

# BERGEN COUNTY CROSS-COUNTRY CHAMPIONSHIPS

Bergen County Group Meet  
Saturday, October 18, 2025  
Darlington County Park

Lou Molino Memorial Meet of Champions  
Saturday, October 25, 2025  
Darlington County Park

## Time Schedule:

9:00 Freshmen Boys  
9:05 Freshmen Girls  
9:10 J-V Boys  
9:25 J-V Girls  
9:45 Boys Group B  
10:00 Boys Group D  
10:15 Boys Group E  
10:30 Girls Group B  
10:45 Girls Group D  
11:00 Girls Group E

Arrive @ Noon

12:30 Freshmen Boys  
12:35 Freshmen Girls  
12:40 J-V Boys  
12:55 J-V Girls  
1:15 Boys Group A  
1:30 Boys Group C  
1:45 Girls Group A  
2:00 Girls Group C

## Time Schedule:

11:00 AM Girls Race  
11:40 AM Boys Race

## Awards

## County Group Meet

Top Ten Individuals  
Top Three Teams per race

## Meet of Champions

Top Twenty-Five Individuals  
Top Three Teams

## \*\*\*IMPORTANT MEET INFORMATION\*\*\*

1. 7 runners in Varsity races and Unlimited entries in J-V and Freshmen races.
2. You **MUST run your TOP 7 RUNNERS** in the Varsity Race and your 8 -? in the J-V race. A freshman may run in the freshmen race, J-V race or Varsity race.
3. Entries Due: **October 10, 2025**
4. We are using **NJ Mile Split** to enter your rosters and declare that you are coming to the meet. All you have to do is enter **ALL your athletes that are competing in the meet.**
5. The Boys Freshmen and J-V Races will be broken into two (2) equal races
6. **Advancement to Lou Molino Memorial Meet of Champions:**

**Winning Team per Race plus 6 Wild Cards Teams from the Meet Merge (one must come from Group C or D)**

**All Individuals that finish in the Top 50 of the Meet Merge**

Questions Email:      [njbta@aol.com](mailto:njbta@aol.com)

**REMEMBER to Enter on MileSplit – Send in form as Usual**

**Buses need to drop off and then go and park at the Campgaw Parking Lot (1 mile away).**

**POD 1 - After your team is finished, they can pick you up in the lower parking lot by 11:45AM**

**POD 2 - Arrive @ Noon – You will not be allowed over the bridge until 11:50AM – Please cooperate!!**

**2025 BERGEN COUNTY CROSS-COUNTRY CHAMPIONSHIP MEET**

School \_\_\_\_\_ Coach \_\_\_\_\_

School Phone \_\_\_\_\_ Coach's Phone \_\_\_\_\_

**Boys Entry:** Varsity Boys Team (7 runners) \_\_\_\_\_ X \$80.00 = \_\_\_\_\_

Varsity Individuals \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

Junior Varsity Team (7 runners) \_\_\_\_\_ X \$80.00 = \_\_\_\_\_

Junior Varsity Individuals \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

Freshmen Team (7 runners) \_\_\_\_\_ X \$80.00 = \_\_\_\_\_

Freshmen Individuals \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

**Total Boys Entry = \_\_\_\_\_**

**Girls Entry:** Varsity Girls Team (7 runners) \_\_\_\_\_ X \$80.00 = \_\_\_\_\_

Varsity Individuals \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

Junior Varsity Team (7 runners) \_\_\_\_\_ X \$80.00 = \_\_\_\_\_

Junior Varsity Individuals \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

Freshmen Team (7 runners) \_\_\_\_\_ X \$80.00 = \_\_\_\_\_

Freshmen Individuals \_\_\_\_\_ X \$15.00 = \_\_\_\_\_

**Total Girls Entry = \_\_\_\_\_**

**Total School Entry = \_\_\_\_\_**

**Make Checks Payable To: B.C.C.A.**

**Mail to:** Tom Zaccone  
143 McIntosh Drive  
Mahwah, N.J. 07430

**Entries Due: October 10, 2025**

**Email to: [tomzaccone@yahoo.com](mailto:tomzaccone@yahoo.com)**

**Principal's Signature:** \_\_\_\_\_

Will Update in Fall

**BERGEN COUNTY CROSS COUNTRY  
QUARTILE  
2024**

**Division A (11)**

Bergen Tech	1,659
Ridgewood	1,317
Hackensack	1,315
Fair Lawn	1,228
Cliffside	987
Teaneck	956
No. Highlands	946
Garfield	943
Bergenfield	898
Ramapo	893
Fort Lee	884

**Division B (11)**

Tenaflly	872
Dwight Morrow	818
Paramus	810
Old Tappan	804
River Dell	788
Demarest	767
Ridgefield Park	764
Pascack Valley	716
Lodi	654
Mahwah	646
Elmwood Park	634

**Division C (11)**

Becton	629
Lyndhurst	628
Leonia	605
Westwood	582
Ramsey	576
Dumont	576
Glen Rock	566
Pascack Hills	548
Rutherford	540
Indian Hills	484
North Arlington	468

**Division D (11)**

PR – Emerson	462
New Milford	436
Saddle Brook	406
Ridgefield	389
Palisades Park	377
Cresskill	373
Hasbrouck Hts.	370
Waldwick	328
Bergen Charter	302
Bogota	276
Midland Park	162

**Division E (10)**

Paramus Cath.	630
Don Bosco	610
Bergen Cath.	557
IHA	470
D-Englewood	397
St. Joe's	369
Holy Angels	331
Saddle River Day	195
Saint Mary's	179