

**What's Cooking in the Kitchen:
For the Week of: January 7—11, 2019
MONDAY**

- BREAKFAST: **ORGANIC** Scrambled Eggs w/Cheese, Turkey Sausage Links, Orange Sections, Milk
- AM SNACK: Juice Break
- LUNCH: Super Cheesy Quesadillas, Refried Beans, **ORGANIC** Roasted Corn (from Frozen), **RED** Apple Slices, Milk
- PM SNACK: Laughing Cow Cheese Wedges, Pepperoni, **ORGANIC** Fruit Leather, Water

TUESDAY

- BREAKFAST: Cheerios, Bananas, Milk
- AM SNACK: Juice Break
- LUNCH: Spinach & Cheese Ravioli Tossed in Olive Oil, Parmesan & Herbs, **ORGANIC** Green Beans (from Frozen), Cantaloupe, Milk
- PM SNACK: Cottage Cheese, **THAWED ORGANIC** Mixed Berries, Graham Crackers, Water

WEDNESDAY

- BREAKFAST: **ORGANIC** Whole Grain Waffles, Cinnamon Apples, Syrup by Request, Sausage Patties, Milk
- AM SNACK: Juice Break
- LUNCH: Chicken Nuggets, Simply Fries w/Olive Oil and Sea Salt, **ORGANIC** Ketchup, Honeydew Melon, Milk
- PM SNACK: Bell Pepper Strips, **PLAIN** Hummus, Pita Wedges, Black Olive Slices, Water

THURSDAY

- BREAKFAST: Cream of Wheat w/Hint of Cinnamon, Cuties, Milk
- AM SNACK: Juice Break
- LUNCH: Homemade Macaroni & Cheese, **ORGANIC** Peas (from Frozen) W/Hint of Margarine, Kiwi, Milk
- PM SNACK: Hard Boiled **ORGANIC** Eggs, Low Sodium Saltines, Cucumber Spears, Water

FRIDAY

- BREAKFAST: **ORGANIC** Blueberry Bread, Turkey Sausage Links, Applesauce, Milk
- AM SNACK: Juice Break
- LUNCH: Meatball Subs (**WW** Hotdog Buns, Meatballs, Marinara & Provolone), Cauliflower (Fresh or Frozen) w/Hint of Margarine, Fruit Salad, Milk
- PM SNACK: Fresh Pear Slices, Cheddar Cheese, Wheat Thins (**Infants: Ritz Crackers**), Water