

Strother Invitational Power Lifting Meet  
Jan. 19th & 20th 2023

School:\_\_\_\_\_Coach:\_\_\_\_\_

Lifter's Name:\_\_\_\_\_

Weight Division:\_\_\_\_\_ School Classification:\_\_\_\_\_

We, the undersigned, agree not to hold Strother Public Schools and officials liable in the event of an accident. We further agree to abide by the rules and regulations established by the OFBCA.

\_\_\_\_\_ (Signature of parent or guardian)

\_\_\_\_\_ (Signature of lifter)

\_\_\_\_\_ (signature of coach)

Note:

1. Each lifter is to complete and have all three signatures on this form.
2. Each coach is to run off as many copies of this form as needed.
3. Coaches bring completed forms to the Meet Director at weigh – in

Thank you,

Scott Douthit  
Strother High School