

Class Schedule

Master Steven Miller
7th Degree Black Belt
Chief Instructor

Lil' Dragons (ages 4 & 5)
Junior Classes (ages 6 – 12)
Teen Classes (ages 13 – 17)
Adult Classes (ages 16 & up)

Master Tara Miller
7th Degree Black Belt
Chief Instructor

Lil' Dragons:

Monday at 4:30pm | Saturday at 9:30

Junior White & Yellow Belts:

Monday at 5:30pm | Tuesday & Thursday at 10:30am or 6:30pm | Saturday at 10:15

Junior Green & Blue Belts:

Tuesday & Thursday at 10:30am or 5:30pm | Wednesday at 4:30 | Saturday at 10:15

Junior Red & Black Belts:

Tuesday & Thursday at 10:30am or 4:30pm | Wednesday at 5:30pm | Saturday at 10:15

All Teens & Adults:

Monday & Wednesday at 6:30pm | Tuesday & Thursday at 11:30am | Saturday at 11:15

All Black Belts:

Thursday at 7:30pm



- Schedule is subject to change.
- Any changes or class cancellations will be announced in class and posted at Midtown TKD.
- You may also check important dates and schedule changes at www.midtowntaekwondo.com.
- Schedule effective Monday, November 2, 2020

Contact Us:

901-725-5552

www.midtowntaekwondo.com

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