

How to Be Worry Free – Part II
An absence of worry brings joy
Philippians 4:6-9

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A Worry Antidote

Antidote: “A remedy given to counteract the effects of poison.”

Right _____

- Peace and worry are polar opposites

Right _____

- II Corinthians 10:5 (MSG) – *... fit very loose thought and emotion and impulse into the structure of life shaped by Christ*

Right _____

- Outward actions are shaped by inward attitudes