| Saturday | Friday | Thursday | pring 2022 | Tuesday | Monday | Sunday |
|---|---|--|--|--|--|---|
| 5 | 4 | 3 | 2 | March 1 | | Cunacy |
| | | | First Day of HS Season | | | |
| 12 | 11 | 10 | 9 | 8 | 7 | 6 |
| | | | | | | |
| 19 | 18 | 17 | 16 | 15 | 14 | 13 |
| | | | | | | |
| 26 | 25 | 24 | 23 | 22 | 21 | 20 |
| | GPS Schools Closed (Regular Practice Schedule) | | | | | |
| 2 | Apr 1 | 31 | 30 | 29 | 28 | 27 |
| ACT's | | | | First Day of HS Rec | First Day of Comp Dev | |
| 9 | 8 | 7 | 6 | 5 | 4 | 3 |
| | | | | | First Day of Middle School | |
| 16 | 15 | 14 | 13 | 12 | 11 | 10 |
| @ OVERPECK (Men Only) | GPS Spring Break | | | | | Scrimmage @ Mercer (Varsity Only) |
| 23 | 22 | 21 | 20 | 19 | 18 | 17 |
| MERCER SPRINTS | GPS Spring Break Double Practice Sessions Varsity Only | GPS Spring Break Double Practice Sessions Varsity Only | GPS Spring Break Double Practice Sessions Varsity Only | GPS Spring Break Double Practice Sessions Varsity Only | GPS Spring Break Double Practice Sessions Varsity Only | Easter |
| 30 | 29 | 28 | 27 | 26 | 25 | 24 |
| SARATOGA INVITE | | | | | , | MERCER SPRINTS |
| 7 | 6 | 5 | 4 | 3 | 2 | May 1 |
| Scrimmage @ Overpeck SAT's | | | | | | SARATOGA INVITE |
| | 13 | 12 | 11 | 10 | 9 | 8 |
| 21 | 20 | 19 | 18 | 17 | 16 | 15 |
| USRowing Northeast | USRowing Northeast | | | | | |
| Regionals | Regionals | | | | | |
| GMS Weekend | 27 | 26 | 25 | 24 | 23 | 22 |
| (Select Crews) No Saturday/Sunday MS Practice | GPS Early Release | | | | | USRowing Northeast Regionals |
| Practice | 3 | 2 | June 1 | 31 | 30 | 29 |
| | Last Day of Spring Practices (All programs) | | | | Memorial Day No Practice | Saturday/Sunday MS Practice |
| 11 | 10 | 9 | 8 | 7 | 6 | 5 |
| USRowing Youth Nationals ACT's | USRowing Youth Nationals (Select Crews) | USRowing Youth Nationals (Select Crews) | | | | |
| 18 | 17 | 16 | 15 | 14 | 13 | 12 |
| | BANQUET | | | | | USRowing Youth Nationals |