener, has been a part of SLE programs since the beginning. This year, Barbara will be guiding participants through the steps to making wonderful herbal dish gardens to take home with them! All materials and plants will be provided.

**S20 - HARRIET TUBMAN: THE OVERCOMER:THE PERSEVERANCE OF HOPE  
BY MAGELENE MOORE**

**UNLIMITED**

**BACK BY POPULAR DEMAND!**

Maggie Moore, through her portrayal as Harriet Tubman, will seek to demonstrate that despite the obstacle, despite the appearances, despite the doubts and fears, despite the hardships of life -that the perseverance of hope helps us overcome.

**S21 - 12:30-1:40 LUNCH @ KOINONIA OR THE LAKE**

**S22 - 12:45-1:30 LUNCHEON CONVERSATION WITH HARRIET TUBMAN  
AND FREDERICK DOUGLASS**

**UNLIMITED**

During 2022, SLE offered a luncheon discussion between portrayals of Lucretia Mott and Frederick Douglass. It was such a huge success that SLE is now offering a luncheon discussion between Harriett Tubman and Frederick Douglass. So grab a lunch from the Epworth Cafe and observe a luncheon conversation between these two great Americans on the stage of Epworth Hall

## 2:00-3:30 SESSION X

### **S23 - FREDERICK DOUGLASS STANDS AMONGST THE LITERARY GIANTS!!!**

**UNLIMITED**

#### **BACK BY POPULAR DEMAND!**

Join Nathan M. Richardson as Frederick Douglass for an in-depth look at the writings and oratory of Frederick Douglass. Experience this internationally acclaimed first person interpretation. See the 19th Century Literary masters through the eyes of Frederick Douglass. Learn about the personal relationships, the letters between them and the influence their writings and activism had in shaping American Democracy. Hear the poems of Douglass, Wittier, Longfellow, Twain, Emerson, Wheatley, Dunbar, Frances E. W. Harper, and others. An excellent experience for students and teachers of English and the literary arts. MORE DETAILS HERE>>> <https://www.scpublishing.com/frederick-douglass>

### **S24 - SIOUX LAZY STITCH BEADED MEDICINE BAG BY HOLLY RANKE MT**

**SPECIAL TIME 2-5PM**

**LIMIT 15**

**NEW!** A "medicine bag" is a small pouch used for holding personal or sacred items. "Lazy stitch" or lane stitch, are common terms to describe the traditional beadwork of the Lakota Sioux. My introduction to this craft, came quite by surprise, when I was asked to make a beaded medicine bag, by a friend from the Rosebud reservation in South Dakota, who was dealing with difficult circumstances. I was honored by this request, and now enjoy time spent beading. This technique is not difficult, but can be challenging, and anything but lazy! Basic hand sewing skills are recommended. You will receive a pre-made kit, with everything you'll need to complete this project, as well as detailed written instructions. The ample scheduled class time will give you sufficient instruction and support, for the development of a skill set and foundation with this beautiful and historical Native American craft.

### **S25 - MUSHROOM GROWING BY DON GASIEWICZ**

**LIMIT 40**

**NEW!** Join Don Gasiewicz for a presentation to learn how to grow many popular mushroom varieties at home. Topics will include the types of mushrooms you can grow easily at home, cultivation methods for popular varieties such as shiitake, oyster, lions mane, chestnut and Stropharia. We will also cover sourcing materials and tools, maintenance and harvesting of your mushrooms.

### **S26 - INTRO TO PICKLEBALL BY MARK EMMERSON**

**LIMIT 12**

#### **NEW!**

What the heck is "PICKLEBALL"? First and foremost, it is truly a sport for all ages 8 to 80 and beyond!. So don't worry, you will fit right in no matter what your age or skill level. We'll spend a little time on the background of the sport, the basic rules (included in handouts), introduce the equipment and demonstrate some techniques for serving and volleying. I will be joined by a few of my experienced Pickleball buddies to assist in the

small groups. After some initial time, instructors will have a brief game demonstration, Most of the session will be spent on attendees getting some real serve and volley time. Equipment will be provided. Bring your own paddle if you have one. Pickle On!

**S27 - WALKING THE ASBURY LABYRINTH BY SUE RUSSELL** **LIMIT 10**  
**NEW!**

Walking a labyrinth leads to inner calm and peace. A labyrinth does not force you, but draws you in. It is a journey. As you walk the path in, you reflect on that which is wrestling in your soul. The center offers a time to pause and meet with God. As you walk the path out, you release what is needed and begin to be changed. Rev. Sue Russell, director at Asbury Retreat Center will present the history of a labyrinth, it's uses, and guide you in an experience of the newly installed labyrinth. This will be a time for self-reflection on the water front of beautiful Silver Lake.

**S28 - KAYAKING BY ASBURY STAFF** **LIMIT 10**

Have you ever wanted to learn how to kayak? Or maybe you just want to take some time to relax on the water. Participants will meet with the Asbury staff for a brief lesson on kayaking and will then glide out onto the lake in an ocean kayak.

**S29 - BRIDGING COMMUNITIES THROUGH ART BY SHAWN DUNWOODY** **LIMIT 40**

**NEW!** Whether crafting pieces that inspire introspection or conjuring images that imprint themselves indelibly into memory, Shawn Dunwoody's objective is to cultivate shared experiences that unite individuals. He advocates for the symbiotic relationship between people and art with his role as catalyst for transformation, a force capable of reshaping our environment and altering the trajectory of our world. Community involvement is pivotal to his art, guiding a journey where individuals contribute ideas and designs foster ownership, pride, and understanding.

**S30 - CELEBRATING 150 YEARS AT SILVER LAKE!** **OS**  
**BY SHARON PRATT & TERRY OWENS**

Methodist Camp Wesley was established at Silver Lake in 1873. At that time, campers rented platform tents and were served meals in public tents. Time passed. Cottages and public buildings were built, programs were added, and the camp became Silver Lake Assembly. Now we are The Silver Lake Institute. Come to see and hear the story of the evolution of the Silver Lake Institute through historic pictures and maybe a few surprises!

**S31 - THE SILVER LAKE ARTISTS' ART SHOW AND SALE** **UNLIMITED**

Visit the historic Hoag Art Gallery located on the lakefront any time between 2-5pm. Here is a time to view and purchase original artwork created by local artists, much of it inspired by scenes and life at Silver Lake. And while you are there, visit Bob Murphy, our SLI historian, upstairs in Hoag where we have an amazing collection of black and

white photography chronicling the history of the area.  
**NOTE: The upstairs of Hoag is not handicap accessible.**

## **4:00-5:00 SESSION XI**

### **S32 - OPEN SWIM. (ASBURY SWIMMING POOL)**

### **S33 - THE SILVER LAKE ARTISTS' ART SHOW AND SALE                      UNLIMITED**

Visit the historic Hoag Art Gallery located on the lakefront. Here is a time to view and purchase original artwork created by local artists, much of it inspired by scenes and life at Silver Lake.

### **S34 - LAKESIDE ACOUSTICAL GUITAR CONCERT BY DON THOMAS                      LIMIT 40**

Come relax at the lakefront while listening to the beautiful and soothing music of Don Thomas. As he greets his guests, he plays his music with a kind smile and a soft spoken demeanor. His playing is gentle and exquisitely mesmerizing. The purity of his writing comes straight from the heart of a musician's soul. This workshop is designed to inspire and guide you through the energy of the summer days and the warmth of summer nights.

### **S35 - "NATIVE GARDENS" @ BONNIE BRIGHT'S LAKEFRONT HOME. OS.                      LIMIT 10. NEW!**

Join us for a Porch Chat on Native Gardens while overlooking Silver Lake's 3-tiered gardens. Bonnie is a Master Gardener who over the years transformed her gardens from shrubs and trees to native pollinator gardens. Lavender tea and cookies to be served.

### **S36 - MUSIC AND THE MIND BY BARBARA BRUCE    LIMIT 20**

Music plays a very large role in the processes of thinking, learning, and memory. We will discover how music is a part of our lives in many and surprising ways. Come, enjoy and see how many ways you use music in your daily life. You may be surprised.

### **S37 - BARN CHAT BY BOB MURPHY    LIMIT 10 "LIFE IN A TEN CENT WORLD: WHEN A DIME WAS MONEY!"**

#### **BACK BY POPULAR DEMAND! ONE SESSION ONLY!**

Bob will chat about the culture during 1865-1965 through the use of his collection of toys and comic books.



**S38 - PORCH CHAT AT THE "JELLO HOUSE" BY DOUG WILSON (OWNER)**

**LIMIT 10**

**NEW!** The porch chat will include a brief history of the owners of the cottage, sometimes referred to as the "Jell-O House" as the original owners were the Woodward family who started the Jell-O" company in nearby LeRoy, New York. This was their summer cottage. Also, very significant were the next owners, Rev. O C Baker and his wife Lynda. Under Rev Baker's leadership with the Epworth League often as many as 2500 young persons over the summer from surrounding churches would participate in a camp experience of spiritual renewal.

**S39 - CAREY'S KALEIDOSCOPE (BUTTERFLY GARDEN)**

**LIMIT 15**

Step into a world of vibrant wings and delicate beauty at our Butterfly Garden Workshop! Join us for an enchanting experience where you'll learn the secrets of creating a thriving butterfly haven right in your backyard. Discover the fascinating life cycle of these winged wonders, gain insights into attracting different species, and leave with the knowledge to transform your space into a kaleidoscope of colors. Embrace the joy of fostering biodiversity and create lasting memories surrounded by the magical dance of butterflies. Don't miss this opportunity to connect with nature and to contribute to the conservation of these exquisite creatures.

**S40 - LAKEFRONT GAMES - CORNHOLE BY KAELYN & BRANDON PHILLIPS**

**LIMIT 16**

Looking for some fun activity? Join Kaelyn & Brandon at the lakefront for some friendly rounds of corn hole, bocci, and other games.

## 5:00-6:30 DINNER BREAK-ON YOUR OWN

### EVENING ACTIVITIES

6:30-7:00 S41 - PRE-CONCERT DESSERTS

7:00-8:30 S42 - CONCERT - ROCHESTER METROPOLITAN JAZZ ORCHESTRA

The *Rochester Metropolitan Jazz Orchestra* was established to provide entertaining and educational big band enrichment to the Rochester community. Big band jazz is the quintessential fusion of individual artistic expression with large ensemble collaboration. While the group prides itself on finding unique and challenging literature to develop and share, the individual improvisational elements of jazz dictate that each performance is unique and memorable. In jazz, we never play our repertoire the same exact way twice.

Founded in 1998 under the direction of award winning composer/arranger Dave Rivello, the 20-piece orchestra has endeavored to be a relevant part of the vibrant Rochester arts community. This tradition was expanded by Rivello's successor, Ron Bowks, who directed the band from 2001 to 2018. Under his leadership the group recorded its first album, *Montage*, and became a fixture of the Rochester music festival and dance scene. The *Rochester Metropolitan Jazz Orchestra* continues to perform a vast array of traditional and contemporary big band literature in a wide variety of public and private venues across the region. You will often find the RMJO at the Rochester International Jazz Festival, the Ontario Beach Dance Series, and many other community festivals and concerts around.

8:45-9:30 S43 - LANTERN WALK WITH LISA SCHISKE  
BACK BY POPULAR DEMAND!

LIMIT 20

"There isn't enough darkness in the world to snuff out the light of one little candle"  
Siddharta Gautama

As the dark and cold take the place of light and warmth on the outside, we must bring our inner lightened warmth to shine forth. To celebrate a lantern walk is to cultivate generosity, kindness, selflessness, and a sense of light, power and love.

Let our Lantern Walk inspire and awaken the light that lives within, and be a reminder to take your light, your gifts, and unique talent, gifts that we all have, and share them with family, friends, and perhaps a stranger or two you meet as you walk along your journey of life.

NOTE: Lisa introduced participants to the Lantern Walk in 2022 and received rave reviews!!! It is of the utmost importance that you remain silent during this walk to get the full effect and to give other participants the chance to thoroughly enjoy this unique experience.