Family Pride

OF NORTHEAST OHIO

2016 Professional Education Series

Presents:

“CBT and Trauma”:
Understanding perceptions and their effects on post traumatic growth

Presented by:
Rachel Humphrey, LISW-S
Family Pride of Northeast Ohio, Inc

Friday, July 15, 2016
Geauga County Board of Mental Health & Recovery Services
13244 Ravenna Road
Chardon, Ohio 44024
Cost: $20

8:30am-12:00pm   Lecture Presentation
(This includes a 15min break)

Participants will:
1. Understand basic principles of CBT
2. Understanding use and formation of schemas and how trauma affects formation.
3. Gain tools and knowledge to use in everyday practice to change and reframe dysfunctional schemas.

Family Pride of Northeast Ohio, Inc. is an approved provider of CEU’s by the State of Ohio CSWMFT Board. This program will provide 3.25 CEU’s.
RSVP to Jen at 440-286-1553 or jenmh@familyprideonline.org