

## **INDIE ARTIST RACHEL MILLMAN EXPLORES HER FEELINGS OF FEAR, WOMANHOOD AND EMPOWERMENT**

### **Millman Releases Her Sophomore Recording "NOW"**

**KeyMedia Public Relations, New York, New York (Thursday, February 7, 2013)** –Rachel Millman has created an exciting six-song CD, NOW, the follow-up to her impressive 2009 debut IF I BELIEVE. IF I BELIEVE, which garnered positive national press, did a great job introducing the petite Millman to new music fans. The songs featured on NOW, describe her transition from college graduate to a woman in her mid-twenties leaving behind her hometown of Springfield, New Jersey to live and work in the big city. It chronicles her first serious relationship and job, with the joys and challenges every listener can relate to. The songs are uplifting and place Millman as an advocate of being in control of your own destiny. Millman’s long time manager Denise Marsa produced the recording.

Millman shares, “For three years we envisioned this recording and spent a year putting it together. When I listened to the final mix of the first track BARRICADE, I felt very proud. This is the kind of record I’ve always wanted to make. For me, being an indie artist is really about having control of your own career and especially the songs you record. That’s not always possible, which is something I witnessed firsthand when I had an internship at a major record label while in college. For this recording we mixed genres and created a sound that worked for my voice. BIG BITE is about a romantic relationship that starts in New York City and it’s also about my infatuation with the city. As a little girl I was always so in awe of it and now I live here.” Keith Harrison, who starred with Millman in 'Jekyll and Hyde' during their senior year in high school, worked with Millman on BIG BITE.

Marsa describes writing BARRICADE with Millman, “Barricade is the story of the beginning of Rachel’s relationship with her now-fiancé, Andrew. I asked her early on if she’d shared her feelings with him. ‘No, not until he tells me,’ she replied. ‘There was the hook line – all based around ‘Who says it first? NOW, the title track is a powerhouse pop/rock anthem that’s all about feeling the fear but doing it anyway, and truly showcases Rachel’s vocal skills.”

Millman’s company Gila Enterprises is releasing NOW with KeyMedia Group; partnering as they did on IF I BELIEVE. Recording NOW began with associate producer Canadian guitarist Andy Gabrys and Marsa recording rhythm tracks in Santa Fe, New Mexico. Work continued in various studios in New York City, Los Angeles and New Jersey. Other notable talents on the recording are Jono Manson, a musician and engineer and owner of Kitchen Sink Studios where tracking began and Daniel A. Weiss (keyboards), best known for his work in the musical RENT. It features a stellar rhythm section provided by Jeff Sussman on drums; (Sussman plays on the multi-platinum debut album Nouveau Flamenco by Ottmar Liebert) with Justin Bransford on bass and Gabrys on guitar. The album includes an Ellis Paul song TAKE ALL THE SKY YOU NEED, which Millman has been performing live in recent years. Harrison also provides a fast-paced and infectious remix of BIG BITE that works perfectly as the recording’s closer.

**About Rachel Millman:** Rachel Millman, 27, grew up in Springfield, New Jersey singing at various community functions and private events. After graduating from Penn State with a degree in telecommunications in 2008, she decided to focus on her singing career, and launched her own label Gila Enterprises, LLC. Since the release of her debut IF I BELIEVE, she has performed at top NYC venues, including The Bitter End, The Living Room and Feinstein’s at the Loews Regency. She also performed live on NBC’s “Weekend Today” in New York, interviewed by Erika Tarantal who called her sound and voice “beautiful.” Millman also performed The Star Spangled Banner for 30,000 fans at Citi Field for The Mets vs. Phillies Game on May 27, 2011. For more information please visit: [www.RachelMillman.com](http://www.RachelMillman.com).