FIRST AID KITS

This presentation and list contains my opinions and is for advice and help only. Filling and managing a first aid kit for a woodworking shop is always your own responsibility.

TCWT cannot be held responsible at any time for omissions or errors.

"Better to prevent than to cure".

A few good tips for workshop safety you can implement in your shop are:

Tip #1: Have multiple First Aid Kits.

Tip #2: Have a mobile phone nearby.

Tip #3: Put emergency numbers on your mobile phone and in your first aid kit.

Tip #4: Use PPE. Turn smart!

Tip #5: Adopt a healthy working posture and avoid distractions.

Tip #6: Try to estimate the risks. Think briefly about what could happen.

Tip #7: Keep your workshop clean

My basic first aid kit consists of:

- A first aid box
- Disinfectant
- Adhesive tape
- Wound Band-Aids
- Elastic, Sterile Pressure Dressings
- Elastic (Ace) Bandages
- Cotton or Gauze bandages
- Disposable Gloves
- Stainless-steel Scissors
- Stainless-steel tweezers
- Blanket and/or insulation blanket
- Safety pins
- Burn ointment
- . Eye wash kit
- Cold pack for bumps and bruises
- Plastic bags for amputations











NIT contains:

Pocket 1 Cuts & Scrapes

Adhesive Spot Bandages

Regular Bandages 1" x 3" Fabric Regular Bandages 1" x 3" Plastic Regular Bandages 3/4" x 3" Plastic Regular Bandages 3/4" x 3" Plastic Regular Bandages Fabric Fingertip Regular Bandages Jr Plastic Regular Bandages Knuckle Fabric Triple Antibiotic Ointment Alcohol Swabs

Pocket 3 Sprains & Strains

Conforming Gauze 2" Conforming Gauze 3" First Aid Tape (Paper) 1/2" x 5 yards. Safety Pins 28 MM Wooden Finger Splints Instant Cold Compress

Pocket 2 Bleeding, Wounds & Burns

Burn Cream Butterfly Wound Closures Combine Pad 5" x 9" Eye Pad Nitrile Gloves Non-Adherent Dressing 2" x 3" Sterile Gauze Dressing 2" x 2" Sterile Gauze Dressing 4" x 4"

Pocket 4 Blisters, Stings & Splinters

After Bite® Wipe Cotton Tipped Applicators Pre-cut & Shaped Moleskin Splinter/Tick Remover

Pocket 5 CPR

American Red Cross First Aid Guide CPR Face Shield Angled Scissors Drug Facts Active ingredients Bacitracin 400 units Neomycin 3.5 mg

Triple Antibio

Polymyxin B 5000 units Use First aid to help previsions scrapes and burns

Warnings

For external use only Do not use if you are aller in the eyes over large ar Ask a doctor before use if you puncture wounds animal bit

Stop use and ask a doctor if sy than 7 days or clear up and occur days.

Keep out of reach of children. If help or contact a Poison Control Ce

Directions adults and chil and older: clean the affected area; a to the area 1-3 times daily; may be co bandage children under 2 years doctor

Inactive ingredients miner



Two of the many kits available on Amazon

https://www.amazon.com/First-309-Pieces-Reflective-Design/dp/B074DW15XZ/?_encoding=UTF8&pd_rd_w=UnF0T&contentid=amzn1.sym.5fe95cd4-8512-42fa-bf21-63d83b898785&pf_rd_p=5fe95cd4-8512-42fa-bf21-63d83b898785&pf_rd_r=MR0QYQTKFBX5Q9QMRXJE&pd_rd_wg=udYaq&pd_rd_r=c040e4d6-7692-4060-92a8-6b46d375690e&ref_=pd_gw_ci_mcx_mr_hp_atf_m

About \$20.00

https://www.amazon.com/First-Pieces-Exceeds-Guidelines-People/dp/B002DQY776/?_encoding=UTF8&pd_rd_w=IIPM5&contentid=amzn1.sym.bbb6bbd8-d236-47cb-b42f-734cb0cacc1f&pf_rd_p=bbb6bbd8-d236-47cb-b42f-734cb0cacc1f&pf_rd_r=MR0QYQTKFBX5Q9QMRXJE&pd_rd_wg=udYaq&pd_rd_r=c040e4d6-7692-4060-92a8-6b46d375690e&ref_=pd_gw_ci_mcx_mi

About \$40.00



