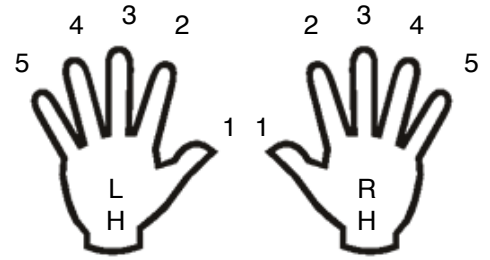
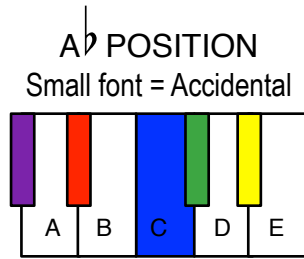


Start Date

# Daily Exercises

Thumbs are *ONE*



R.H. Fingers	1 2 3 4 5	5 4 3 2 1
Note	Ab Bb C Db Eb	Eb Db C Bb Ab
L.H. Fingers	5 4 3 2 1	1 2 3 4 5
R.H. Fingers	1 2 2 1 2 3 3 2 3 4 4 3 4 5 5 4	
Note	Ab Bb Bb Ab Bb C C Bb C Db Db C Db Eb Eb Db	
L.H. Fingers	5 4 4 5 4 3 3 4 3 2 2 3 2 1 1 2	
R.H. Fingers	1 3 5 5 3 1	
Note	Ab C Eb Eb C Ab	
L.H. Fingers	5 3 1 1 3 5	
R.H. Fingers	1 3 2 4 3 5 5 3 4 2 3 1	
Note	Ab C Bb Db C Eb Eb C Db Bb C Ab	
L.H. Fingers	5 3 4 2 3 1 1 3 2 4 3 5	
R.H. Fingers	1 5 4 2 3 2 1 1 2 3 2 4 5 1	
Note	Ab Eb Db Bb C Bb Ab Ab Bb C Bb Db Eb Ab	
L.H. Fingers	5 1 2 4 3 4 5 5 4 3 4 2 1 5	