

COMBO SPECIALS

**8 pc Nigiri
& 1 House Roll**
22.00

3 House Rolls
16.50

**2 House Rolls
& 1 Specialty Roll**
22.50

**1 House Roll
& 1 Specialty Roll**
18.50

2 Specialty Rolls
22.50

LUNCH SPECIALS

Mon-Fri 11am-3pm
Served with salad, miso soup or soup
of the day

**6 pc Nigiri and
1 House Roll**
14.95

2 House Roll
10.95

**1 Specialty Roll and
1 House Roll**
14.95

1 House Noodles
10.95

All entrees come with soup
for lunch special

STARTERS

Sushi Bon Bons (3 pcs) Mini rice rounds with salmon, tuna, yellowtail, ginger wasabi and spicy mayo inside	10.95
Crispy Rice Cakes Topped with your choice of spicy tuna, salmon, or kani	10.95
Edamame	6.95
Crispy Honey Chili Krab Sticks Tempura krab sticks w sweet and spicy chipotle honey chili sauce	8.95
French Fries Choose regular/spicy/roasted garlic	6.95
Tempura Onion Rings	7.95
Grilled Salmon Skewers Served with ginger teriyaki dipping sauce	9.95
Salmon Tataki Marinated seared salmon slices with teriyaki, cucumber and scallion	9.95
Peppered Tuna Tataki NEW Seared peppered tuna slices w teriyaki, cucumber and scallions	12.95
Spicy Sushi Pizza (tuna or salmon) NEW Crispy tortilla, scallion and masago w. spicy, sweet sauce	\$10.95
Avocado Bomb NEW Choice of spicy tuna or salmon wrapped in avocado w sweet and spicy sauce served w/ crispy tortilla chips	10.95
Sushi Poppers Fried rice poppers spicy tuna filled center. Served with teriyaki	9.95
Tempura Vegetables NEW Tempura style sweet potato, carrot, zucchini and onion, w teriyaki dipping sauce	9.95
Tuna Ceviche Tuna, marinated with citrus ginger soy sauce, with cucumber and avocado	11.95
Vegetable Gyoza Dumplings 6pcs Dumplings steamed or fried	8.95
Ahi Nachos Ahi tuna cilantro, scallions, bell peppers, ginger soy, served with crispy "home made" nacho chips	9.95
Fish Tacos 2 pcs Lettuce, blackened mahi mahi in soft shell taco with pickled shallots, fresh basil, chili flakes, ginger dressing	9.95
Sweet Potato Fries Sweet potato wedges coated with tempura batter, sweet and spicy bbq spice	8.95

SALADS

Asian Green Salad With ginger dressing – mesclun greens, cucumber, cherry tomato, red onion	6.95
Citrus Salad Baby spinach, orange segments, wasabi soy nuts, dried cherries, shallots w/ ginger lime vinaigrette	11.95
Grilled Sesame Salmon Salad Baby spinach, cucumber, grilled sesame crusted salmon, cherry tomatoes, red onion, ginger lime dressing	15.95
Seared Tuna Salad Mesclun greens, cucumber, seared tuna, scallions, cherry tomatoes, soy balsamic dressing	15.95
Shredded Spicy Kani Salad Shredded kani, cucumber and carrot, spicy sauce and sesame seeds	8.95
Sushi Salad Sushi rice, shredded kani, julienne cucumber and carrot, spicy sauce seaweed strips, sesame	7.95
Marinated Edamame Salad Edamame beans in ginger soy marinade with shallots, mango, baby spinach	10.95
Wild Mushroom Salad Mesclun greens, sautéed wild mushrooms, cherry tomatoes, avocado, smoked almonds, scallions, soy balsamic	12.95

FISH ENTREES

House Seasoned Grilled Salmon NEW Served with steamed brown rice and sautéed squash medley	17.95
Grilled Salmon Teriyaki Served with wasabi mashed potatoes and garlic haricot vert	17.95
Honey Pecan Salmon Honey pecan glazed grilled salmon served with garlic mashed potatoes and sautéed squash	17.95
Peppercorn Tuna Peppercorn crusted seared ahi tuna served with garlic spinach and scallion rice	19.95
Fish n Chips Crispy fish fillets served with crispy French fries and tartar sauce	15.95
Glazed Chilean Sea Bass Glazed with garlic honey served with roasted garlic mashed potatoes and sesame green beans	22.95
Sesame Fish NEW Served with white rice	15.95

SOUP

Miso Soup	4.95
Soup Of The Day	5.95
Udon Noodle Soup	9.95

HOUSE NOODLES

GLUTEN FREE
OPTIONS AVAILABLE

Chili Noodles Rnr thick noodles, jalapeno, scallion, cabbage, bell pepper, chili pepper sauce	9.95
Wild Mushroom Noodles Udon noodles, wild mushroom medley, scallions, honey miso garlic sauce	9.95
Grilled Fish Noodles Rnr thin noodles, smokey grilled salmon, bell peppers, carrot, scallions, ginger bbq sauce, tempura crunch	10.95
Vegi Noodles Ramen noodles, zucchini, carrot, scallions, peppers, baby corn, tofu, honey miso garlic sauce	9.95
Pad Thai Style Rice noodles, scallion, bell peppers, crispy egg, mushrooms, crushed peanuts	9.95
Forest Noodles Spinach noodles, zucchini, scallion, caramelized onions, baby spinach, tempura crunch, teriyaki	9.95
Garlic Noodles Thick wonton noodles, roasted, crispy garlic, garlic teriyaki, caramelized onion, peppers	9.95
Firecracker Noodles Udon noodles, habanero cream sauce, roasted peppers, caramelized onions, scallions, tempura crunch	9.95
Thai Peanut Noodles Rnr thin noodles, spicy thai sesame peanut sauce, scallion, bell peppers, crushed peppers	9.95

ROCKIN SANDWICHES

Served on a multi grain roll, w/ French fries or tempura onion rings

Portobello Griller Grilled marinated Portobello mushroom, caramelized onion, baby spinach, roasted garlic spread, balsamic reduction	10.95
Garlic Tofu Schnitzel Schnitzel crusted tofu, sweet grilled tomato, mesclun greens, roasted garlic aioli	11.95
Zesty Salmon Salad Flaked poached salmon, fresh herbs, grilled onions, baby spinach, tartar	12.95
Sesame Tuna Wasabi Seared sesame crusted tuna, scallion, cucumber slaw, wasabi aioli and mesclun greens	13.95
Crispy Fish Crispy tempura fish fillet, mesclun greens, creamy tartar, roasted garlic spread	13.95
Chipotle Salmon Bbq glazed grilled salmon, sweet onion jam, mesclun greens, chipotle bbq sauce, crispy sweet potato chip	12.95

JK PRINTING • 201-833-8181 • 17303 • 2017-46168

MENU



201-499-ROLL
(7655)

WWW.ROCKNROLLTOGO.COM

order online

WE DELIVER

1448 Queen Anne Road • Teaneck, NJ
07666

Under strict supervision of R.C.B.C

HOURS

SUN-THURS 11AM - 10PM

FRI 11-4 (SUMMER) • 11-2:30 (WINTER)

SAT 40 MIN AFTER SUNDOWN • TILL 12AM

SPECIALTY ROLLS

Rock n Roll Seared peppered tuna, avocado, w/ spicy salmon, crunch and spicy mayo on top	11.95
Butterfly Tuna, tomago, avocado, salmon and masago outside	11.95
California Salmon California roll, salmon and masago on top	11.50
Caribbean Dream Salmon, mango, avocado, masago	11.50
Citrus Crunch Avocado, kani, scallion, with yellowtail and lemon crunch on top	11.75
Confused Peppered tuna, yellowtail, avocado, cucumber, spicy salmon on top	11.75
Mapleicious Smokey chipotle seared salmon, mango, avocado with masago and pure Vermont maple syrup drizzle on top	11.75
Zinger Ahi tuna, salmon, tomago, avocado, masago, with chili lime dust	11.75
Fazuta Firey salmon, avocado, orange zest, tomago, almond dust	11.75
Crazy Tuna Spicy tuna, avocado w/ spicy mayo, masago and tuna on top	11.50
Crunch Salmon, tempura flakes, cucumber, carrot, spicy sauce	10.95
Dragon Spicy tuna, avocado on top	11.95
Salmon Dragon Spicy salmon, avocado on top	11.95
FBT Yellowtail, scallion, pickled daikon, with salmon and masago on top	11.75
Krazy Spicy kani and tuna, crunch, masago and scallions on top	10.95
Mamamiya Salmon, avocado, caramelized onions, crunch, w/ salmon, masago, teriyaki and spicy mayo	11.95
Mexican Spicy salmon, jalapeno, avocado, scallion, lime	11.95
Nutty Tuna Spicy tuna, peanuts, avocado, cucumber, tomago	11.95
Passion Tuna, avocado w/ yellowtail and sriracha on top	11.95
Rainbow California inside w/ salmon, tuna, yellowtail, avocado and masago on top	11.95
Red Flame Salmon, tomago, masago, sriracha sauce and tuna on top	11.95
TNT Spicy tuna, scallion, avocado, jalapeno, crunch, spicy sauce	11.50
Yamato Spicy tuna, avocado w/ peppered tuna, masago and spicy sauce on top	11.95
Black Fire Seared blackened yellowtail, cucumber, mango, lime, scallion w/ fiery sauce	12.95
Viper Seared blackened salmon, avocado, mango, masago w/ habanero and sweet sauce	12.95
Mega Spicy tuna, crunch, avocado, scallion, masago and chili lime dust	12.95
Sushi Lover NEW Tuna or salmon inside, avocado w/ spicy tuna or salmon on top	11.95



HOUSE ROLLS

California	5.50
Kani	5.50
Spicy Kani	5.95
Spicy Kani Cashew	5.95
Phili Roll (smoked salmon, imitation cc, cucumber)	5.95
Salmon	5.95
Salmon Avocado	5.95
Salmon Cucumber	5.95
Spicy Salmon	5.95
Firey Salmon	5.95
Yellowtail	6.95
Spicy Yellowtail	6.95
Tuna	5.95
Tuna Avocado	5.95
Spicy Tuna	5.95
Firey Tuna	5.95
Honey Tuna	6.25
Peppered Seared Tuna	6.50
Peppered Seared Tuna Avocado	6.75

COOKED ROLLS

Crispy Salmon Skin	6.95
Grilled Blackened Yellowtail	6.95
Grilled Portobello Mushroom	6.95
Grilled Salmon Teriyaki	6.95
Grilled Tuna Teriyaki	6.95
Kani Tempura	6.50
Sweet Potato Tempura	6.50
Tomago	5.95
Onion Crunch Roll NEW Tempura onion w/ sweet, white sauce	5.95
Mango Roll Mango, kani tempura, avocado, crunch, w/ spicy mango sauce	7.50
Spider Kani tempura, cucumber, avocado, crunch, spicy and teriyaki sauce drizzle	7.50
Crackle Crispy salmon, avocado, cucumber w/ spicy kani, crunch, spicy and sweet sauce on top	12.95
Vidalia Grilled salmon, Vidalia onion, crunch, avocado, cucumber, spicy and teriyaki sauce	12.95
Volcano NEW Cooked salmon, avocado, jalapeno, wrapped in tempura kani w/ sweet and spicy sauce new	12.95
Anaconda Grilled Chilean sea bass, cucumber w avocado, crunch and wasabi may on top	13.95

TEMPURA ROLLS

Kani Monster Kani roll, tempura style with spicy sauce and teriyaki	11.95
Monster Salmon, kani, tuna, tempura style with spicy sauce and teriyaki	12.95
Salmon Tempura Salmon roll, tempura style with spicy sauce and teriyaki	12.95
Godzilla NEW Salmon, tuna, kani, avocado tempura with teriyaki sauce	12.95
Animal Sweet potato tempura, salmon, kani, caramelized onions, topped with wasabi mayo	12.95
Hot Kani Kani tempura, sweet potato, tempura style with crunchy, spicy kani, spicy mayo and teriyaki on top	13.95

HAND ROLLS

Kani	4.95
Salmon	5.25
Spicy Salmon	5.50
Peppered Tuna	5.75
Spicy Yellowtail	6.95
Tuna	5.50
Yellowtail	6.95
Spicy Tuna	5.50

SASHIMI/NIGIRI 2PC

Kani	4.25
Peppered Seared Tuna	5.50
Salmon	4.50
Tuna	5.25
Yellowtail	5.50

VEGETABLE ROLLS

Avocado	4.95
Cucumber Avocado	4.95
Cucumber	4.95
Garden Roll (carrot, cucumber, avocado)	4.95
Carrot	4.50
Pickled Daikon	5.50

VEGGIE SPECIAL ROLLS

Sweet "p" Sweet potato tempura, carrot, avocado, spicy mayo, sweet potato crunchies, teriyaki	10.95
Green Crunch Cucumber, avocado, spinach, crunch, wasabi mayo	10.95
Tropical Mango, daikon, cucumber, pickled ginger, carrot, mango jalapeno sauce	10.95
Veggie Monster Cucumber, avocado, carrot, spinach, sweet potato	10.95
Nut Job Avocado, cashew, peanuts, cucumber, spicy sauce teriyaki and crunch	10.95

NO RICE SPECIALTY ROLLS

Blizzard Salmon, tuna, yellowtail, kani, avocado, cucumber, spicy tuna, wrapped in soy wrapper	14.95
Paco Spicy shredded kani, peppered tuna, avocado, wrapped in soy wrapper	14.95
King Salmon, yellowtail, scallions, oshinko, ginger, jalapeno, avocado, wrapped in soy paper topped with spicy mango sauce	14.95
Dream NEW Spicy tuna, salmon and avocado wrapped in cucumber -cut in 6 pcs	11.95



PARTY PLATTERS

Any
5 Specialty rolls
53.95

Any
10 Specialty rolls
104.95

Any
15 Specialty rolls
149.99

Small Party Platter
8 House rolls and 2 Specialty rolls
58.95

Medium Party Platter
12 House rolls and 3 Specialty rolls
90.00

10 House rolls
50.95

15 House rolls
73.95

25 House Roll
123.95

Garden Platter
8 veggie, 2 veggie special rolls
48.95