

About the Hand Me Up Program

The Hand Me Up program is a community based exchanged program that is designed to serve the residents of Anderson County who are pregnant or have children.

By participating in the program, eligible participants can earn “reward bucks” for keeping appointments (eye exams, prenatal appointments, immunizations, physicals, utilizing pharmacy services, and participating in educational classes).

In return, participants are able to redeem their “reward bucks” for infant and children’s clothing, health and hygiene products, diapers, wipes, and toys.

The Hand Me Up program is organized by the Anderson County Interagency Council and is housed at the First United Methodist Church in Garnett.

Hours of Operation:

2nd and 4th Mondays
5:00 p.m. until 6:30 p.m.

Call 785.448.6826
to schedule an appointment

Location:

Garnett First United Methodist Church
205 S Oak Street
Garnett, KS 66032

****The store is located downstairs in a new room off Asbury Hall (September 2022).**

Contact Information:

Anderson County Interagency Council
PO Box 423; 411 S Oak
Garnett, KS 66032

785.448.6826

Hand Me Up Program

Not a hand out but a hand up for families in Anderson County.



DO I QUALIFY?

1. Do you live in Anderson County and want to utilize community resources?
2. Are you pregnant or have children?
3. Would you like the to earn reward bucks to purchase clothing, diapers, and wipes for your children?

If you answered yes to all three questions you qualify.

How Can I Participate?

1. Complete a short application form, which can be done during the program's open hours at the First United Methodist Church in Garnett.
2. Start earning your reward bucks.
3. When you are ready to use your reward bucks shop the community store during open hours at the First United Methodist Church in Garnett.

WAYS TO EARN

- Keeping appointments at Southeast Kansas Multi-County Health Department in Anderson County
 - *Immunizations for Children and Adults
 - *Physicals for Children (Kan Be Healthy) and Adults
 - *WIC and Family Planning Appointments
- ECKAN Head Start
 - *Participation in Parent Meetings
 - *Completing Volunteer Hours
- ECKAN Early Head Start
 - *Home Visits and Participation in Social Events
- Eye Exams at Vision Source in Garnett
 - *Infant See and See to Learn Programs
 - *Annual Eye Exams (Any Age)
 - *Purchase of Glasses or Contact Lens
- Auburn Pharmacy in Garnett
 - *Purchasing prenatal or children's vitamins**
- Keeping Appointments at Family Care Center and Pheasant Ridge Family Medicine**
 - *Immunizations for Children and Adults
 - *Physicals for Children (Kan Be Healthy) and Adults
- Keeping Prenatal Appointments**
- Frontier Extension District
 - *Participation in educational classes
- Garnett Public Library
 - *Participating in a Story Walk or Story Hour
 - *Thousand Books Before Kindergarten Program

****Be sure to ask providers for reward bucks during the appointment or at time of service.**

****Please provide documentation within 30 days (proof of appointment or receipt) during the program's open hours at the First United Methodist Church in Garnett.**

ITEMS AVAILABLE

Clothing:

0-24 Months Infant Clothing

2T-6T Children's Clothing

Miscellaneous Items:

Diapers and Wipes

Age Appropriate Toys

Children's Books

Hygiene and Health Products

Diapers and Wipes



****Please note that not all items are available at all times as supply depends on what is donated.**