



Dear Client,

Thank you for your interest in Tahoe Youth & Family Services. We hope that the following information will help you complete this intake packet.

Tahoe Youth & Family Services believes that the family plays a significant role in the success of every family member's development and experience with our agency. Below are some tips to help you with the intake packet as well as the counseling experience.

- Please be on time for your scheduled appointment. **We require a 24-hour notice of cancellation** so that we may plan accordingly. Tahoe Youth & Family Services' policy is to discharge clients after 2 cancellations without prior notice.
- **Please bring only those children being seen for your scheduled appointment.**  
You will find that our lobby is not conducive to waiting with young children for an hour.
- Please be aware that TYFS accepts credit/debit cards and cash (exact change) only.

We truly hope that you find your experience with Tahoe Youth & Family Services to be helpful and positive. Should you have any concerns or questions, please do not hesitate to ask. Information provided on the questionnaire is confidential unless it is dangerous to self or others.

Thank you for choosing Tahoe Youth & Family Services.

### **Tahoe Youth and Family Services Offices and Drop In Center Locations**

*Gardnerville Office*  
1512 Hwy 395, Suite 3  
Gardnerville, NV 89410  
Ph (775) 782-4202  
Fax (775) 782-5055

*Gardnerville Drop In Center*  
1307 Langley, Unit 1  
Gardnerville, NV 89460

*South Lake Tahoe Office & Drop In Center*  
1021 Fremont Ave.  
South Lake Tahoe, CA 96150  
Ph (530) 541-2445  
Fax (530) 541-0517

*Alpine County Office*  
*Early Learning Center*  
100 Foothill Rd., Bld. D, Room 5  
Woodfords, CA 96120  
Ph (530) 694-9459

**Text 'tahoeyouth' to 839-863 • Crisis Line (800) 870-8937**  
**[www.tahoeyouth.org](http://www.tahoeyouth.org)**





T A H O E  
**YOUTH & FAMILY**  
 S E R V I C E S  
A SAFETY NET OF SERVICES FOR YOUTH AND FAMILIES

**ADULT**  
**CONFIDENTIAL QUESTIONNAIRE**

Today's Date : \_\_\_\_\_

Client # Office Use Only \_\_\_\_\_

**PLEASE PRINT**

Client's Legal Name: \_\_\_\_\_ Nickname: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_ Sex:  M  F SSN: \_\_\_\_\_

Birthplace: \_\_\_\_\_ Mother's Full Name \_\_\_\_\_  
City State

Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell #: \_\_\_\_\_

May we leave a message:  Y  N Would you like to receive our newsletter by email?  Y  N

E-mail Address: \_\_\_\_\_

Current address: \_\_\_\_\_  
Street City State Zip

Mailing Address: \_\_\_\_\_  
Street City State Zip

How long have you lived at the above listed residence: \_\_\_\_\_?

Marital Status:  Single  Married  Divorced  Widowed  Partner Ethnicity: \_\_\_\_\_

Present occupation: \_\_\_\_\_

Education: \_\_\_\_\_ Highest degree achieved: \_\_\_\_\_

Emergency contact name: \_\_\_\_\_

Phone: \_\_\_\_\_ Relationship to client: \_\_\_\_\_

Do you have insurance:  Y  N Please provide primary insured's Social Security #: \_\_\_\_\_

\_\_\_\_\_ Referred by: \_\_\_\_\_

Name of Insurance Company

## FAMILY HISTORY

Please provide information regarding your immediate family, including children.

If you require additional space, please use the last page.

First Name	Last Name	AGE	DOB	Relationship	List any substance abuse or other addictions

Have you ever been in counseling or therapy or been hospitalized for drug addiction/alcohol/mental health reasons? (Circle one.) Yes No                      If so, please list below:

DATE	LOCATION	LENGTH OF STAY

# Section 1

Have you ever experienced any of the following? (Please check all that apply)

Now	Past	
		Feelings of sadness or depression
		Feelings of hopelessness or guilt
		Thoughts of suicide
		Lack of caring about anything
		Isolation and/or trouble making or keeping friends
		Suicide attempt
		Losing temper often
		Anger, rage or fear towards certain people
		Low energy, sleeping more
		Withdrawal from family and close friends
		Hearing voices when not under the influence of drugs or alcohol
		Hallucinations when not under the influence of drugs or alcohol
		Head injury (date: ___/___/___)
		Sexual abuse
		Physical abuse
		Emotional abuse
		Witnessed or experienced traumatic event (car crash, earthquake, etc.)
		Having access to guns or weapons

## Section 2

Please list all medications you are taking now. If you need more space, please use the bottom of page 10.

name and dosage of medication	health condition requiring this medication

## Section 3

LEGAL ISSUES	WHEN/WHERE	OUTCOME

## Section 4

Has anyone felt concerned about your drinking or using?  Yes  No

Do you feel concerned about your usage or drinking?  Yes  No

Do most of your friends use or drink?  Yes  No

Have you ever overdosed on drugs or alcohol (alcohol poisoning)?  Yes  No

Have you ever been to an emergency room/hospital for alcohol/drug related reasons?  Yes  No

Has alcohol or drug use caused problems for you at school, at home, in relationships, or at your job?

If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Have you ever used drugs to numb uncomfortable feelings such as boredom, sadness, anxiety, insomnia (sleeplessness)?  Yes  No

Have you ever received outpatient treatment for drug or alcohol use?  Yes  No

If yes, when and where? This includes TYFS outpatient, TREC and SAP Program in Juvenile Hall. \_\_\_\_\_

\_\_\_\_\_

Has any family member received treatment for drug or alcohol use?  Yes  No

If yes, when and where?

\_\_\_\_\_

Do you regularly smoke cigarettes?  Yes  No How much/how often? \_\_\_\_\_ Age first tried: \_\_\_\_\_

Would you like help to quit?  Yes  No

Are you currently pregnant?  Yes  No

## Section 5

### Substance Use History

Substance Type	How Often	How long have you used this substance	Age of 1st usage	Last usage	Route of Administration -Oral -Smoking -Inhalation -Injection (IV or intramuscular) -None or not applicable -Other
Alcohol					
Marijuana					
Hallucinogens i.e. (LSD, Mushrooms Etc.)					
Cocaine					
Crack i.e. Ice					
Methamphetamine i.e. (Crank, Speed)					
Ecstasy					
Pills i.e. Oxycotin, Vicodin, Valium					
Inhalants					
Heroin, Methadone					
Over-the-counter Medication(s)					
"Spice"					
Other					



## Section 6

The following questions will allow us to learn more about your current concerns.

By giving these questions your full attention, you will help us better assist you.

1. Please list some of the problems/issues you are encountering at this time.

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2. What are some of the current behaviors that concern you the most?

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3. In what ways, have you tried to solve these problems on your own?

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4. What past events do you feel may have contributed to the current problems/concerns?

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5. Extra Notes Below:

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## Section 7

Please list three goals you would like to accomplish for yourself/family.

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Specifically, what do you feel we can do to help you accomplish these goals?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please use the space below for any additional thoughts or concerns you may have OR for any previous questions requiring more space.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Client Signature: \_\_\_\_\_

Date: \_\_\_\_\_



**FEE DETERMINATION**

Thank you for choosing Tahoe Youth & Family Services.

We ask that you provide important basic information to assess your situation and the appropriate funding source for your services. If we are unable to assist you, we will offer other appropriate referrals in the community.

Individual/Family sessions are 45-50 minutes. Group sessions are 80 minutes in California and 50 minutes in Nevada.

Services will not be provided, nor will verification of services be provided until all requested financial information is received, signed and processed. TYFS requires payment prior to the start of a session. Payments may be made directly to TYFS' Client Advocates.

Yes  No  **CLIENT HAS HEALTH INSURANCE (MEDICAID, MEDI-CAL, PRIVATE INSURANCE: \_\_\_\_\_)**

Please provide a copy of the health insurance card & the social security number of the primary insured.

Co-Pay Required? Yes  No  Co-Pay Amount: Individual \$ \_\_\_\_\_ Group \$ \_\_\_\_\_

Co-Insurance? Yes  No  Co-Insurance Percentage: \_\_\_\_\_%

Yes  No  **CLIENT QUALIFIES FOR ANOTHER FUNDING SOURCE? (DRYS, SAPTA, TRYS, \_\_\_\_\_)**

Referral Required? Yes  No  Authorization needed? Yes  No

Yes  No  **CLIENT WISHES TO PAY CASH FOR SERVICES (cash or card only, must be exact change)**

\$75 charge per individual session; \$25 charge per group session.

Yes  No  **CLIENT IS REQUESTING A REPORT BE SENT TO THE COURT BASED ON THE FINDINGS OF A DRUG & ALCOHOL EVALUATION** because of a DUI offense, court order, or any other reason; the charge is \$100 and is due prior to scheduling the appointment for the evaluation.

Yes  No  **CLIENT IS REQUESTING A REPORT BE SENT TO THE COURT BASED ON THE FINDINGS OF A MENTAL HEALTH EVALUATION** because of a court order or any other reason; the charge is \$100 and is due prior to scheduling the appointment for the evaluation.

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_





T A H O E  
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**Monday-Thursday 9a-5p**

**(closed for lunch from 12p to 1p)**

**(775) 782-4202 or (530) 541-2445**

**24-hour voicemail**

**NO-SHOW and/or LATE APPOINTMENT CANCELLATION POLICY**

Please call the office at least 24 hours before your scheduled appointment to make a change or cancellation. Regardless of your fee determination, the following fees will be levied:

1. A fee of \$50.00 will be assessed if I do not provide a minimum of 24 hours' notice when I need to cancel or change an appointment. \_\_\_\_\_ **(Please initial)**
2. A fee of \$50.00 will be assessed if I arrive 15 minutes late or more after the scheduled appointment. \_\_\_\_\_ **(Please initial)**
3. A fee of \$125.00 will be assessed if I miss an appointment without contacting the office to cancel the appointment. \_\_\_\_\_ **(Please initial)**
4. A fee of \$25.00 will be assessed if I miss a group appointment, cancel the appointment with less than 24 hours' notice, or arrive 15 minutes late or more after the scheduled group appointment. \_\_\_\_\_ **(Please initial)**
5. If I miss 2 sessions for unexcused reasons, I may be discharged from services at Tahoe Youth & Family Services' discretion. \_\_\_\_\_ **(Please initial)**

**Please leave a message at ext. 100 if you are unable to reach a staff member by phone.**

I understand that Tahoe Youth & Family Services is unable to contact me to remind me about appointments. I will receive an appointment reminder card upon scheduling an appointment to serve as my reminder (unless the appointment is scheduled over the phone.) I understand that I am encouraged to contact Tahoe Youth & Family Services at any time if I need to verify an appointment date and/or time. I understand that if any of the above fees are assessed, my appointments will be removed from the calendar until the fee is paid. At the time of payment, my new appointment will be scheduled based on the current availability.

**I understand that insurance companies cannot be billed for these fees therefore they are solely my responsibility.**

By signing below, I agree to the above policy and stated fees.

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**TYFS Staff assisting client:** \_\_\_\_\_ **Date:** \_\_\_\_\_