



## Message from our CEO

It's hard to believe that a new school year is upon us again! Recently, we provided a parent toolkit handout, *The Facts. Your Future.*, at our youth programs. This program teaches parents how to have difficult conversations with teens regarding the dangers of substance use. It's important to keep an open dialogue with your loved ones not only during the start of the school year, but all year long. [Click here](#) to review and share the handbook too.

August 31 is International Overdose Awareness Day. Last year, ACTS distributed 2,867 boxes of Narcan to the people we serve and the community, which was up 159% from the previous fiscal year. Starting in July 2023, we added stickers to the Narcan boxes with helpful information for individuals to find out how to get more doses if they need it in the future. Additionally, we are planning on distributing Narcan on August 31 at several of our locations – more information will be emailed out in mid-August. Having difficult conversations with loved ones and providing Narcan are two tools we can use to help reduce overdose deaths in our community.



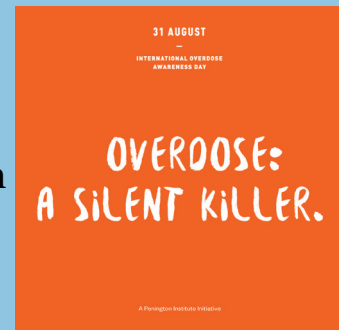
Asha Pereyra  
ACTS CEO

## Do You Know What an Overdose Looks Like?

August 31 is International Overdose Awareness Day. [Provisional data from the CDC](#) shows that 105,542 died of overdose in 2022 — compared to 16,849 drug overdose deaths in 1999. Here are common signs of overdose for opioid drugs:

- No response to stimuli
- Shallow, labored or no breathing
- Cannot be woken up
- Snoring or gurgling
- Blue/grey lips or finger tips
- Floppy arms or legs

Overdose symptoms vary depending on the substance used. Click to see common overdose signs for [alcohol](#), [depressants](#), [opioids](#), [psychoactive substances](#) and [stimulants](#). If you or a loved one have a substance use issue, call us at 813.246.4899 for help.

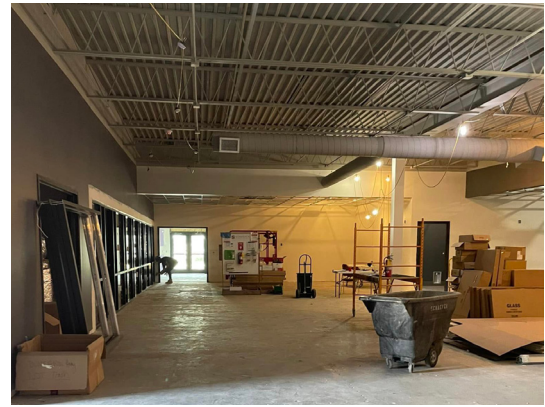


## ACTS Board Meeting



In July, ACTS Senior Leadership Team met with the ACTS Board of Directors to share highlights and updates of the first year of the agency's three-year strategic plan at a luncheon in Tampa. The Board met for the first time in person two new board members who had been added - Plant City Police Chief, Jim Bradford, and Vice President for Physician & Market Development at HCA West Florida, Joe Edwards.

## ACTS Clubhouse Update



ACTS staff met with Hillsborough County, ROJO Architecture and Schaefer General Contracting Services on July 26 at the Clubhouse location in Tampa. The Clubhouse is scheduled to open in the Fall and will be the first psychosocial Clubhouse in Hillsborough County for adults seeking mental health recovery. To find out more about the Clubhouse or how to become a member, [click here](#), call 813.557.5670 or email [clubhouse@actsfl.org](mailto:clubhouse@actsfl.org).

## ACTS Starts Screening Weekly for Intermediate Care Program

Starting Tuesday, August 1, 2023, ACTS two Intermediate Care Programs will be hosting weekly screenings at our Intermediate Care Program located at 1229 E. 131st Ave., Tampa, FL 33612 for new potential residents. At ACTS Intermediate Care Programs, residents receive treatment with stays ranging from 90 to 120 days for those with mental health with or without substance abuse co-occurring disorders. Each resident receives an individualized treatment plan. Case management and care coordination services, medication assisted treatment, wellness education, and therapy to address relapse prevention are also made available to residents. If you have questions about the Intermediate Care Programs or the screening process, please call 813.971.4010 or 813.631.9518. For more information, [click here](#).



Photographed here is staff at ACTS Wraparound Housing Program, which will also continue to screen new residents at 10 a.m. on Tuesdays at its location on 4403 W. Dr. Martin Luther King, Jr. Blvd. in Tampa.

## For More Information

ACTS, Agency for Community Treatment Services, Inc., is a non-profit serving the Tampa Bay area since 1978. As a comprehensive, community-based behavioral health organization, ACTS mission is to apply the best of contemporary physical and behavioral health interventions and social support services available to assist individuals and families to engage and succeed in recovery. Call us today to find out how we can help you - 813.246.4899 or visit us online at [www.actsfl.org](http://www.actsfl.org).

