

School Lunch Menu

December 2018

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
3 TACO BOWL WITH TURKEY MEAT Shredded Cheese Mandarin Oranges Shredded Lettuce Fresh Tomatoes Jicama 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing Taco Sauce Cinnamon Elf Grahams	4 CRISPY CHICKEN TENDERS Oven Baked Tater Tots WG Dinner Roll Fresh Cut Cantaloupe Garden Salad Jicama Garbanzo Beans 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing ketchup packets	5 MINI CHEESEBURGERS Baked Beans Mixed Fruit Garden Salad Baby Carrots Broccoli 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing	6 ORANGE CHICKEN RICE BOWL Dinner Roll Fresh Cut Cantaloupe Garden Salad Cucumbers Broccoli 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing	7 PEPPERONI PIZZA SLICE Steamed Green Beans Pineapple Tidbits Garden Salad Cucumbers Baby Carrots 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing
10 CHICKEN CORN DOG Oven Baked French Fries Mixed Fruit Garden Salad Baby Carrots Cucumbers 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing ketchup packets Mustard Packets	11 BEEF TACO STICK Steamed Corn Peeled and Quartered Cut Oranges Garden Salad Baby Carrots Cucumbers 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing Taco Sauce	12 CHEESE ENCHILADA Refried Beans Mandarin Oranges Shredded Lettuce Cucumbers Broccoli 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing Taco Sauce	13 Student Minimum Day No school lunch provided	14 CHEESY BREADSTICKS Marinara Sauce Apricots Garden Salad Baby Carrots Broccoli 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing
17 CHICKEN BURGER Baked Beans Apple Slices Pineapple Tidbits California Raisins Shredded Lettuce Fresh Tomatoes Broccoli 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing ketchup packets	18 BEEF DIPPER W/TERIYAKI Steamed Rice WG Dinner Roll Apple Slices Mixed Fruit California Raisins Garden Salad Baby Carrots Cucumbers 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing Chocolate Elf Grahams	19 PEPPERONI AND CHEESE CALZONE Steamed Green Beans Apple Slices Mandarin Oranges California Raisins Garden Salad Garbanzo Beans Cucumbers 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing	20 TURKEY GRAVY Whipped Potatoes WG Dinner Roll Apple Slices Diced Peaches California Raisins Garden Salad Cucumbers Cauliflower 1% Low Fat White Milk Chocolate Fat Free Milk Ranch Dressing Holiday Cookie	21 Student Minimum Day No school lunch provided

NOTE: The HESD District Kitchen is closed January 7-11, 2019. No school lunch provided the week we return to school.

