## RAJIV GANGHI UNIVERSITY OF HEALTH SCIENCES First Year M.Sc. (Nursing) Degree Examination - October-2010

[Time: 3 Hours]

[Max.Marks:80

MENTAL HEALTH NURSING (PSYCHIATRIC NURSING) (Revised Scheme 3)

Q.P.CODE - 3639

## I. Answer the following:

4X15=60

1. Define therapeutic nurse patient relationship; discuss the dynamics, condition and the phases through which a therapeutic nurse patient relationship.

2. Define behavior therapy; discuss the role of classical conditioning and operant conditioning in behavior therapy, mention the techniques used in behavior therapy.

3. Define personality; discuss the relevance of personality development to psychiatric nursing in relation to psychosocial development theory and interpersonal therapy.

4. Describe the role of the nurse in managing mental health problems affecting women in the reproductive age group.

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## II. Short notes:

3X10 = 30

Neurotransmitters.

Therapeutic and non-therapeutic communication techniques.

Antidepressants.

8. Factors influencing mental health and mental illness.

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