

REGISTER NOW!



Tina L. Tanner MD FAAFP DABFM

Dr. Tanner is a board-certified family physician with Trinity Health Medical Group in Muskegon. She graduated from Michigan State University College of Human Medicine and completed her family medicine residency in Saginaw. She partners with her patients to provide a holistic physical, mental and spiritual health care experience that is unique to each individual and says health care should always be about caring.

The SCMS would like to give special thanks to the Anna Dorr Cresswell Memorial Fund administered by the Saginaw Community Foundation for sponsoring Dr. Tanner.

The Saginaw County Medical Society would like to invite all members, residents, CMU medical students and Saginaw Valley Osteopathic Society members to our

Tuesday, April 21, 2026 Membership Meeting

Click [HERE](#) to register or scan the QR code



Speaker: Tina L. Tanner MD FAAFP DABFM

Topic: "Trauma Informed Care Using the R.E.S.C.U.E. Method"

Objectives:

1. Definitions of child abuse and neglect
2. Statistics of child abuse and neglect
3. Connection between ACEs and long-term health outcomes
4. Neurobiology, psychology, and social determinates affect brain development
5. R.E.S.C.U.E – Recognize, Empathy, Support, Counsel, Utilize, and Empower
6. Case studies – what questions to ask, how to support and walk with your patients
7. Resilience – what is it and how to foster it

Trauma Informed care using the R.E.S.C.U.E. method provides physicians with the neuropsychobiological background that alters neurologic development resulting in biologic and psychologic changes in individuals who have experienced significant trauma. Using this knowledge and the framework provided by the R.E.S.C.U.E. method we can develop a treatment program that addresses these changes and helps our patients heal physically, emotionally and psychologically.

Location: Horizons Conference Center, 6200 State Street, Saginaw

Time: Social (cash bar) 6:30 p.m., Dinner, Meeting and Program at 7 p.m.

Spouse/Significant Other Welcome (dinner fee applies)

Online reservations required – email meeting notice will be sent in late March- contact Joan Cramer at jmcramer@saginawcountymys.com to be added to the invitation list.

Financial Relationship Disclosure and Accreditation Statement

DISCLOSURE

The planner and speaker for this session have no relevant financial relationships with ineligible companies to disclose.

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Covenant HealthCare College of Medicine at Central Michigan University and Saginaw County Medical Society. Covenant HealthCare College of Medicine at Central Michigan University is accredited by the ACCME to provide continuing medical education for physicians.

Covenant HealthCare College of Medicine at Central Michigan University designates this live activity for a maximum of 1.25 AMA PRA Category 1 Credit.[™] Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The SCMS would like to thank our Key Providers for their continued support



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