

**2022 CASCADE INVITATIONAL**

Cascade, IA

Fillmore Fairways Golf Course

Weather: Sunny, Wind S 10-25mph, 53% &amp; 80

Thursday, September 15, 2022

**MEET OFFICIALS****Meet Director:**

Adam Kedley

**Meet Referee:**

Terry Fisher

**Timing:**

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

printed: 9/15/2022 6:16 PM

**Race #4  
Boys 5K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Marion	48	1-4-5-12-26(44)(55)	1:28:10	17:38	2:54.7
2 Tipton	62	3-9-11-16-23(39)(45)	1:30:28	18:06	1:40.7
3 Regina Iowa City	88	2-14-20-22-30(52)(62)	1:31:55	18:23	2:13.2
4 Monticello	108	7-13-24-29-35(36)(40)	1:33:25	18:41	1:34.5
5 Cascade Western Dubuque	160	8-19-34-41-58(73)(76)	1:35:33	19:07	2:24.2
6 Wahlert Dubuque	166	6-21-33-38-68(74)(80)	1:36:02	19:13	3:08.4
7 Anamosa	170	15-18-43-46-48(69)(70)	1:36:03	19:13	1:19.7
8 Jesup	238*	27-50-51-53-57(84)(94)	1:39:15	19:51	1:08.5
9 Maquoketa Valley Delhi	238*	17-28-32-79-82	1:40:11	20:03	3:28.4
10 Benton Community	244	25-47-49-59-64(67)(72)	1:39:22	19:53	1:38.3
11 Calamus-Wheatland	284	31-42-65-71-75(101)(102)	1:41:49	20:22	2:12.3
12 Beckman Catholic Dyersvil	337	37-61-66-83-90(93)(95)	1:45:14	21:03	3:09.0
13 Prince of Peace Catholic Cl	340	10-56-81-96-97(99)	1:47:07	21:26	5:44.4
14 Maquoketa	398	63-77-78-89-91(106)(107)	1:48:50	21:46	2:31.4
15 Wilton	400	54-85-86-87-88(92)(100)	1:50:06	22:02	2:24.3
16 Durant	470	60-98-103-104-105	2:02:52	24:35	6:17.3

**\*Tiebreakers**

Jesup	27	50	51	53	57	84
Maquoketa Valley Delhi	17	28	32	79	82	

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 OSGOOD, Jedidiah	SR	Marion	1	16:08.0	5:12.3	3:14.0
2 O'NEIL, Aiden	JR	Regina Iowa City	2	16:54.2	5:27.2	3:23.2
3 BOHLMANN, Clay	SO	Tipton	3	17:09.4	5:32.1	3:26.3
4 COOK, Cooper	JR	Marion	4	17:16.3	5:34.3	3:27.7
5 REGENNITTER, Jakob	SR	Marion	5	17:33.8	5:39.9	3:31.2
6 BROOKINS, Jayden	FR	Wahlert Dubuque	6	17:42.2	5:42.6	3:32.8
7 CAPRON, Chesney	SR	Monticello	7	17:43.4	5:43.0	3:33.1
8 KNEPPER, Adam	SR	Cascade Western D	8	17:50.2	5:45.2	3:34.5
9 NICHOLS, Ty	SR	Tipton	9	17:55.4	5:46.9	3:35.5
10 BLOUNT, Marcus	SR	Prince of Peace Cat	10	17:56.0	5:47.1	3:35.6
11 FOGG, Maxson	SO	Tipton	11	18:08.1	5:51.0	3:38.0
12 FISCHER, Jordan	JR	Marion	12	18:08.6	5:51.1	3:38.1
13 MILLER, Jacob	SR	Monticello	13	18:23.4	5:55.9	3:41.1
14 MALEY, Joe	SR	Regina Iowa City	14	18:23.7	5:56.0	3:41.2
15 COUNTRYMAN, Seth	SO	Anamosa	15	18:24.5	5:56.3	3:41.3
16 BOHLMANN, Caleb	FR	Tipton	16	18:24.7	5:56.3	3:41.4
17 SCHAUL, Matthew	SO	Maquoketa Valley D	17	18:28.6	5:57.6	3:42.2
18 KEISTER, Shea	SR	Anamosa	18	18:33.8	5:59.3	3:43.2
19 NADEAU, Max	SR	Cascade Western D	19	18:35.1	5:59.7	3:43.5

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Boys 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. km</b>
20 WELTER, Samuel	SO	Regina Iowa City	20	18:40.7	6:01.5	3:44.6
21 POWERS, Kyle	SO	Wahlert Dubuque	21	18:41.2	6:01.7	3:44.7
22 SMITH, Riordan	JR	Regina Iowa City	22	18:49.0	6:04.2	3:46.2
23 DEERBERG, Brody	SR	Tipton	23	18:50.1	6:04.5	3:46.5
24 OSWALD, Alex	JR	Monticello	24	18:53.4	6:05.6	3:47.1
25 OLSON, Caleb	FR	Benton Community	25	18:55.7	6:06.3	3:47.6
26 REGENNITTER, Jarred	SR	Marion	26	19:02.7	6:08.6	3:49.0
27 PINT, Nathan	SO	Jesup	27	19:05.0	6:09.3	3:49.5
28 RAVE, Arion	SO	Maquoketa Valley D	28	19:06.5	6:09.8	3:49.7
29 ALTHOFF, Aedan	FR	Monticello	29	19:06.8	6:09.9	3:49.8
30 BOTTORFF, Henry	SR	Regina Iowa City	30	19:07.3	6:10.1	3:49.9
31 RIEDESEL, Logan	SO	Calamus-Wheatlan	31	19:09.3	6:10.7	3:50.3
32 LIVINGSTON, George	JR	Maquoketa Valley D	32	19:09.8	6:10.9	3:50.4
33 KLAPATAUSKAS, Nick	SO	Wahlert Dubuque	33	19:13.6	6:12.1	3:51.2
34 COOK, Lane	SO	Cascade Western D	34	19:15.5	6:12.7	3:51.5
35 NIETERT, Cord	SR	Monticello	35	19:17.8	6:13.5	3:52.0
36 SAUSER, Nathan	SR	Monticello	(36)	19:25.1	6:15.8	3:53.5
37 SCHLARMANN, Jacob	JR	Beckman Catholic	37	19:31.6	6:17.9	3:54.8
38 AUER, Gabriel	SR	Wahlert Dubuque	38	19:33.8	6:18.6	3:55.2
39 KAMBERLING, Jett	FR	Tipton	(39)	19:35.3	6:19.1	3:55.5
40 SPENCE, Walker	SR	Monticello	(40)	19:36.5	6:19.5	3:55.8
41 GEHL, Ben	SR	Cascade Western D	41	19:37.7	6:19.9	3:56.0
42 RIEDESEL, Jackson	JR	Calamus-Wheatlan	42	19:37.9	6:20.0	3:56.1
43 LOEHR, Caleb	SR	Anamosa	43	19:38.3	6:20.1	3:56.1
44 FOPMA, Jace	SR	Marion	(44)	19:38.3	6:20.1	3:56.1
45 SHUMAKER, Andrew	JR	Tipton	(45)	19:38.8	6:20.2	3:56.2
46 REISS, Carver	SO	Anamosa	46	19:42.4	6:21.4	3:56.9
47 MORRIS, Isaac	JR	Benton Community	47	19:44.0	6:21.9	3:57.3
48 TROESTER, Jack	JR	Anamosa	48	19:44.1	6:21.9	3:57.3
49 DAUGHERTY, Blake	SR	Benton Community	49	19:52.1	6:24.5	3:58.9
50 LANGE, Kaden	FR	Jesup	50	19:52.9	6:24.8	3:59.1
51 NESBIT, Will	FR	Jesup	51	19:54.6	6:25.3	3:59.4
52 GRAVER, Reeve	SO	Monticello	-	19:56.9	6:26.1	3:59.8
53 TAKACS, Matt	JR	Regina Iowa City	(52)	19:59.5	6:26.9	4:00.4
54 BUTLER, Zac	SO	Tipton	-	20:03.1	6:28.1	4:01.1
55 BERTLING, Rylan	FR	Monticello	-	20:06.2	6:29.1	4:01.7
56 GONZALEZ, Ayden	JR	Jesup	53	20:08.6	6:29.9	4:02.2
57 DUFFE, Deacon	JR	Wilton	54	20:09.8	6:30.2	4:02.4
58 KAUTZ, Bennett	FR	Marion	(55)	20:10.6	6:30.5	4:02.6
59 RUDEN, Tate	SO	Prince of Peace Cat	56	20:11.2	6:30.7	4:02.7
60 NOLAN, Tyler	JR	Jesup	57	20:13.5	6:31.4	4:03.2
61 KAALBERG, Andrew	SO	Cascade Western D	58	20:14.3	6:31.7	4:03.3
62 SCHULTZ, Brandon	SR	Benton Community	59	20:15.6	6:32.1	4:03.6
63 STARR, Race	SO	Durant	60	20:17.2	6:32.6	4:03.9
64 SCHLARMANN, Andrew	FR	Beckman Catholic	61	20:18.3	6:33.0	4:04.1
65 OLNEY, Colin	JR	Regina Iowa City	(62)	20:18.4	6:33.0	4:04.2

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66 DEFOREST, Conner	FR	Maquoketa	63	20:22.8	6:34.4	4:05.0
67 RICKLEFS, Marcus	JR	Benton Community	64	20:34.0	6:38.0	4:07.3
68 MOHR, Mason	FR	Calamus-Wheatlan	65	20:36.5	6:38.9	4:07.8
69 GAUL, Adam	FR	Beckman Catholic	66	20:38.4	6:39.5	4:08.2
70 LANGE, Luke	SO	Benton Community	(67)	20:38.9	6:39.6	4:08.3
71 EASTIN, Connor	SO	Monticello	-	20:41.9	6:40.6	4:08.9
72 HAGEN, Zander	SO	Tipton	-	20:46.0	6:41.9	4:09.7
73 NEWLIN, Sullivan	JR	Wahlert Dubuque	68	20:50.5	6:43.4	4:10.6
74 PONDER, Dylan	SR	Monticello	-	20:52.8	6:44.1	4:11.1
75 LOEHR, Jacob	SR	Anamosa	(69)	20:54.7	6:44.7	4:11.4
76 OLSEEN, Bryce	FR	Tipton	-	20:55.7	6:45.1	4:11.6
77 WEEMS, Asher	SO	Marion	-	20:58.0	6:45.8	4:12.1
78 KEISTER, Braeden	SO	Anamosa	(70)	20:59.7	6:46.4	4:12.4
79 YADDOD, Aidan	FR	Calamus-Wheatlan	71	21:02.9	6:47.4	4:13.1
80 DAUGHERTY, Evan	SR	Benton Community	(72)	21:04.9	6:48.0	4:13.5
81 TOPPING, Trenten	SO	Cascade Western D	(73)	21:12.3	6:50.4	4:15.0
82 SCHNOOR, Mace	FR	Monticello	-	21:14.4	6:51.1	4:15.4
83 SCHRACK, Eden	JR	Wahlert Dubuque	(74)	21:16.1	6:51.6	4:15.7
84 SEUFFERLEIN, Arthur	SO	Marion	-	21:18.6	6:52.4	4:16.2
85 BARTON, Jacob	SO	Tipton	-	21:19.6	6:52.8	4:16.4
86 KIBURZ, Royce	SO	Monticello	-	21:20.5	6:53.1	4:16.6
87 WEIH, Jacob	SR	Calamus-Wheatlan	75	21:21.6	6:53.4	4:16.8
88 MANTERNACH, Nathaniel	JR	Cascade Western D	(76)	21:25.7	6:54.7	4:17.7
89 DOWNEY, Breckin	JR	Maquoketa	77	21:26.1	6:54.9	4:17.7
90 NAAB, Jacob	SO	Maquoketa	78	21:26.1	6:54.9	4:17.7
91 WOLKEN, Will	SO	Monticello	-	21:27.9	6:55.4	4:18.1
92 GRIMM, Toby	JR	Maquoketa Valley D	79	21:28.9	6:55.7	4:18.3
93 FREUND, Walter	SO	Wahlert Dubuque	(80)	21:30.3	6:56.2	4:18.6
94 VEGA-VEGA, Giovanni	JR	Cascade Western D	-	21:31.5	6:56.6	4:18.8
95 FREUND, Duncan	FR	Wahlert Dubuque	-	21:34.0	6:57.4	4:19.3
96 NEBERGALL, Wyatt	FR	Tipton	-	21:34.1	6:57.4	4:19.3
97 POLYAK, Joe	JR	Regina Iowa City	-	21:34.3	6:57.5	4:19.4
98 HOLDEN, Laird	FR	Regina Iowa City	-	21:52.9	7:03.5	4:23.1
99 KENNEDY, Sam	SO	Wahlert Dubuque	-	21:54.2	7:03.9	4:23.4
100 POWELL, Hakael	SO	Prince of Peace Cat	81	21:56.7	7:04.7	4:23.9
101 BAKER, Kenyon	FR	Maquoketa Valley D	82	21:56.9	7:04.8	4:23.9
102 GREGORY, Josiah	SO	Marion	-	21:58.9	7:05.4	4:24.3
103 PRULL, Alex	SO	Monticello	-	21:59.5	7:05.6	4:24.4
104 MORONEY, Nick	SO	Wahlert Dubuque	-	22:03.5	7:06.9	4:25.2
105 DUDZIK, Danny	FR	Beckman Catholic	83	22:04.9	7:07.4	4:25.5
106 O'ROURKE, Howie	FR	Regina Iowa City	-	22:08.8	7:08.6	4:26.3
107 SMITH, Milo	SR	Midland Wyoming	-	22:10.0	7:09.0	4:26.5
108 LOGAN, Wes	SR	Marion	-	22:10.8	7:09.3	4:26.7
109 NUEHRING, Karsten	SO	Jesup	(84)	22:12.0	7:09.7	4:26.9
110 FARNSWORTH, Will	JR	Regina Iowa City	-	22:12.3	7:09.8	4:27.0
111 ARAIZA, Luis	SO	Benton Community	-	22:16.4	7:11.1	4:27.8

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112 BRISKER, Brody	JR	Wilton	85	22:21.7	7:12.8	4:28.9
113 SUNDSTROM, Kristofo	FR	Anamosa	-	22:23.2	7:13.3	4:29.2
114 OIEN, Briggs	FR	Wilton	86	22:27.7	7:14.7	4:30.1
115 EMBREE, Griffin	FR	Anamosa	-	22:30.6	7:15.6	4:30.6
116 HAGEN, Trae	SR	Wilton	87	22:32.7	7:16.3	4:31.1
117 ALDELINGER, Liam	FR	Wilton	88	22:34.0	7:16.8	4:31.3
118 VAN OTTERLOO, Josh	FR	Wahlert Dubuque	-	22:36.4	7:17.5	4:31.8
119 FITZPATRICK, William	FR	Wahlert Dubuque	-	22:37.7	7:17.9	4:32.1
120 SMITH, Mason	FR	Maquoketa	89	22:40.2	7:18.8	4:32.6
121 RULEY, Jayson	SO	Midland Wyoming	-	22:40.4	7:18.8	4:32.6
122 REA, Spencer	SR	Beckman Catholic	90	22:40.6	7:18.9	4:32.7
123 GASSMAN, Grant	FR	Monticello	-	22:41.7	7:19.2	4:32.9
124 KLINGEMAN, Grady	FR	Regina Iowa City	-	22:41.9	7:19.3	4:32.9
125 KOOS, Jayden	SR	Maquoketa	91	22:54.2	7:23.3	4:35.4
126 OLNEY, Brendan	FR	Regina Iowa City	-	22:59.3	7:24.9	4:36.4
127 HARTUNG, Grayson	SO	Wilton	(92)	23:06.4	7:27.2	4:37.8
128 DOLPHIN, Bradley	FR	Cascade Western D	-	23:10.3	7:28.5	4:38.6
129 PROCTOR, Samuel	FR	Marion	-	23:13.0	7:29.4	4:39.2
130 WHITE, Riley	JR	Beckman Catholic	(93)	23:13.1	7:29.4	4:39.2
131 GLICK, Carson	JR	Tipton	-	23:13.2	7:29.4	4:39.2
132 PRY, Sean	SR	Cascade Western D	-	23:14.5	7:29.8	4:39.4
133 WILSON, Kyle	SR	Jesup	(94)	23:18.6	7:31.1	4:40.3
134 SALRIN, Andrew	JR	Beckman Catholic	(95)	23:19.8	7:31.5	4:40.5
135 FUELING, Camden	FR	Jesup	-	23:20.0	7:31.6	4:40.5
136 GREBNER, John Paul	SR	Beckman Catholic	-	23:21.0	7:31.9	4:40.8
137 SISNEROS, Sam	FR	Prince of Peace Cat	96	23:22.1	7:32.3	4:41.0
138 MCDONALD, Dalton	JR	Tipton	-	23:22.8	7:32.5	4:41.1
139 NELSON, Sam	SO	Wahlert Dubuque	-	23:23.3	7:32.6	4:41.2
140 FETTER, Rodney	JR	Marion	-	23:33.6	7:36.0	4:43.3
141 DEHNER, Brody	SR	Prince of Peace Cat	97	23:40.3	7:38.2	4:44.6
142 LOPEZ, Gio	SR	Anamosa	-	23:40.8	7:38.3	4:44.7
143 WILLIAMS, Nolan	FR	Durant	98	23:43.6	7:39.2	4:45.3
144 BOLDT, Owen	SO	Tipton	-	23:47.6	7:40.5	4:46.1
145 ROSS, Kyan	SR	Marion	-	23:49.0	7:41.0	4:46.4
146 SPANGLER, Isaac	FR	Tipton	-	23:50.4	7:41.4	4:46.7
147 DARSIDAN, Liam	SO	Prince of Peace Cat	(99)	24:17.9	7:50.3	4:52.2
148 STEINLAGE, Thomas	SR	Anamosa	-	24:22.3	7:51.7	4:53.0
149 DRAKE-METZGER, Tommy	FR	Wilton	(100)	24:24.8	7:52.5	4:53.5
150 WESTHOFF, Isaac	SR	Beckman Catholic	-	24:41.5	7:57.9	4:56.9
151 CLARK, Charles	FR	Marion	-	24:48.3	8:00.1	4:58.2
152 GRIMM, Bryton	SR	Benton Community	-	24:50.1	8:00.7	4:58.6
153 COATES, Griffin	SR	Marion	-	24:52.3	8:01.4	4:59.1
154 LUENSMANN, Cole	FR	Beckman Catholic	-	25:00.6	8:04.1	5:00.7
155 RICKERTSEN, Alex	FR	Calamus-Wheatlan	(101)	25:04.4	8:05.3	5:01.5
156 SANDS, Kaiser	SO	Calamus-Wheatlan	(102)	25:16.3	8:09.1	5:03.9
157 MCCOY, Corban	SO	Marion	-	25:31.2	8:13.9	5:06.9

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158 LLOYD, Charly	SO	Monticello	-	25:49.0	8:19.7	5:10.4
159 RICHMAN, Royce	FR	Durant	103	25:52.0	8:20.6	5:11.0
160 SCHMIDT, Zander	JR	Jesup	-	25:53.6	8:21.2	5:11.3
161 SADLER, David	FR	Jesup	-	25:54.6	8:21.5	5:11.5
162 SKYLAR, Hollett	JR	Anamosa	-	25:56.5	8:22.1	5:11.9
163 SCHULZ, Grant	SR	Marion	-	25:58.6	8:22.8	5:12.3
164 KIEFFER, Cayden	JR	Jesup	-	26:00.3	8:23.3	5:12.7
165 DIERICKX, Clayton	FR	Durant	104	26:24.2	8:31.0	5:17.5
166 RICHARDSON, William	JR	Durant	105	26:34.5	8:34.3	5:19.5
167 LAFRENZ, Bradley	JR	Maquoketa	(106)	27:04.6	8:44.1	5:25.6
168 WOODWARD, Parker	SO	Jesup	-	27:12.2	8:46.5	5:27.1
169 HELLE, Zach	SO	Beckman Catholic	-	27:14.6	8:47.3	5:27.6
170 BENTLEY, Jay	SR	Midland Wyoming	-	27:48.0	8:58.1	5:34.3
171 BECKER, Nathan	FR	Benton Community	-	28:33.8	9:12.8	5:43.4
172 SIMMONS, Kyle	FR	Maquoketa	(107)	28:53.7	9:19.3	5:47.4
173 HAVILL, Braeton	SO	Benton Community	-	29:19.4	9:27.5	5:52.6
174 ELLITHORPE, Tyler	FR	Wilton	-	30:38.0	9:52.9	6:08.3
175 CLAUS, Aiden	JR	Maquoketa	-	30:51.1	9:57.1	6:11.0
176 COOK, Alec	FR	Cascade Western D	-	31:23.0	10:07.4	6:17.3
177 HINES, Andrew	FR	Benton Community	-	36:16.3	11:42.0	7:16.1