



...Making Mealtimes Better!



Meals on Wheels of Rowan, Inc.

May 2016

Meals on Wheels

... More than just a meal

Since 1976

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OFFICE STAFF

Executive Director: Rita Sims

Coordinator: Carol McNeely

Coordinator: Sandy Combs

Receptionist: Kaye Flickinger

On Site Meal Verifier: Tom Strobl



- **Meals on Wheels Angels** who have helped us by sending Birthday cards, bringing items for Birthday bags, providing office supplies, donating magazines, knitting dish cloths and donating coolers: Lynn Mills, Ed & Eileen Hanson-Kelly, Phyllis Milam, Sandy Carrigan, Louise Towell, Juanita Smith, Patricia Lanman
- **Overton Elementary School** – for decorating birthday bags and continuing to make Birthday cards each month for our clients

Thank you to each and every one of you who serve as you are able! We are most grateful for all you do!

DELIVERY REMINDER!

***There will be no meal deliveries on
Monday, May 30th
In observance of Memorial Day
Thank You!***



A BERRY FINE FOOD DRIVE

April 25th – May 20th

Mobile Farm Fresh of North Carolina is hosting this food drive with **Novant Health** as their premier sponsor and **Patterson Farm** providing fresh picked strawberries all of which will be donated to Meals on Wheels of Rowan, Rufty-Holmes Senior Center and Rowan Helping Ministries.

To support **Meals on Wheels of Rowan** in the Berry Fine Food Drive, please visit

www.ABerryFineFoodDrive.com and select Meals on Wheels of Rowan at the bottom of the page, click the **DONATE** button and pick the fruits you would like to donate. It will be delivered for you once the drive is over and you'll get a tax receipt for your donation.

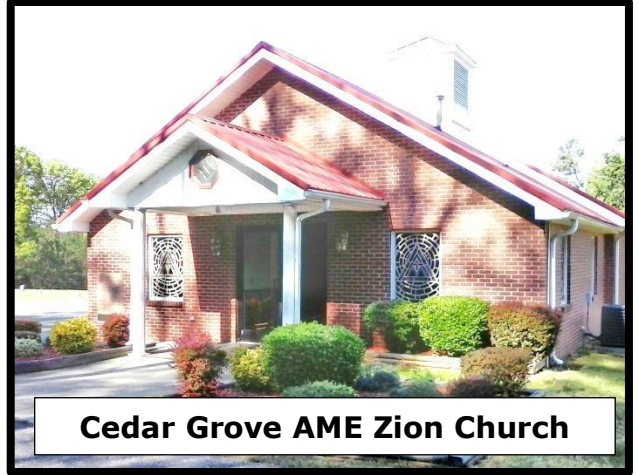
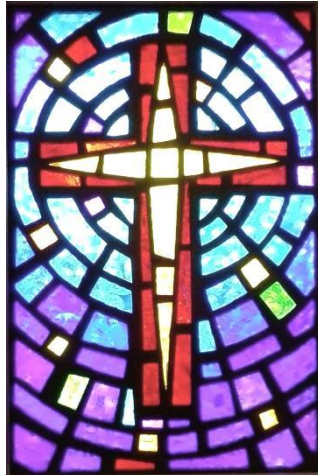


May Birthdays

- 3rd Cynthia Childsbringle**
- 3rd Donald Wagner**
- 4th Nell Moon**
- 5th Helen Board**
- 6th Troy Horton**
- 8th Elizabeth Browne**
- 13th Dorothy Miderski**
- 17th Annie Jordan**
- 18th Ronnie Gunther**
- 20th Carol Jones**
- 20th C.C. Caskey**
- 22nd Bertie Koontz**
- 22nd Ruby Rone**
- 27th Theodore Sifford**
- 28th Eva Mae Cress**
- 29th Hubert & Vera Goodman**
- 29th Charles Sutphin**

Items needed for Birthday Bags:

Pocket size Kleenex, Word Search Puzzles books, Note pads, Soap, Small size Shampoo/Conditioner, Tooth Brushes & Toothpaste and Any other fun or thoughtful items

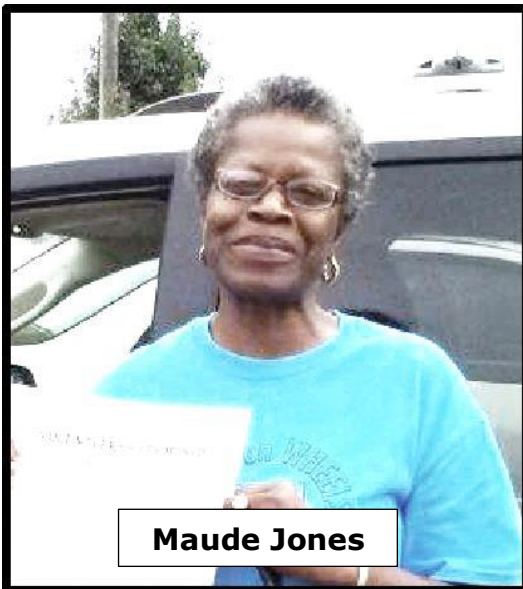


Cedar Grove AME Zion Church

This month we recognize **Cedar Grove AME Zion Church** for their faithful service to Meals on Wheels for over 11yrs. Coordinator **Maude Jones** and her church stepped up when MOW put out the call needing Churches in West Rowan to help establish routes. They deliver the Cleveland route every Thursday. Maude says her church doesn't need any recognition; they just want to serve and it's enough to know that they are helping out where the need is great. She and the other volunteers really enjoy seeing the way their clients' faces light up when they arrive each week; one lady is so happy to see them that she even invites them to sit and share the meal with her! Maude's volunteers are serious about making sure their clients are safe even making sure doors are locked behind them when they leave. Maude concludes, "I thank God for choosing me and I'll continue delivering as long as I am able...we all will."

We are most thankful for these team members who serve:

- | | |
|---------------------------------|----------------|
| Geraldine & William Cuthbertson | Maude Jones |
| Dr. Bertha & Bill Pittman | Diane Williams |
| Rodney Cuthbertson | Tammie Wayne |



Maude Jones



Dr. Bertha & Bill Pittman

William & Geraldine Cuthbertson