

POWER NEWS

Important Notes:

- Nov 9: Fall champs entries due (12 & Under, no qualifying times)
 Senior Champs (13& Up, no qualifying times)
 Southern Senior champs (at TWST) entries due (see website for qualifying times)
- Nov 10: Saturday morning practice, Thunder 1 & Thunder 2 only; 8 AM to 10 AM
- Nov 13: No practice/No Shark School due to Taylor HS meet
- Nov 17: Saturday Morning Live at Taylor; 8 AM to 10 AM
- Nov 20: T30
- Nov 23: Age Group Champs entries due



NOVEMBER OPEN MEET AT LUFKIN (14 & Under)

**** 3 hour delayed start on Saturday to accommodate families driving in from the Houston area. Warm-Up at 11 AM. Order of Events will be otherwise unchanged. There will be both a morning and afternoon session on both Saturday and Sunday.****

We will be staying at the Hampton Inn in Lufkin (4400 S. First Street; Phone 936-699-2500). They currently have sufficient rooms available to accommodate our team, but don't delay if you want a room. You must make your own reservations. Be sure to mention that you are with the November Open swim meet to receive team rates.

There will be a group dinner on Saturday night organized by Ambush.

Meet Entry Process

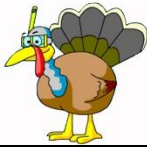
As there has been some confusion about our meet entry process, here is a reminder:

1. **Parents must fill in the meet entry questionnaire on the website. We have added a yes/no question about attendance – everyone must respond one way or the other.**
2. **Parents pay for the number of days to be attended. We will not enter a swimmer into a meet unless we have written confirmation via the attendance form AND payment.**
3. **Swimmers will discuss events with their coach based the days the parent says they will attend.**

In a nutshell: parents give permission in writing for the days to be attended; coaches and swimmers select events.

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MON	TUES	WED	THURS	FRI	SAT/SUN
5 FALL Schedule	6 FALL Schedule	7 FALL Schedule	8 FALL Schedule	9 FALL Schedule Champs Entries due: Fall; Senior; Southern Senior	10/11 NOVEMBER OPEN AT LUFKIN Saturday practice Th1 & Th2
12 FALL Schedule	13 No Practice/No Shark School due to THS meet	14 FALL Schedule	15 FALL Schedule	16 FALL Schedule	17/18 Saturday Morning Live 8 AM to 10 AM
19 FALL Schedule	20 FALL Schedule T30	21 No Practice CHAMPS TAPER STARTS	22 Happy Thanksgiving!! 	23 No Practice	24/25
27 FALL Schedule	28 FALL Schedule	29 FALL Schedule Southern Senior Champs	30 FALL Schedule Southern Senior Champs / Senior Champs	1 FALL Schedule Southern Senior Champs / Senior Champs	2/3 Southern Senior Champs / Senior Champs

T30 on November 20

There will be a SignUp Genius next week

- 4:00 PM – Swimmers with 100+ laps
- 4:30 PM – Swimmers with 90+ laps
- 5:00 PM – Swimmers with 80+ laps
- 5:30 PM – Swimmers with 70+ laps
- 6:00 PM -- Open



Christmas Practice Schedule

Dec 26, 27, 28
 January 2, 3, 4

1 PM to 2:30 PM
 All Thunder

2:30 PM to 4 PM
 Lightning, PowerReady, Rain